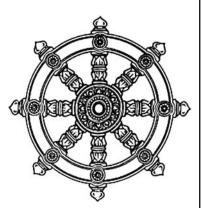
Resident Minister Rev. Matt Hamasaki



his month will be Gotan-E, the day commemorating the birth of the founder of Jodo Shinshu, Shinran Shonin. He was born Matsuwaka-maro on May 21, 1173,

▲ near Kyoto, Japan. He lost his parents at a young age and was put in the care of his uncle who, upon seeing his potential, brought him at age 9 to Shoren-in Temple to become a monk. They arrived in the evening and the head monk at the time, Jien, told them to wait for the next day for ordination. However, the young boy wrote a poem about the precious moments all beings have: Like cherry blossoms are the minds/That think there is a tomorrow;/But who can tell, there may be/A tempest in the night. Upon reading this, Jien understood the grasp the youth had on life and had him ordained that night and he took the name Hannen.

Hannen studied on Mount Hiei for 20 years, but at the age of 29 decided he could not find the answers he was looking for. He meditated at Rokkaku-do, searching for the next step for him, and on the 95th day, he had a vision of Prince Shotoku, who directed him to see Honen. From Honen he learned the Nembutsu teaching and realized that this was what he was looking for. Upon joining Honen's disciples, he received the name Shakku and eventually was given the name Zenshin.

Honen's movement was growing strong and was at odds with the dominant Buddhist sects at the time. As such, Honen and his close disciples were exiled, Zenshin included. Having his priestly status forcibly removed, he took the name Shinran. Shinran took his exile as an opportunity to spread the Nembutsu teaching throughout rural parts of (Continued on page 2)

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SANGHA Sacramento Buddhist Church Volume 59 Number 5 - May 2022

Sacramento Betsuin

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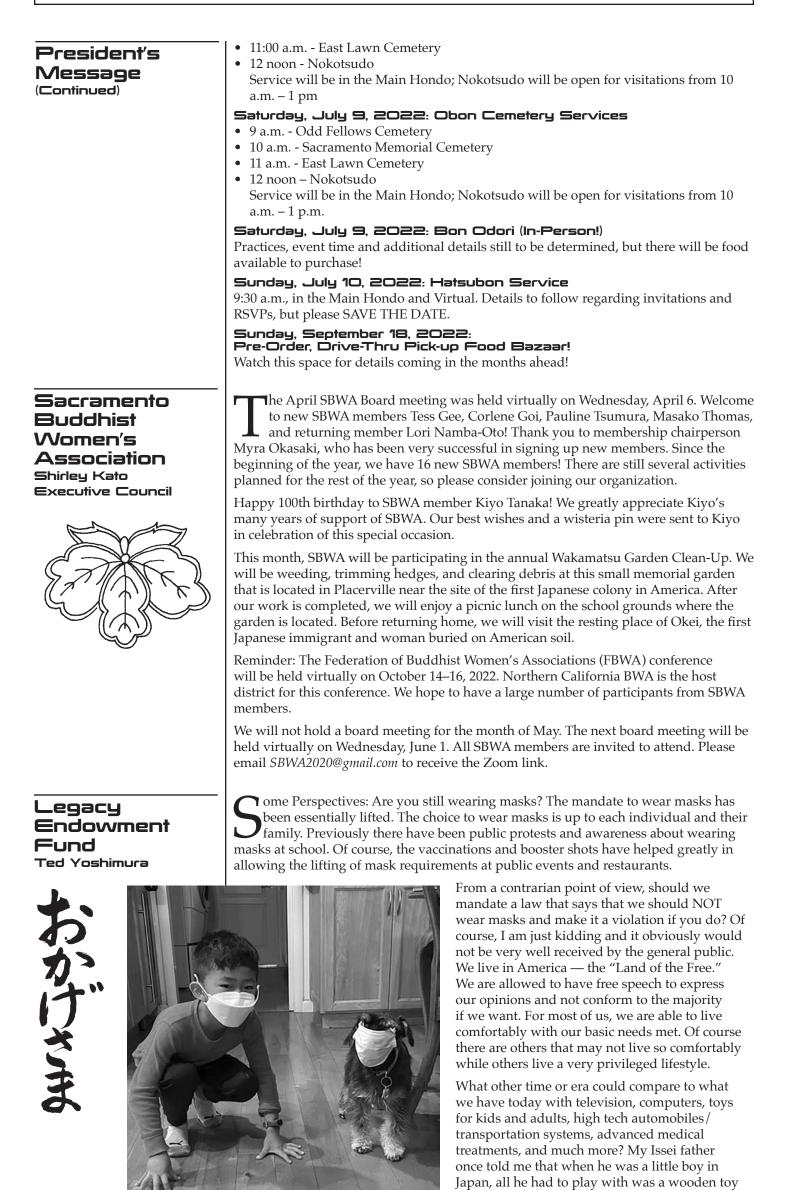
Resident Minister (Continued)	Japan and to write his magnum opus, the Kyogyoshinsho. He traveled with his wife, Eshinni, and eventually had seven children. Eventually, he was pardoned and returned to Kyoto with his daughter Kakushinni, who took care of him as he got older until the end of his life.
Reverend Matt Hamasaki	It is amazing to me that Shinran worked at something for 20 years and decided to abandon it. To put so much of your life into something and then walk away would be unthinkable for many people. But this perhaps is the result of thinking known today as the "sunken cost fallacy." This describes our tendency to follow through with something if we have already invested time, effort or money into it, whether the current costs outweigh the benefits or not. Some examples of this would be if we order too much food and then eat after we're uncomfortable just to get our money's worth. Or, if we stay in a relationship that we're not happy in because we've already been in it for years.
(916) 926-2221 RevMatt@buddhistchurch.org	We do this because as humans, we are emotional creatures and not rationally thinking robots. We don't realize that all that we've expended already cannot be recovered. We decide based on past costs instead of present and future costs and benefits. There are many factors into why we do this, including loss aversion, commitment bias, and how we frame the narrative. However, suffice it to say that we look at what we have already "sunk" into and not at what would be best for us going forward.
	Shinran understood that this way of thinking was a fallacy and thus he was able to move on from something that he had sunk two decades into. I believe it is a great lesson to all of us not to have minds like cherry blossoms, assuming we have all the time in the world. Rather, life is short, and it is never too late to re-evaluate where we are in life and make a change.
President's Message Gordon L. Nitta	The Betsuin. Most notably, effective April 10, 2022, we are no longer requiring proof of vaccination to enter and mask-wearing is now STRONGLY RECOMMENDED. We are continuing our requirement to practice social distancing.
Office Manager Cindy Kitade Office Project Coordinator Jennifer Nitta Front Office Coordinator Mika Matayoshi Front Desk Staff Kellie Morioka Sato	 We are also moving forward with usage of our indoor facilities by preapproved scheduling. Currently, reservations are limited to Sponsored and Affiliated Temple Organizations (Example: ABA, SBWA, Scouts, Jr. YBA, Sports Program, etc.) and a few other grandfathered-in events. Our most recently updated usage parameters include: Main Hondo: 200-person limit (for services). Nokotsudo: 12-person limit (for services). Kaikan: 200-person limit (for meetings, events). Food/Snacks for meetings are allowed. We request that you practice "Leave No Trace" principles and once your meeting is finished, any food waste and trash are taken with you. Main Kitchen is available for use. Classrooms and Annex: available on a limited capacity. Courtyard, Parking Lot: available on a limited capacity.
Betsuin Office (916) 446-0121	As conditions remain level or hopefully improve, the Church Usage and Reopening Committees will continue to monitor and assess increasing availability of our temple facilities to other groups. Let's be as careful with our health as we can as we keep moving forward together.
Articles for the SANGHA are due on the 15th of each month . Late articles will be published in the following month's issue. When sending articles by email, please send email to: Sangha@buddhistchurch.org with a cc to: betsuinoffice@ gmail.com and inform the church office at (916) 446-0121.	This month, we will be observing Gotan-e, the birthday of the founder of Jodo Shinshu Buddhism, Shinran Shonin. Enclosed is a donation envelope for your Dana offering for this special service. Each year, the Betsuin relies on three main sources of income to sustain our operating budget: membership dues, the Annual Bazaar/other fundraising and donations. On behalf of the Betsuin, I would like to express our deepest appreciation for all of the generous donations made to the church throughout the year, which fund about one-third of the total operating budget. It's Back! Our Families and Friends Picnic June 5, 9:30 a.m. Marriott Park - 1235 Grand River Drive, Sacramento 95831. Reverend Matt will start the morning with a special Dharma Service prior to picnic activities. Hot dogs, hamburgers, teriyaki chicken, salads, chips, fruits, water and soda will be provided! We will have a few of our Kid's Bazaar Games and races with prizes. Pactrooms and handwashing stations will also be provided.
Please include the author's name. Thank you.	Restrooms and handwashing stations will also be provided. Please RSVP by MAY 25 to <i>SacBetsuinEvent@gmail.com</i> . An RSVP is not required to attend/participate ; it's to help us get an estimated count for our purchase of food and drinks. Volunteers will be welcomed for BBQing, food and games setup and

attend/participate; it's to help us get an estimated count for our purchase of food and drinks. Volunteers will be welcomed for BBQing, food and games setup and transporting equipment, so if you are interested, please let us know that, too, when you RSVP!

Monday, May 30, 2022: Memorial Day Services

- 9:00 a.m. Odd Fellows Cemetery
- 10:00 a.m. Sacramento Memorial Cemetery

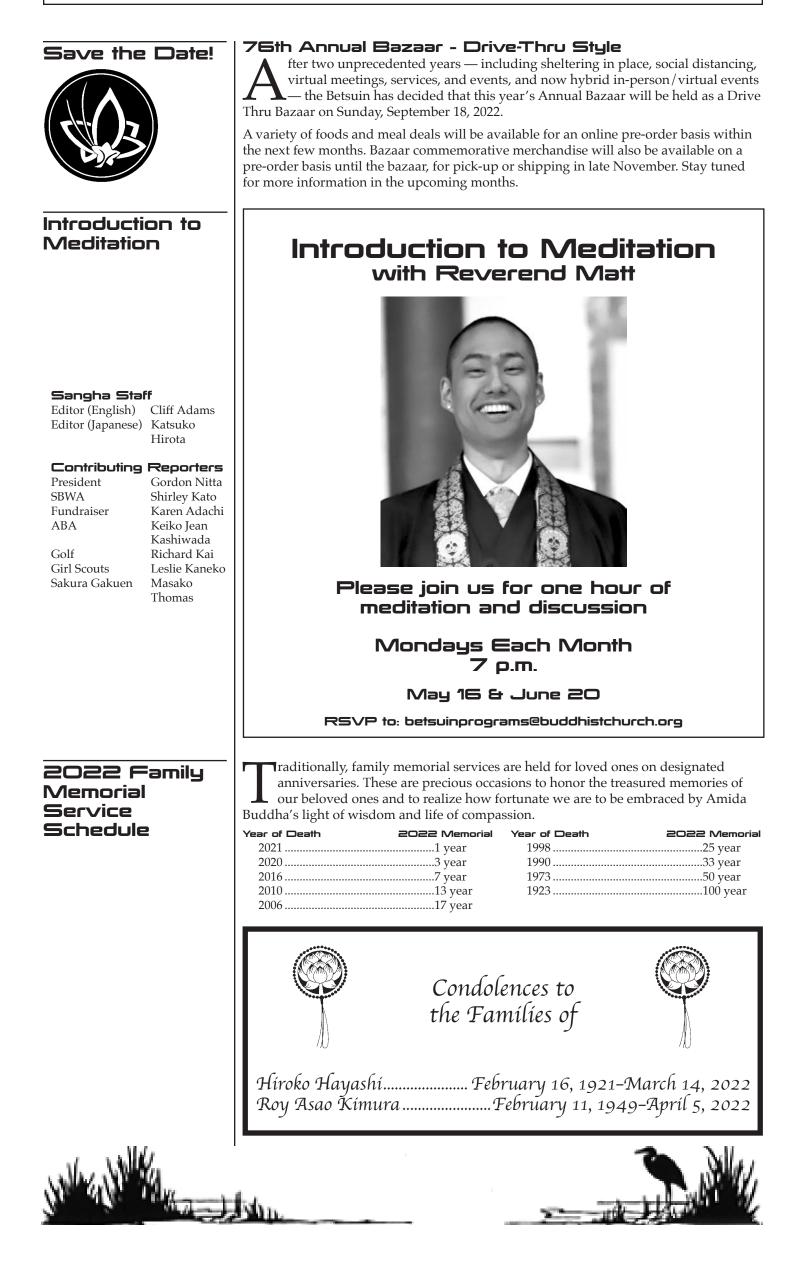
boat made by his father. Personally, I think that we have and are living in the best of times with



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Time is running on the short side with the deadline of June 30 fast approaching to submit your entry into the 12th Annual Sacramento Buddhist Church (SBC) Golf Tournament scheduled for play at the Dry Creek Golf Course on Thursday, July 14, 2022.

The golf committee wishes to remind everyone that the annual event will once again be held at DRY CREEK GOLF COURSE, located in Galt, California. The committee will be providing BENTO BOXES to the tournament's players and guests following the completion of play. Our plan was to serve a dine-in luncheon buffet; however, we chose to lean toward the side of caution due to the uncertainty of state health precautions and local food service restrictions that may be in effect at the tournament date.

The event offers several options for the players and sponsors to make donations to the SBC, including three sponsorship levels with each providing complimentary



Sponsorship and Donation Form

SPONSORSHIP LEVELS

\$1,000 - Gold Sponsorship:

Includes Tee Box Sign recognition, four complimentary tournament entry fees, golf cart, lunch, refreshments, and tee prizes.

\$250 - Bronze Sponsorship:

Includes Tee Box Sign recognition, one complimentary tournament entry fee, golf cart, lunch, refreshments, and tee prizes.

\$500 - Silver Sponsorship:

Includes Tee Box Sign recognition, two complimentary tournament entry fees, golf cart, lunch, refreshments, and tee prizes.

\$125 – In Memory Of, Individual and/or Group Sponsorship includes Tee Box Sign recognition.

Miscellaneous refreshments, snacks or food items.

Used to offset the cost of check-in tee prizes,

SUGGESTED MONETARY AND/OR IN-KIND DONATIONS

Cash

Check-In Tee Prizes

Donation of golf tees, balls, ball markers, divot repair, etc. to give to each golfer.

Tournament Raffle Prizes

Unused golf clubs, head covers, golf apparel, dry goods, food items, restaurant gift certificates, etc.

1

.

Date:	/

luncheon	raffle	prizes	or	other	related	expenses.

Snack/Dinner Items

Fed	Tax	ID:	94-1	1243	674

Sponsorship: 1	We would like to be a s	sponsor in the amount of \$_		
Please indicate:	Gold Sponsor	Silver Sponsor	Bronze Sponsor	
In Memory	Of, Individual and/or O	Group: Name(s)		
Sponsor/Donor	Name(s):			
Contact Name:	<u>.</u>	Email:		
Address:		City:	Zip:	

Deadline: June 30, 2022

Return to: SBC Golf Tournament, 899 Shore Breeze Drive, Sacramento, CA 95831 Church Phone: 916-446-0121

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12th Annual SBC Golf Tournament (Continued) entry fee(s) to the tournament. The Gold Sponsor level includes four complimentary entry fees to play in the tournament. Silver and Bronze sponsorships include two and one complimentary entry fee(s), respectively. Nonplaying sangha members and friends of the Betsuin can participate in this event through an "In Memory Of" or hole sponsorship donation. The sponsor and donor signage will be displayed on the teeing ground (blue tee area) at the first hole and around the practice putting green. Please take note of these generous sponsors and donors and thank them for contributing to the continued success of this tournament.

Dear Players and Guests, Sangha Members, and Friends of the Sacramento Buddhist Church,



You are cordially invited to participate in the 12th Annual Sacramento Buddhist Church (SBC) Golf Tournament at the Dry Creek Ranch Golf Course on Thursday, July 14, 2022. Be sure to submit your entry form as soon as possible as tee times are limited for this event.

The tournament entry of \$125 per golfer includes a round of golf and cart, morning pastries and coffee, on-course beverages, tee prizes, Korean and Japanese style bento lunch (take home), and a monetary donation to the SBC. Players and guests may order extra bento boxes for \$30.

The tournament will be played under the modified scramble format known as shamble. The format calls for each golfer to tee a ball into play with the group selecting the spot from one of the teed balls (scramble) to play their second shot. Play from the selected ball continues under individual strokeplay conditions until the golfers finish the hole. The tournament committee will conduct a random "blind draw" from the field of players to form four-person teams. The blind teams with the highest and lowest scores will qualify for the tournament prizes.

The committee encourages everyone to buy the pre-tournament "bonus pack" consisting of 20 raffle tickets, two mulligans and one miracle putt for \$25. This pack can only be purchased with your entry form to minimize on-site personal contacts and manage acceptable health safety protocols for our players and volunteers.

While the mulligans and miracle putt will undoubtably enhance your score, the added benefit of buying the bonus pack is that your name is placed in a digital barrel for the drawing of raffle prizes. The more bonus packs bought increases your chances to score well and win raffle prizes!

There are two grand prize raffle offerings that can only be won with the purchase of a bonus pack. The first electronic raffle ticket drawn will be the winner of the grand prize of a three-night stay at the Lake Tahoe Vacation Resort for the week of July 11-16, 2023. The second ticket drawn will be the winner of the two-night stay at the same vacation resort. The hotel reservation dates coincide with the running of the much-heralded Celebrity Golf Tournament at the Edgewood Golf Course. The committee extends its many thanks to Robbie Midzuno for his annual donation to the SBC golf tournament.

Tee box sponsorships can be purchased at the gold, silver, bronze, individual, "In Memory Of" and group sponsorship levels. The donor's name and sponsorship level will be displayed on signage boards placed within the first hole teeing area and along the practice putting green. The bronze, silver and gold tee box sponsorships include complimentary green fees from one to four golfers and priority entry into the golf tournament.

The net proceeds raised by this event are earmarked for deposit in the temple's capital improvement account. Your previous support enabled the committee to supplement the funding for projects such as: remodeling of the resident minister's house, adding security gates and perimeter fencing for the temple's parking lot, and replacement of the building's HVAC system.

Please contact the SBC tournament committee by email at betsuingolf@gmail.com if you have any questions about this annual event or wish to make a donation to the SBC. Thank you for your continued support and participation in this fun-filled event.

Sincerely,

Reverend Matt Hamasaki Resident Minister Gordon Nitta President, SBC Sacramento Betsuin SANGHA

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Check-in from 6:30 AM to 7:15 AM 7:30 AM Shotgun Start

- We encourage everyone to follow the current state and local COVID-19 guidelines while on the golf course to ensure the safety of our players, guests, and volunteers.
- The field is limited to 144 players (two players per cart).
- You may sign up as a single, twosome, threesome, or foursome.
- The tournament format is a four-person Blind Draw Shamble.
- Team prizes will be awarded to four places and individual closest-to-the-pin on Par 3 holes.
- Entry fee is based on sponsorship level or \$125 per player. It covers green fees, cart, tee gift, after-round bento box lunch, and refreshments.
- Additional bento box lunches may be purchased at \$30 each.
- Please direct questions to: BetsuinGolf@gmail.com

Registration Deadline: June 30, 2022

BONUS PACKS

For \$25, you can purchase 2 mulligans, 1 miracle putt, and 20 raffle tickets on this entry form.

We will not be able to sell bonus packs on the day of the tournament.

> Raffle tickets will be drawn digitally.

Number **Confirmation to:** NCGA Index Sponsor of Bonus Golfer(s) Email Address or Text Phone # or Est. Hdcp. Level* Pack(s) 1. 2. 3. 4.

* Sponsor and Entry Options:

Please make check(s) payable to: Sacramento Budd	lhist Church	
	TOTAL:	\$
Number of Bonus Packs:	@ \$ 25 each	\$
Number of Additional Bento Box Lunches:	@ \$ 30 each	\$
SE = Single Entry; Number of Golfers:	@ \$ 125 each	\$
B = Bronze Level Entry (includes 1 complimentary entry fee)) @ \$ 250	\$
S = Silver Level Entry (includes 2 complimentary entry fees)	@ \$ 500	\$
G = Gold Level Entry (includes 4 complimentary entry fees)	@ \$1,000	\$

P and mail to:

SBC Golf Tournament 899 Shore Breeze Drive Sacramento, CA 95831

Completed "saved" form may be emailed to: BetsuinGolf@gmail.com.

Checks will be cashed after the completion of the tournament. Federal Tax ID: 94-1243674

Sacramento Betsuin SANGHA



n March 19, Zoe Morris (Cadettes 1), Sydney Lin (Cadettes 4), Kara Sauer (Juniors 2), Maya Koike, Caitlyn Sauer, and Emelia Shoemaker (Cadettes 3) volunteered their time at the Rise Against Hunger warehouse in Natomas. Alongside about 25 other volunteers, these scouts helped package more than 10,000 nutritious meals that will soon be shipped to feed impoverished families in other parts of the world.



On March 21, about 20 Betsuin scouts from Daisies to Ambassadors participated in a Career Day event at the California Museum sponsored by Congresswoman Doris Matsui. The scouts heard inspiring stories from six women, including Matsui, who spoke about their career paths, following your passion, and believing in yourself.







Cadettes 4 have been working diligently to earn multiple badges over their first year as Cadettes. Collaborating with Cadettes 2, archery was likely one of their favorite activities so far.

Girl Scout Troop 569 observed our annual Thinking Day on March 18. With more than 70 girls online, the scouts enjoyed an evening of exploring new countries and enjoying each other.

Congratulations to our graduating Ambassadors!



今月は親鸞聖人のお誕生を祝う降誕会法要を行いま す。寄付用の封筒を同封いたしましたので宜しく お願い致します。別院の運営は年会費、恒例バザ ーそして皆様からの寄付で賄っています。一年を 通して皆様から頂く寛大なご寄付を深く感謝して おります。

恒例の"家族・友達ピクニック"を 6月5日午前9時半より再開いたします。 場所:1235 Grand River DR. Sacramento 95831 Rev.マットの礼拝から始まり、ホットドッグ、ハ ンバーガー、照り焼きチキン、サラダ、チップス、 果物、水/ソーダを用意いたします。子供のバザ ーゲームや賞品の当たる競争などがあります。 トイレや手洗い場も準備してあります。 参加希望者は5月25日は以下のメールアドレスに 申し込んで下さい。sacbetsuinevent@gmail.com 予約はしなくても参加出来ます。BBQや食べ物、ゲ ームの設置、機具の運搬などのお手伝いの出来る 人を募集しています。お早目にご連絡下さい。 長年、婦人会のために貢献された田中キヨさんが 100 才のお誕生日を迎えられました。お誕生祝いに 藤のピンを婦人会から記念として贈りました。

マサコ・トーマス、大藤ロリーナンバ (敬称略)

今月は恒例の若松コロニーの清掃を行います。プ ラサービルにある最初の日本人移民の記念碑のあ る小さい日本庭園で草抜きやごみ掃除をしたあと、 隣接の小学校校庭でピクニック・ランチを楽しみ、 おケイのお墓詣りをしてから帰宅する予定です。

婦人会連盟大会が10月14日-16日に開催されま す。北加教区婦人会の主催です。サクラメント別 院婦人会から大勢の参加者がありますよう期待し ております。

5月の理事会はお休みいたします。次回理事会は6 月1日オンラインで行われます。婦人会メンバー は誰でも参加できます。<u>Sbwa2020@gmail.com</u> にご連絡下さい。Zoom リンクをお送り致します。