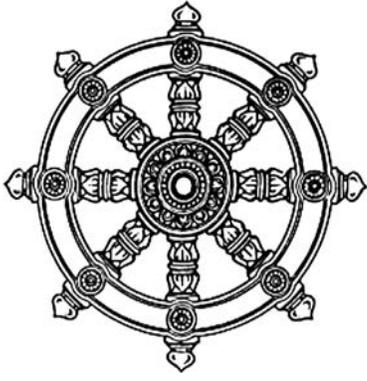


**Rev. Yuki's
Tweet**
Rev. Yuki Sugahara



What the Ministers Are Wearing

“**T**emple relies on the generousities of the sangha.” This was the announcement at the Oregon Buddhist Temple which was often made at the end of the service. Through the donations, ministers are able to purchase Buddhist-related items, such as robes, books to study (to make dharma talks more interesting!), and so on. So, I would like to introduce the attire of the ministers in the newsletter over a span of a few months.

Last month at Hanamatsuri service, I wore a new robe for the first time which was purchased through donations. The purple-colored robe (please see the picture) is called *Shiki-e*, which literally means “colored robe.” There are various colors of *shiki-e*, so if you would like to see it, you should come to the special services!

There are rules regarding the attire of the minister at the services. The robes in general are called *hō-e*, which literally means “dharma clothes.” The black robe with long sleeves is called *koku-e* (black robe) and along with *shiki-e*, they are called *koromo* (robe). Most of the time, these *koromo* are worn at the special services with *gojo-gesa* (a bigger *o-kesa* compared to *wagesa*. I will introduce them in the future).

(Continued on page 2)



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SANGHA

Sacramento Buddhist Church
Volume 60 Number 5 – May 2023

**Sacramento
Betsuin**
2401 Riverside Blvd.
Sacramento, CA 95818

(916) 446-0121
(916) 446-1866 FAX

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Rev. Yuki's Tweet

(Continued)



Reverend Yuki Sugahara

Resident Minister

Rev. Matt Hamasaki



Reverend Matt Hamasaki
(916) 926-2221
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President's Message

Karen Adachi

Office Manager

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Jennifer Nitta

Administrative Assistant

Kellie Morioka Sato

Betsuin Office

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Then, we see the black robe which ministers often wear. That is called *fuho*. The Chinese character “袍 *hō*” means “a long gown, robe, or cloak” and it is worn on daily basis. According to the Hongwanji’s rules regarding the attire, the appropriate attire to sit in the *onaijin* / altar area is *koromo*, but overseas districts have adjusted ourselves to the simple attire and we wear *fuho* for the regular services. There is variation of the colors of *fuho* too. I have a light green one as well as a black one. There are also light gray and deep red.

There is a certain time of the year when Japanese people change the clothing from the winter to summer one and vice versa. That is June 1 and October 1. But, because of the differences of the climate, this is now just a guideline of changing the clothing for the BCA temples’ ministers.

I hope you enjoyed reading this article.

Gassho.

In May, we celebrate Gotan-E, the birth of the founder of Jodo Shinshu, Shinran Shonin, who was born on May 21, 1173. Shinran never saw himself as a founder of anything and was just trying to spread the nembutsu teaching that he learned from his teacher, Honen. He famously said in the Record in Lament of Divergences (a collection of sayings that his student, Yuien-bo, compiled): “For myself, I do not have even a single disciple. For if I brought people to say the nembutsu through my own efforts, then they might be my disciples. But it is indeed preposterous to call persons ‘my disciples’ when they say the nembutsu having received the working of Amida.”

This is Shinran’s understanding of the working of Amida — that anyone who decided to listen to him, follow him, or found something meaningful in what he did, only did so because of external factors, not from his own efforts. Ironically, this attitude is what set him apart from Honen’s other students’ interpretation of the teaching. Shinran emphasized absolute entrusting to Amida Buddha over constant recitation of Namu Amida Butsu. In other words, he stressed the importance of humility over discipline as a practice.

What that means for us as Jodo Shinshu followers is that rather than trying to find rigid practice that takes physical and mental fortitude, we should be looking for ways to locate and lessen our vanity, our arrogance, our conceit. This is the way laid out for us to find a life with less suffering. And in the month of May, we express our gratitude to Shinran Shonin for showing us the path.

Welcome to the month of May and welcome back sunshine! While we desperately needed the rain, it is so nice to have sunny, warm days again! Before we know it, we return to hot summer days and warm summer nights. You will see from the articles of our affiliated and sponsored organizations, our temple is returning to pre-COVID activities and fundraisers. It is so nice to see the church calendar filling up again! Below is a recap of recent and upcoming services and events.

Wednesday Morning Service

On Wednesday, April 5, we held our 10 a.m. Wednesday morning service with Reverend Yuki officiating the service in both English and Japanese. After service, attendees were given the opportunity to visit the Nokotsudo, and then enjoy visiting with each other over tea, manju and rice crackers. As a reminder, ACC Rides will provide transportation to and from the service with stops at Greenhaven Terrace at 9 a.m. and Maple Tree Village at 9:10 a.m. Anyone wishing to catch these shuttles should complete and submit the one-time application form and call to make a reservation. Making reservations is important as ACC Rides needs to determine the number of shuttles and drivers needed. ACC Rides will also provide separate shuttles to pick people up from their homes if the one-time application form is submitted and a reservation is made. Thank you to ABA for providing assistance and refreshments to attendees and for funding the ACC shuttle services so that attendees can ride for free. Wednesday morning services are held on the first and third Wednesdays of every month, beginning at 10 a.m.

Opportunity Drawing

Congratulations to Debbie M. from Elk Grove, who was the winner of our March Opportunity Drawing! The April drawing is scheduled for Sunday, April 30, 2023. The April winner will be announced in the June SANGHA newsletter.

Hanamatsuri Service

On Sunday, April 9, our temple welcomed Reverend Hibiki Junkyo Murakami from the Los Angeles Betsuin as the special guest speaker for our Hanamatsuri Service. Reverend Murakami was assigned to the LA Betsuin in early 2020, so this was his first speaking engagement outside of his temple. Reverend Murakami also provided a workshop on Shakyamuni Buddha after service. I would like to thank the Dharma School 8th Grade Class for constructing the beautiful Hanamido for our service, and Matthew Nitta and ABA for preparing okonomiyaki for our courtyard refreshments after service. We appreciate the donation of ingredients for the okonomiyaki from Dharma School and also the donation of a pasta dish from SASF to add to the courtyard refreshments.

President's Message (Continued)

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ABA Keiko Jean Kashiwada
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Marlene Ohara
Lynn Sunahara
Fusako Takahashi
Virginia Uchida
Donna Wong
Sueko Yamashita
Elaine Yoshikawa

Donations of Obon Items Requested Karen Adachi

Dharma No Kai Japanese Lecture

For the months of May and June, there will be no "Dharma No Kai" Japanese lecture scheduled. In May, Reverend Yuki will be leading a tour group to Japan for the Oregon Buddhist Temple, and in June, he will be preparing for his big move to Sacramento!

2023 Gotan-E Service

On Sunday, May 21, the traditional music service and ochigo procession will be held at our Gotan-E service in observance of Shinran Shonin's birthday. Shinran Shonin is the founder of Jodo Shinshu (Shin) Buddhism. Signifying Shinran's entering the Shore-In Temple to become a monk at age 9, our third grade Dharma School students will participate in the ochigo procession. For more than 60 years, our Betsuin Choir has provided the music portion of the service during the ochigo procession. In case you didn't know it, if you listen carefully, you will hear that the choir will actually sing the sutra Juseige, Namo Amida, and Eko, which is why you won't be chanting a sutra during the service. During the Gotan-E service, we will also have our Hatsumairi (infant presentation) ceremony, to welcome to the dharma infants born since the previous Gotan-E service. Please refer to the Hatsumairi article and application form in this newsletter for more information.

Upcoming Activities

As mentioned in my April president's message, we have two big upcoming events in June that I'd like to remind you about:

Rummage Sale

Saturday, June 3, 2023 from 9 a.m. to 2 p.m.

Drop-off of new and gently used items: Thursday, June 1 from 9 a.m. to 5 p.m. and Friday, June 2 from 9 a.m. to 4 p.m.

For more information, please refer to the flyer in this newsletter or send an email to: SBCRummageSale2023@gmail.com.

2023 Families and Friends Picnic

Sunday, June 11, 2023 from 9:30 a.m. to 1 p.m. at Marriott Park

Dharma Service in the park at 10 a.m.

Admission is free. An RSVP by May 28 is requested, but not required (to help us determine food quantities needed).

To register, please use the following link: <https://bit.ly/SBCPicnic23> or contact the church office at (916) 446-0121. Please refer to the flyer posted in this newsletter.

2023 Obon Services and Odori

In addition to the two events mentioned above, we are looking forward to our annual Obon cemetery services and our Bon Odori dance on Saturday, July 8, and our Hatsubon/Obon service on Sunday, July 9. We will once again have our Bon Odori dance in-person in the church parking lot and livestreamed on Facebook and YouTube. Returning for the second year is our Obon Memorial Tribute slideshow where we will display a photo tribute to our loved ones who have passed, not just in the previous year, but in prior years as well. If you wish to honor and remember a loved one, please consider submitting their name and photos to be displayed on monitors in the parking lot during the odori and also virtually on our livestream broadcast. Please refer to the article and flyer included in this newsletter.

2023 Betsuin Golf Tournament

A popular event and fundraiser for the church's capital improvement account, the annual Betsuin Golf Tournament will be held at Teal Bend Golf Course on Thursday, July 13. Thank you to the Golf Tournament Committee for planning this annual event. Refer to the flyer and article posted in this newsletter for more information.

During last year's Bon Odori practices and the Bon Odori dance, we were able to find new homes for many of the yukatas, happi coats, and other items that were generously donated to the church. It also served as a nice fundraiser for the church. We are hoping to replenish our stock so that we can offer these items again at this year's Obon.

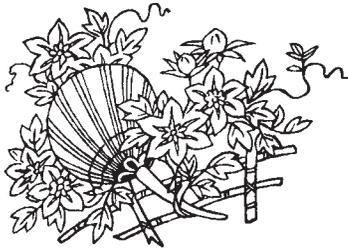
If you have any of the items below and would like to find a new home for them, we would appreciate your donations!

- Summer yukatas for adults or children (we'd prefer not to receive kimonos that are not worn for odori dancing).
- Happi coats for adults or children.
- Obi or sashes for yukatas, and ties for tying the obi.
- Sensu (folding fans).
- Uchiwa (round fans).
- Tenugui (towels used for obon dancing).
- Kachi-kachi.
- Hair ornaments.

Donations of these items can be dropped off at the church. It is preferred that you call first to make sure the office is open and able to accept the items.

PLEASE NOTE: Kimonos and kimono overcoats can be donated to the Rummage Sale in June (see Rummage Sale flyer in this newsletter for dates/times these items can be accepted).

**Sacramento
Buddhist
Women's
Association**
Shirley Kato
Executive Council



**Legacy
Endowment
Fund**
Allan Hoshida

おかげさま

Welcome to our seven new SBWA members: Cynthia Ikami, Julie Kimura, Arlene Matsuura, Rose Nagao, Joan Nishikawa, Ardeana Ota and Irene Nabeta-Yee!

On March 22, SBWA members carpoled to Redhawk Casino. The group enjoyed lunch at the casino's Pearl Asian Restaurant, and of course, had fun on the slots. Thank you to Stacy Matsunami, Misa Oshiro and Barbara Nakatomi for coordinating this popular field trip.

On April 2, 13 SBWA members attended the Marysville Buddhist Church Hanamatsuri Service and received a warm welcome from the temple members. We enjoyed the dharma messages by Reverend Tim Castle and Sensei Keith Kato. After service, we were served a delicious lunch of lasagna and salad and were given beautiful flowers to take home.

On April 10, SBWA members dropped off donations of nonperishable goods, hygiene products, or a monetary donation for the Sacramento State Food Pantry. The pantry provides food and basic necessities to Sac State students with financial hardships and low food security at no cost. Thank you to Barbara Nakatomi, Patty Yamamoto and Diane Letoto, who coordinated this project, and to our members for their generous donations. Thank you to the Marysville temple members who also contributed to this food drive.

On April 29, SBWA participated in the annual Wakamatsu Garden Clean-Up. This memorial garden is near the site of the first settlement of Japanese immigrants who arrived from Japan in 1869 to start a tea and silk farm. After the garden was weeded, trimmed and swept, the group had a potluck lunch on the school grounds.

On May 5, SBWA is collecting items for the Front Street Animal Shelter. The shelter cares for thousands of stray, abandoned and abused animals every year and provides veterinary care to the sick and injured animals. Thank you to Keiko Makishima for coordinating this collection.

Thank you to the SBWA members who donated to the Women of Jodo Shinshu Memorial Service dana collection. The funds collected have been donated to Dharma School and the five Betsuin scouting groups.

It's been a very busy year! SBWA is currently planning several more field trips and community service projects. If you are not an SBWA member, we hope you will consider being part of our organization and join us in our upcoming activities!

Recently I was notified that the Boy Scout Troop 50 sponsored by the Buddhist Church of Sacramento will be celebrating later this year the 40th year anniversary of the Matsuyama / Sacramento Sister City Boy Scout Exchange Program. Congratulations!

This announcement brought back many wonderful memories from my scouting experience, so I would like to share a few thoughts and appreciation, if I may:

- I want to thank James and Mark Amioka. Their father was Ray Amioka, Troop 50 scoutmaster doing the 1980s. I served as one of the assistant scoutmasters under Ray for about 4-5 years. When Ray wanted to retire from the scoutmaster position, he and Shig Sawamura / parent chair, asked me to be the next scoutmaster. Ray and his wife, Lillian, both past Board of Trustees presidents, were also involved with the Matsuyama / Sacramento Sister City program and our scout troop often participated in the City of Sacramento Camellia Festival parade, or would be asked to attend a sister city dinner / function, so it seemed a natural fit when the sister city program was initiated that there would be a scout / youth exchange program involving Troop 50 and VFW Troop 250, both of which had many Japanese American scouts, deep roots in the local Japanese American community, and one that would create a meaningful connection on both sides of the Pacific. Thanks especially to Ray / Lillian for leading the initial scout group trips to Matsuyama and hosting when their delegations came from Japan; also, Henry / Fusako Mizushima, who were our translators for visiting groups from Japan; plus all those families / scouts who planned / participated in the exchange program, and who made this a wonderful enjoyable experience.
- My son Scott and I have talked about his trip to Matsuyama, Japan, his home stay with the local scout family, and his experiences at the Japan National Jamboree when a torrential typhoon came through their campsite. He was only 13 years of age at the time of his trip to Matsuyama, but I noticed how much he had grown when he came back from his trip to Japan, surviving halfway around the world without mom and dad. I noticed his confidence building after this trip, knowing what he was able to do and for him to not be afraid to try new things / adventures, whenever opportunities came up. Having Ray / Lillian Amioka leading this trip contingent, other caring adult scout leaders and the 2 dozen boy scouts representing Sacramento was a great bonding experience for Scott and one which he fondly remembers to this day. Thank you especially to those other young scouts who served in scouting alongside him and were able to make lifelong friendships and assisted during his formative growing up years.

Legacy Endowment Fund (Continued)

NOTE NEW E-MAIL!

Submissions for the SANGHA are **due** on the **15th of each month**. Late articles will be published in the following month's issue.

When submitting, please send email to: **SBCsangha@gmail.com** with a **cc to: betsuinoffice@gmail.com** and inform the church office at (916) 446-0121. Please include the author's name. Artwork, including photographs, needs to be sent as separate files from the text. Thank you.

Schedule of Events

Memorial Day Services

- Our temple sangha community in many ways has been like a second home away from home for many of us. From the beginning, I noticed how other families were involved with our many temple activities, volunteering/leading various organizations — i.e., scouting, sports/basketball, Dharma School, ABA (Adult Buddhist Association), Jr. YBA (Young Buddhist Association), board of trustees, BWA (Buddhist Women's Association), bazaar, etc. — that benefit not only their own children but also many other sangha families/members, consistent with our Jodo Shinshu tradition and way of life. It has been wonderful to get to know and grow up together with these other families and many we now consider good family friends, some of whom we have traveled the world with. Let's encourage our younger sangha families to participate, be involved and active in our various organizations/activities and get to know one another better. One never knows who your next new friends might be.
- Lastly, if you have been one of my former Troop 50 scouts or parents and you happen to be reading this article, one request if I may: please send me a few thoughts/updates on your life journey. Let me know how you are doing and what your scouting experience and growing up in our Buddhist Church of Sacramento sangha community has meant to you and your family. My email address is *allanhoshida@gmail.com*, or call me anytime at (916) 307-7952. Thanks, and keep the scouting spirit growing.

Note: The Legacy Endowment Fund Board has been a great experience for me personally. It has allowed me to reflect more on my life, has given me time to digest and think about my life experiences over the last seven decades, and what I have been able to do, such as my involvement with scouting/youth programs over the years. Sometimes it is only in looking back that you realize more clearly how important those experiences have been. In reflection, my scouting experience certainly has been a unique, fun opportunity and hopefully my involvement/guidance has helped others along the way. Thank you all.

In Gassho with feeling of Okagesama.

Wednesday May 3

- 10 a.m. – Seniors Service & Reception

Saturday, May 6

- 11 a.m.-4 p.m. – Sacramento Bonsai Club Bonsai Show (Kaikan)

Sunday, May 7

- 9:30 a.m. – Family Dharma Service – Reverend Matt Hamasaki
- 10:15 a.m. – Dharma School Classes
- 10:30 a.m. – Shotsuki Hoyo Memorial Service

Monday, May 8

- 10 a.m. – Monthly Chanting Session – Reverend Matt Hamasaki
- 10 a.m.-Noon – Amache Public Meeting (Classrooms 1-4)

Sunday, May 14

- 9:30 a.m. – Family Dharma Service – Reverend Patti Oshita

Wednesday, May 17

- 10 a.m. – Seniors Service & Reception

Sunday, May 21

- 9:30 a.m. – Gotan-e Service – Reverend Matt Hamasaki
Ochigo Procession and Hatsumairi Ceremony
- 10:15 a.m. – Last Day of Dharma School Classes
- 11 a.m. – End-of-Dharma-School Celebration (Kaikan)

Sunday, May 28

- 9:30 a.m. – Sangha Service – Reverend Matt Hamasaki

Monday, May 29

- 9 a.m. – Main Hondo (Services previously held at Odd Fellows and in the Nokotsudo)
Betsuin will be open for Nokotsudo visitations from 8:30-10:30 a.m., no reservation needed
- 10 a.m. – Sacramento Memorial Lawn (Stockton Blvd.)
- 11 a.m. – East Lawn Memorial Park (Folsom Blvd.)

Thursday, June 1

- 9 a.m.-5 p.m. – Rummage Sale Drop-off Day!

Friday, June 2

- 9 a.m.-4 p.m. – Rummage Sale Drop-off Day!

Saturday, June 3

- 9 a.m.-2 p.m. – RUMMAGE SALE!

Monday 9 a.m.-1 p.m. (Closed the last Monday of the month)

Tuesday CLOSED

Wednesday 9 a.m.-4 p.m.

Thursday 9 a.m.-1 p.m.

Friday 9 a.m.-1 p.m.

Saturday/Sunday 9 a.m.-Noon

Other Hours Available by Appointment

Office Hours

Interested in an SBC Trip to Japan?

Rev. Yuki Sugahara



I am receiving requests and inquiries about planning a Sacramento Buddhist Church trip to Japan. I have been on several trips to Japan in the past with the Florin Buddhist Church (three times) and Oregon Buddhist Temple (two times). It is a great opportunity to get to know each other and tighten friendships.

If you are interested, please fill out the questionnaire for planning purposes by using the link or QR code below. Stay tuned for more information to be shared soon.

<https://tinyurl.com/JapanQuestionnaire>



QR Code to the Questionnaire Link

Adult Buddhist Association

Jean Kashiwada
ABA President

ABA, in partnership with the Sacramento Regional Conservation Corps (SRCC), had a very successful e-waste collection on Saturday, April 8. The SRCC provided nine strong young men to unload the e-waste from the vehicles and place them in sorted wired bins. It was a very organized and efficient procedure. ABA members only had to direct traffic in the alley.

Thank you to my very supportive ABA Board members for giving up half of their Saturday to provide this service project to our church members and friends. A picture of our e-waste event is included at left.



We hope you were able to attend the Hanamatsuri service on April 9. Since it was ABA's turn to provide after-service treats, ABA was fortunate to have Matt Nitta show our ABA Board how to make okonomiyaki. It was a very delicious treat for our Hanamatsuri service attendees.

Attendees were also treated to some pasta, donated by SASF (Sacramento Asian Sports Foundation). Thank you again to our ABA Board members for coming out to set up tables, make coffee, serve the special refreshments, and clean up afterwards.

Our temple's first two Wednesday services for our senior sangha members were well received. We hope you will encourage more of our senior members to attend. As mentioned before, some of our temple members will arrive by ACC Rides and will be greeted by ABA members. ABA members will greet you in the alley parking lot and main church parking lot and escort you to the Hondo, where a short service will be held. These senior services will be held on the 1st and 3rd Wednesdays of each month. As mentioned by Board President Karen Adachi, the 1st Wednesday service's dharma message will be in English and Japanese. The 3rd Wednesday service's dharma message will be in English only. ABA will provide light refreshments. We hope to see you on the 1st and 3rd Wednesdays from 10 a.m., and on Sundays at 9:30 a.m.!

ABA will again financially support the Sacramento Buddhist Church's education award (\$1,000) and serve on the application review and interview panels early in May. ABA will also provide a Community Service Award (amount to be determined). These awards are funded by your donations to ABA and we are grateful to the many families who have directed their donations to our education account to help our graduating seniors and students enrolled in college. Another education-related program supported by ABA is the Betsuin's 529 Program. ABA will contribute \$100 toward the establishment of a 529 Plan for your child. Wayne Kurahara will be contacting our scouting and sports programs to arrange a meeting with parents to explain the benefits of the Betsuin's 529 Program.

Thank you again for supporting ABA.

You are cordially invited to participate in the 13th Annual Sacramento Buddhist Church (SBC) Golf Tournament at the Teal Bend Golf Course on Thursday, July 13. Be sure to submit your entry form as soon as possible as tee times are limited for this event. The entry deadline is June 15. The tournament entry fee includes a round of golf and a shared cart, tee prizes, morning pastries and coffee, on-course beverages, and a bento box lunch. For \$25 each, tournament participants also may purchase bonus packs, which consist of 20 tournament opportunity drawing tickets, two mulligans, and two miracle putts.

The kaikan will be set up with tables and chairs for dine-in purposes; stay and relax with your friends and fellow golfers while enjoying an assortment of alcoholic and nonspirited beverages. In addition to supporting this fundraiser by participating in the tournament, there also are tee box sponsorship opportunities at different levels (gold, silver, bronze, or individual, "In Memory Of," and group sponsorships).



Sponsorship and Donation Form

SPONSORSHIP LEVELS

\$1,000 – Gold Sponsorship:

Includes Tee Box Sign recognition, four complimentary tournament entry fees, golf cart, lunch, refreshments, and tee prizes.

\$250 – Bronze Sponsorship:

Includes Tee Box Sign recognition, one complimentary tournament entry fee, golf cart, lunch, refreshments, and tee prizes.

\$500 – Silver Sponsorship:

Includes Tee Box Sign recognition, two complimentary tournament entry fees, golf cart, lunch, refreshments, and tee prizes.

\$125 – In Memory Of, Individual and/or Group Sponsorship includes Tee Box Sign recognition.

SUGGESTED MONETARY AND/OR IN-KIND DONATIONS

Check-In Tee Prizes

Donation of golf tees, balls, ball markers, divot repair, etc. to give to each golfer.

Tournament Raffle Prizes

Unused golf clubs, head covers, golf apparel, dry goods, food items, restaurant gift certificates, etc.

Snack/Dinner Items

Miscellaneous refreshments, snacks or food items.

Cash

Used to offset the cost of check-in tee prizes, opportunity drawing prizes, or other related expenses.

Date: ____ / ____ / ____ **Deadline:** June 15, 2023 **Fed Tax ID:** 94-1243674

Sponsorship: I/We would like to be a sponsor in the amount of \$ ____.

Please indicate: Gold Sponsor Silver Sponsor Bronze Sponsor

In Memory Of, Individual and/or Group: Name(s) _____

Opportunity Drawing Prize/Donation: I/We would like to make a donation of _____

Sponsor/Donor Name(s): _____

Contact Name: _____ **Email:** _____

Address: _____ **City:** _____ **Zip:** _____

Return to: SBC Golf Tournament, 899 Shore Breeze Drive, Sacramento, CA 95831
 Church Phone: 916-446-0121

Monetary donations to help defray the cost of tournament expenses or in-kind donations of Opportunity Drawing prizes, tee pack contents, or refreshments/snacks also will be greatly appreciated.

The SBC Golf Tournament has been a successful and popular fundraiser, and we look forward to another enjoyable event this year. The net proceeds raised by this event are earmarked for deposit in the temple's capital improvement account. Your previous support enabled the committee to pay in full and/or supplement the funding for projects such as: remodeling of the resident minister's house, adding security gates and perimeter fencing for the temple's parking lot, and replacing the building's HVAC system.



13th Annual Golf Tournament Sacramento Buddhist Church

Thursday, July 13, 2023

Teal Bend Golf Course

7200 Garden Highway, Sacramento

Check-in at 6:30 AM - 7:30 AM Shotgun Start

- The field is limited to 144 players (two players per cart).
- You may sign up as a single, twosome, threesome, or foursome.
- The tournament format is a four-person Blind Draw Shamble.
- Team prizes will be awarded to four places and individual closest-to-the-pin on Par 3 holes.
- Entry fee is based on sponsorship level or \$140 per player. It covers green fees, cart, tee gift, refreshments, and after-round bento box lunch at the church.
- Additional bento box lunches may be purchased at \$30 each. Please direct questions to: BetsuinGolf@gmail.com

BONUS PACKS

For \$25, you can purchase 2 mulligans, 2 miracle putts, and 20 opportunity drawing tickets on this entry form.

We are not selling bonus packs on the day of the tournament.

Tickets will be drawn digitally.

Registration Deadline: June 15, 2023

Golfer(s)		Confirmation to: Email Address or Text Phone #				Index	Sponsor Level*	No. Bonus Pack(s)
1								
Vest:	<input type="checkbox"/> Men's <input type="checkbox"/> Women's	Size:	<input type="checkbox"/> S <input type="checkbox"/> M <input type="checkbox"/> L <input type="checkbox"/> XL	<input type="checkbox"/> XXL	<input type="checkbox"/> XXXL			
2								
Vest:	<input type="checkbox"/> Men's <input type="checkbox"/> Women's	Size:	<input type="checkbox"/> S <input type="checkbox"/> M <input type="checkbox"/> L <input type="checkbox"/> XL	<input type="checkbox"/> XXL	<input type="checkbox"/> XXXL			
3								
Vest:	<input type="checkbox"/> Men's <input type="checkbox"/> Women's	Size:	<input type="checkbox"/> S <input type="checkbox"/> M <input type="checkbox"/> L <input type="checkbox"/> XL	<input type="checkbox"/> XXL	<input type="checkbox"/> XXXL			
4								
Vest:	<input type="checkbox"/> Men's <input type="checkbox"/> Women's	Size:	<input type="checkbox"/> S <input type="checkbox"/> M <input type="checkbox"/> L <input type="checkbox"/> XL	<input type="checkbox"/> XXL	<input type="checkbox"/> XXXL			

*** Sponsor and Entry Options:**

G = Gold Level Entry (includes 4 complimentary entry fees)	_____ @ \$1,000	\$ _____	0
S = Silver Level Entry (includes 2 complimentary entry fees)	_____ @ \$ 500	\$ _____	0
B = Bronze Level Entry (includes 1 complimentary entry fee)	_____ @ \$ 250	\$ _____	0
SE = Single Entry; Number of Golfers:	_____ @ \$ 140 each	\$ _____	0
Number of Additional Bento Box Lunches:	_____ @ \$ 30 each	\$ _____	0
Number of Bonus Packs:	0 @ \$ 25 each	\$ _____	0

TOTAL: \$ 0

Please make check(s) payable to: Sacramento Buddhist Church
and mail to: SBC Golf Tournament
 899 Shore Breeze Drive
 Sacramento, CA 95831

Completed "saved" form may be emailed to: BetsuinGolf@gmail.com.

Checks will be cashed after the completion of the tournament.
 Federal Tax ID: 94-1243674

13th Annual SBC Golf Tournament (Continued)

The following documents are included within the SANGHA newsletter:

- Sponsorship and Donation Form;
- Tournament Entry Form;
- Tournament Information Sheet.

The computer-assisted form-filling and writable templates and tournament information sheet are available at the SBC's website at www.buddhistchurch.org. Please contact the SBC tournament committee by email at betsuingolf@gmail.com if you have any questions about this annual event or wish to donate to the SBC.

The Board of Trustees invites its sangha members, returning golfers, as well as friends of the Betsuin to participate in the 13th annual Sacramento Buddhist Church (SBC) Golf Tournament for the 2023 calendar year.

Date: Thursday, July 13, 2023

Check-In: Begins at 6:30 am

Shotgun Start: 7:30 am

Place: Teal Bend Golf Course

7200 Garden Highway, Sacramento

Course Phone Number: 916-922-5209

Playing Format and Scoring:

Player Limit: 144 players (shared carts)



The tournament will be played under the modified scramble format known as shamble. The format calls for each golfer to tee a ball into play with the group selecting the spot from one of the teed balls (scramble) to play their second shot. Play from the selected ball continues under individual stroke-play conditions until the golfers finish the hole. The tournament committee will conduct a random "blind draw" from the field of players to form four-person teams. The blind teams with the highest and lowest scores will qualify for the tournament prizes.

Tournament Fee: \$140 per golfer

Tournament Fee includes: Round of golf, cart, morning pastries and coffee, on-course beverages, tee prizes, bento box lunch served at the church kaikan, and a monetary donation to the SBC. Additional Bento Boxes ordered on the Tournament Entry Form: \$30 each.

Tournament Entry Form: Form-filling format using your keyboard to complete available on the SBC website at: www.buddhistchurch.org

ENTRY DEADLINE: Thursday, June 15, 2023

The golf committee anticipates a full field of golfers (144) so be sure to submit your entry form as soon as possible.

Submission of Entry Forms and Payment:

Completed forms can be emailed to betsuingolf@gmail.com to ensure prompt recording of your team's entry to the tournament. Please make your check payable to the Sacramento Buddhist Church. Your check(s) and entry forms must be addressed and sent by U.S. mail to: Sacramento Buddhist Church Golf Tournament, 899 Shore Breeze Drive, Sacramento, CA 95831.

Bento Box Lunch:

Two of the temple's prized kitchen chefs — Marty Sakata and Gordon Nitta — along with a host of volunteers led by Diane Shimosaka and Sheryl Kajioka will be preparing a delicious assortment of entrées and condiments that will be served in the Kaikan following the end of tournament play. The meals will be served in bento boxes. The committee encourages everyone to dine-in with your friends and fellow players in the Kaikan where tables, chairs and an assortment of beverages will be available to "wash down" your meal.

Pre-Tournament Bonus Packs:

The committee encourages everyone to buy the pre-tournament "bonus pack" consisting of 20 tournament opportunity drawing tickets, two mulligans, and two miracle putts for \$25. The bonus pack can only be purchased with your entry form. The more bonus packs purchased, the greater the chance to score well and win prizes!

Opportunity Drawing:

The committee extends its many thanks to Robbie Midzuno for his annual donation to the SBC golf tournament of the two grand prizes. The grand prize offerings can only be won by buying a bonus pack.

First Prize: Three-night stay (Thursday - Sunday) at the Lake Tahoe Vacation Resort for the period July 11-14, 2024.

Second Prize: Two-night stay (Friday - Sunday) at the Lake Tahoe Vacation Resort for the period July 12-14, 2024.

These dates coincide with the running of the much-heralded Celebrity Golf Tournament held at Edgewood Golf Course.

Sponsorship and Donations:

Tee box sponsorships can be purchased at the gold, silver, bronze, individual, "In Memory Of" and group sponsorship levels. The donor's name and sponsorship level

will be displayed on signage boards at or near the tee box area of each hole. The bronze, silver and gold tee box sponsorships include complimentary green fees from one to four golfers and priority entry into the golf tournament.

Monetary or in-kind donations are also welcomed! Sponsorships or donations can be submitted using the keyboard writeable Sponsorship and Donation Form available on the SBC website at: www.buddhistchurch.org.

Proceeds from this Fundraiser:

This event is a major fundraising activity for the temple’s capital improvement account. The members of the golf (sub)committee oversee the organization, administration, and accounting for the net proceeds (sources and usage) that are deposited in the temple’s capital improvement checking account. The golf committee extends its thanks for your continued support.

Questions?

Any questions and/or comments about the 2023 event can be sent via email to the golf committee at betsuingolf@gmail.com. The temple office staff can provide general information about the event. The number to call is (916) 446-0121.

2023 Family Memorial Service Schedule

Traditionally, family memorial services are held for loved ones on designated anniversaries. These are precious occasions to honor the treasured memories of our beloved ones and to realize how fortunate we are to be embraced by Amida Buddha’s light of wisdom and life of compassion.

Year of Death	2023 Memorial	Year of Death	2023 Memorial
2022	1 year	1999	25 year
2021	3 year	1991	33 year
2017	7 year	1974	50 year
2011	13 year	1924	100 year
2007	17 year		



Condolences to the Families of



*Gladys Eiko Irokawa..... September 14, 1929 - March 4, 2023
Fusaye Urakawa..... March 2, 1923 - March 16, 2023*

Hatsumairi Infant Presentation Service



Hatsumairi literally means “first service” and represents the first opportunity for parents or grandparents to bring infants who were born during the previous year to our temple. Not only are the children introduced to the sangha; they are introduced to the Dharma traditions for the first time. Forms also available on main hallway bulletin board and will be posted to buddhistchurch.org.

**Application Form
Infant Presentation Service - Hatsumairi
Sunday, May 21, 2023**

Name of Child _____
(First) (Middle) (Last)

Child’s name in Japanese _____
(If known)

Birthdate _____ Boy Girl

Parent (Father) _____

Parent (Mother) _____

Address _____

City & State _____ Zip Code _____

Phone _____ Email _____

Please complete and submit to the Betsuin Office by Wednesday, May 17. Thank you!

Thursday Night Health & Wellness



Join us for these friendly, informative sessions. Ask questions and learn about steps you can take to ensure a healthy and happy life for yourself and those around you!

Please sign up at BetsuinPrograms@buddhistchurch.org
Buddhist Church of Sacramento, 2401 Riverside Blvd., Sacramento, CA 95818-2233

An Evening with The Cherry Blossoms
Music Is Healing

Thursday, May 11, 2023 – 6:30 p.m.



Miko Shudo, Emily Imazumi, Lisa Horikawa Orpilla

Yoga with Bob Matsueda

Interested in learning something new? The Yoga for Health class is designed for any age and physical condition.

Join us for weekly yoga classes with Bob Matsueda via Zoom.

Every Wednesday evening, 7 p.m.–8:15 p.m.

New students, please contact betsuinprograms@buddhistchurch.org for more information and Zoom link.



Chanting Service
Kelly Gartman
Chair, Religious & Education Committee

Reverend Yuki is offering a chanting service that will focus on the chanting of Shoshin Nembutsu-Ge (Shoshinge) and the wasans written by Shinran Shonin. The service also includes a short dharma message and close with the letter of Rennyō Shonin. These services are held on the first Monday of each month at 10 a.m. (In May, this service will be on the second Sunday, May 8.)

If you are interested in more information about this service, please send an email to: betsuinprograms@buddhistchurch.org.



Start your day with the chanting of Shoshin Nembutsu-Ge (Shoshinge)
Hymn of True Shinjin and the Nembutsu

正信念仏偈

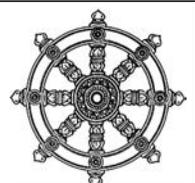
Please join us each month
(May 8, June 5)
10:00 am in the Hondo

Please register or if you have any questions, contact BetsuinPrograms@buddhistchurch.org
Buddhist Church of Sacramento, 2401 Riverside Blvd, Sacramento, CA 95818

New Members



Welcome New Members
Jordan Carey



IT'S BACK!

SACRAMENTO BUDDHIST CHURCH

Rummage Sale

SATURDAY JUNE 3, 2023

OPEN TO ALL

9 A.M. TO 2 P.M.

EARLY BIRD SHOPPING OPPORTUNITY, \$5*

8 A.M. TO 9 A.M.

SACRAMENTO BUDDHIST CHURCH
2401 RIVERSIDE BLVD. SACRAMENTO, CA

*Early Bird tickets will go on sale at the door at **7:45 A.M.** for only **\$5 (cash only)**

INFORMATION/QUESTIONS, EMAIL US AT: SBCRummageSale2023@gmail.com

DROP OFF DATES:

Thursday, June 1, 9 a.m. to 5 p.m.

Friday, June 2, 9 a.m. to 4 p.m.

ACCEPTED ITEMS:

Clothing (gently used, clean), Accessories, Purses, Shoes, Jewelry, Specialty Items, Housewares, Dishes, Linens, Toys, Games, Tools, Small Appliances, Sports Equipment, Seasonal Items, Collectables, Crafts, Books, Home Décor, Pictures, Frames, etc.

PLEASE NOTE ITEMS **NOT** ACCEPTED:

Electronics, Electronic Media (CD's, DVDs, VHS tapes, Video Games)
Large Furniture, Medical Equipment, or Baby Equipment.

77th Annual Bonsai Show



77th ANNUAL BONSAI SHOW



ONE DAY ONLY
May 6, 2023 Saturday
11 am to 4 pm

Buddhist Church of Sacramento
2401 Riverside Blvd
Sacramento, CA 95818

FREE ADMISSION

Demo 1:30 pm * Benefit Raffle * Plant & Pot Sale * Refreshments

<http://www.sacbonsaiclub.com>
juddbonsai@att.net

Families & Friends Picnic

BUDDHIST CHURCH OF SACRAMENTO

Join us for our annual

Families & Friends Picnic

with games, kid's raffle, food, and **FUN!**

Enjoy free hot dogs, burgers, chips, fruits, and drinks

Fun undokai style games for everyone

Bring your picnic blanket and folding chairs



Sunday June 11, 2023



9:30 am - 1:00 pm
Dharma service in the park starts at 10:00 am



Marriott Park
1235 Grand River Dr
Sacramento, CA 95831



Sign up requested, but not required by May 28
<https://bit.ly/SBCPicnic23>
or in the church office



Sign Up



For more information visit: www.buddhistchurch.org

Courtyard Refreshments

We appreciate the following groups/members for providing refreshments, monetary donations, or assistance for our Sunday morning courtyard refreshments:

SBWA (3/26/23)
Jane Komure
Myra Okasaki
Eva Kawada
Donation – Amy Wong

4/2/23
Roy Imura
Robbie Midzuno
Brian & Cindy Hatano

Elaina Torres
Amy Wong
4/9/23
Matthew Nitta (chief cook)
Dharma School (funded okonomiyaki)
SASF (donated cooked pasta)

ABA members who assisted with cooking:
Wayne & Lynn Kurahara
Martha Kushida
Carolyn Murata
Michael Ota
Virginia Uchida
John & Elaine Yoshikawa



2023
Obon

Sacramento Betsuin

IN HONOR & REMEMBRANCE

BON ODORI: SATURDAY, JULY 8, 2023 | 7:30PM, IN-PERSON & VIRTUAL
FOOD CONCESSIONS: BEGINNING AT 5:00PM

OBON/HATSUBON SERVICE: SUNDAY, JULY 9, 2023 | 9:30AM, IN-PERSON & VIRTUAL

BUDDHIST CHURCH OF SACRAMENTO | 916-446-0121 | BUDDHISTCHURCH.ORG

2023 Obon Memorial Tribute



For the second year, we are offering the opportunity to honor and remember any loved one who has passed with a photo or name tribute during our Obon Dance on Saturday, July 8.

Each submitted photo or name will be displayed periodically in alphabetical order on monitors in the courtyard and parking lot, as well as our livestreamed broadcast on Facebook and YouTube.

For applications and instructions for submitting a photo or name, please use the following link: <https://tinyurl.com/4nhtfmw4>, go to the church website at www.buddhistchurch.org, or use the QR code provided at left which will link you to the online application form.

The deadline for submitting applications and photos is Sunday, June 25. We look forward to seeing you on Obon weekend!



**Buddhist Church of Sacramento
Obon Memorial Tribute Application**

Obon is an important Buddhist celebration, a time for paying respects to the spirits of our ancestors. For the first time, the Sacramento Betsuin is offering the opportunity to honor and remember our loved one(s) who have passed away with a photo or name tribute. Submitted photos and/or names will be displayed periodically on monitors in the Courtyard during Bon Odori, as well as online in the streamed, virtual program.

LOVED ONE(S) TO BE HONORED		
NAME <i>(Exactly as it will be displayed)</i>	<input type="checkbox"/> Include Photo	<input type="checkbox"/> Name ONLY
1.	<input type="checkbox"/>	<input type="checkbox"/>
2.	<input type="checkbox"/>	<input type="checkbox"/>
3.	<input type="checkbox"/>	<input type="checkbox"/>
4.	<input type="checkbox"/>	<input type="checkbox"/>

(Please check one box for each name)

YOUR CONTACT INFO

Name: _____
 Mailing Address: _____
 Phone #: _____
 E-mail: _____

SPECIAL VIDEO TRIBUTE DONATION (Optional)

Donations for the video tribute will be published separately in our Sangha newsletter. If you would like to make a contribution, please complete the following to ensure proper acknowledgement:

Donor Name(s): _____

Donation Amt: \$ _____ *Check enclosed, payable to Buddhist Church of Sacramento*

Anonymous Please do not publish donation

To make an online donation, please use this link:
<https://tinyurl.com/4nhtfmw4>

TO MAIL YOUR PHOTOS/NAMES FOR THE VIDEO TRIBUTE:

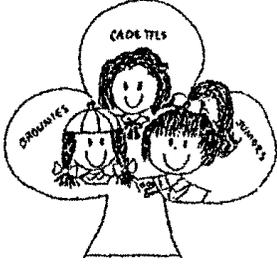
1. Enclose photo(s) w/your application.
2. **BE SURE TO INCLUDE THE NAME OF THE PERSON ON THE BACK OF EACH PHOTO.**
3. Portrait orientation preferred (tall, not wide).
4. To have your photo(s) returned to you, please include a self-addressed, stamped envelope. Photos will be returned after Obon Weekend.
5. Must be postmarked **no later than JUNE 25th** so the video tribute can be created! Please mail to:
**Buddhist Church of Sacramento
 ATTN: Obon Memorial Tribute
 2401 Riverside Blvd.
 Sacramento, CA 95818-2233**

TO SUBMIT PHOTO(S) BY EMAIL:

1. Please include the person's name in the filename of the photo.
2. E-mail to: tech@buddhistchurch.org.
3. Be sure to include your contact information so your photo submission(s) can be matched with your application.

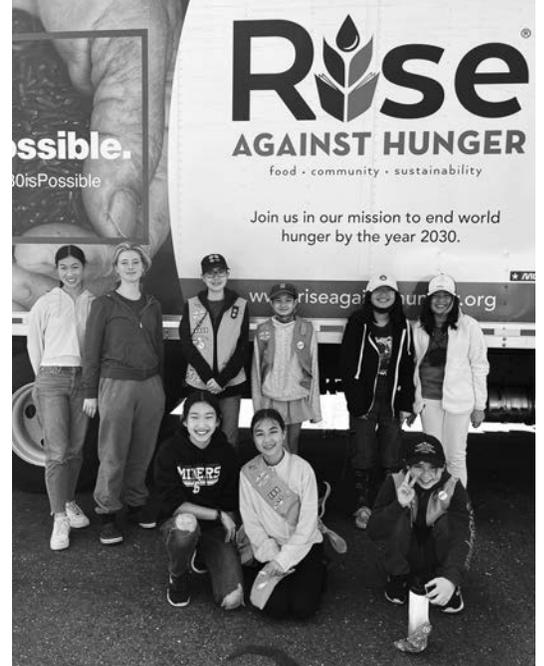
Girl Scout Troop 569 News

Jan Hoshida



Happy Spring from Girl Scout Troop 569! Our scouts participate and engage in a variety of activities, from community service projects to going through journeys (multi-session experiences where scouts dig deeper into their interests) and getting together to just have fun!

Scouts from several junior, cadette, and senior troops volunteered at the Rise Against Hunger food packing event in late March at the Sacramento Japanese United Methodist Church.



On March 17, all of Troop 569 came together for the annual Thinking Day event themed "Our World, Our Peaceful Future: The Environment, Peace, and Security," hosted by the Cadettes 2 Troop. Scouts researched countries from around the world, presented that information,

and ate food and created crafts from various cultures. It was a great leadership opportunity, learning experience, and fun times by all.



The first grade Daisies are beginning our Welcome to the Daisy Flower Garden Journey. The scouts are learning to be patient and nurturing while tending to flower and vegetable seeds planted in recycled egg cartons. Both the kindergarten and first grade Daisies collaborated at

Sacramento Adventure playground to earn their Roller Coaster Design badges. Beyond making functional roller coaster models, 569

Daisies embarked on different adventures. Daisy Lily bravely went across a zipline. Other Daisies interacted with the playground's critters, including a tortoise, tadpoles, chinchilla, and cockroaches.

Cadettes 3 finally got to enjoy some fun in the sun! They went miniature golfing at a local spot.

The Ambassadors troop of Gracie and Allie collected prom dresses and accessories to donate to the Sac Library for the Prom Dress Drive, to serve underprivileged youth. Both girls collected new and gently used dresses and accessories from family and friends! They hope whoever gets the dresses enjoys an evening event to create memories that will last a lifetime.

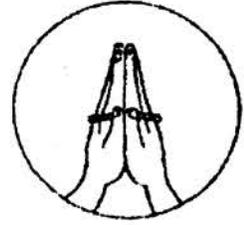
Thank You!

GSHCC Troop 569 received a generous donation of \$314.50 from the Sacramento Buddhist Women's Association from their Dana Fund. Thank you for your donation!





サンガ



お坊さんの着ているものは何？ (1)

“お寺は皆さんの寛大な寄付によって運営されています。”

これは私の赴任先でもあるオレゴン仏教会の日曜日のお勤めの後のお知らせでよく言われている言葉です。私達僧侶も、皆さんのお布施によって衣体（えたい）や仏教に関する本などを購入させていただき、学ばせていただいております。

過去に衣体についての説明をしてきたことがあまりありませんでしたので、数ヶ月に渡り、浄土真宗の僧侶が身につけているものについてお話させていただければと思います。

先月の花祭り法要で、私は初めて紫っぽい色の色衣（しきえ）を着用させていただきました。

（写真参照）色衣には様々な色がありますが、役職に振り分けられている色もあり、着ることの出来ない色もあります。私は紫以外にも色衣を持っていますから、皆さん是非法要に足を運んでその目で見てみてください。

本願寺派では衣体についての「被着法（ひちやくほう）」というものがあまして、その身につけ方が定められています。僧侶が身につける衣を総称して「法衣（ほうえ）」と呼びます。その中で色衣と同じように袖の少し長い黒衣（こくえ）という衣がありますが、色衣と黒衣の事を「衣（ころも）」と呼びます。これらの衣は五条袈裟（ごじょうげさ）と共に法要の際に身につけます。五条袈裟やその他の袈裟についても追々お話しさせていただきます。

また、僧侶が普段お寺で身につけている「布袍（ふほう）」という法衣がございます。「袍」というのは簡単に言えば「上着」というほどの意味ですが、本願寺派の規定によれば御内陣（おないじん）でお勤めをする時には「衣（色衣・黒衣）」を身につけるように決められています。しかし、海外教区では簡略化され日常のお勤めでは布袍を身につけてのお勤めとなっています。（これには黒衣や色衣をなかなか手に入れる事ができなかったという歴史的な背景もあると思います。）布袍にも数種類の色がありまして、黒・浅葱色・濃樺茶色・栗赤銅色の四種類が今はあります。

日本から来られた皆さんは衣替えの時期に関しても敏感かもしれませんが、一応は6月1日に夏服に、10月1日に冬服へと交換することになっ

ております。しかし、海外では様々な気候の所がございますからこれらも必ずしも守らなければならない日程というよりは目安というものになっておるようです。

合掌

菅原祐樹開教使



日本語ダルマ法話会

日時：5、6月はお休みいたします。

場所：別院クラスルーム

講師：菅原祐樹開教使

日本語で法話を聞きたい方は何方でも歓迎！

連絡先：(916) 296-5619 廣田

メモリアルデー-お墓参り-5月29(月)

9時- sacrament 別院本堂（以前はオッドフェローズ墓地と納骨堂でお勤めがありましたが、今年はありません）○納骨堂を訪問される方々のために別院は8時半から10時半まで開いています。予約の必要はありません。

10時- sacrament メモリアルローン（ストックトンブルーバード）

11時- イーストローンメモリアルパーク（フォルサムブルーバード）

婦人会ニュースは都合によりお休みさせていただきます。(廣田)