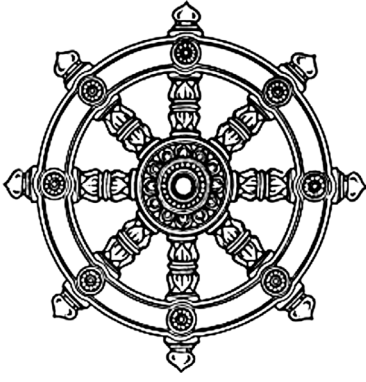


**Resident
Minister**
Rev. Matt Hamasaki



This month, we are observing Hōonkō which is the annual memorial service for the founder of our sect, Shinran Shonin. In the word, “Hōon” means “gratitude” or “repaying a kindness” and “kō” means “a gathering” or “lecture meeting.”

The tradition began with Shinran’s daughter, Kakushinni, who took care of her father’s mausoleum and invited his followers to pay their respects.

The Hōonkō service is one of, if not the, most important service for Jōdo Shinshū practitioners. This is because without Shinran’s clarification, we would not be able to understand the deep meaning of the nembutsu teaching.

Although his understanding was very similar to Hōnen, his teacher, there was a key difference. And it was the concept of “shinjin” or faith.

This faith is not a blind faith, but rather one that necessitates activity. It is vital to our spiritual lives to question things, to have trial and error, and to find what makes sense or not; otherwise we will simply have a surface-level grasp of the teachings.

Only when we put in the time and effort to work it out and then try to live what we learn will we be able to see the benefit.

The reason we’re on this journey is different for each person and so our motivation comes from somewhere incredibly personal. We must find this within ourselves to keep the course steady, inching closer to lasting happiness as we go about our daily lives.

Buddhist Church of Sacramento
2401 Riverside Blvd.
Sacramento, CA 95818

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SANGHA

Sacramento Buddhist Church
Volume 59 Number 11 – November 2022

**Sacramento
Betsuin**
2401 Riverside Blvd.
Sacramento, CA 95818

(916) 446-0121
(916) 446-1866 FAX

betsuinoffice@gmail.com

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President's Message

Gordon L. Nitta



Reverend Matt Hamasaki
(916) 926-2221
RevMatt@buddhistchurch.org

I am sure many of you have the same thoughts on your mind as I do when it comes to how quickly time passes... it is hard to believe that we are at the beginning of the holiday season!

I know many of you were disappointed that Reverend Yuki Sugahara's first trip to our temple had to be canceled in mid-October, but I'd like to think of it as a short "postponement." Just about on the eve of his flying to Sacramento from Portland, Reverend Yuki's wife and daughter both tested positive for COVID. Thank goodness their symptoms were mild and by the time you read this, we are especially hopeful that they will both be fully recovered. Reverend Yuki and his son tested negative, but in keeping with our concern about everyone's health when coming to the Betsuin, we made the decision to delay the trip and we'll be welcoming Reverend Yuki in-person in November. I hope many of you were still able to listen to his Dharma message on October 16, and I especially want to thank both Reverend Yuki and our Tech Committee Chair, Stuart Ito, for making that possible!

We are reworking our plans for a welcome reception, so please keep an eye on your email. Be sure you've signed up for updates from the Betsuin (usually just one email per month)! You can go to buddhistchurch.org, scroll down until you see "Subscribe for Updates" and fill-in your email address:

Subscribe for Updates

As new information becomes available, we will share them with you

Email address

I am human

hCaptcha
Privacy - Terms

Speaking of welcomes, on behalf of the Betsuin Office, I want to extend a big, heartfelt "Welcome Back!" to our Sangha Ladies, who returned to collate, staple and seal the October issue of the SANGHA for mailing! I want to thank all the returning and new members, as well as those who have passed the torch and who spent literally YEARS making sure that all of us received monthly Betsuin news in our mailboxes. Last, but not least, I have to thank Cindy, Jennifer, Kellie and Mika — the Betsuin Office team — and Cliff Adams, Ann Amioka and Katsuko Hirota who, for the months and years of the pandemic, kept this production on track.

I have mentioned before, and many of you have experienced / noticed the changing neighborhood surrounding the temple. Since reopening started gradually more than a year ago, we have been

providing professional security for funerals and memorials, early morning and evening activities, youth-related meetings and special events. On Sunday, December 4, the Betsuin will be having a "Teriyaki Chicken Bowl" fundraiser from 10 a.m.–1 p.m., with the proceeds going to help offset the cost of hiring security officers. The bowls will be \$10 each. You may pre-order your bowls on our website, buddhistchurch.org, by 11:59 p.m. on Saturday, November 26, 2022. For your convenience, a QR Code is provided here that will take you right to the online store for pre-ordering your bowls. We will also have a limited supply of bowls available for purchase on that day. We will have tables and chairs set up in the kaikan if you would like to dine in and enjoy your teriyaki chicken bowls with your family and fellow sangha members. Our Cub Scout Pack 50 scouts will be selling drinks and our Girl Scout Troop 569 scouts will be selling crafts during the event. Watch for the flyers on our website, Facebook, Instagram and in our monthly eBlast.

Please remember to complete and mail in your 2023 Board of Trustees Ballot.

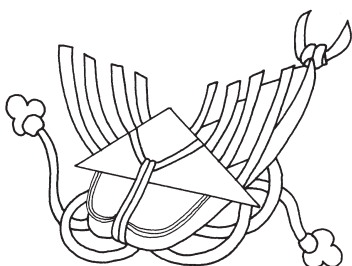
On behalf of the Betsuin Board and Office, I wish all of you a Happy and Safe Thanksgiving!

QR code for ordering Teriyaki Chicken Bowls:



Sacramento Buddhist Women's Association

Jane Komure
Executive Council



We would like to announce that after Hoonko service on November 13, SBWA will be offering after service treats of edamame rice. Then immediately after the service, there will be an SBWA general meeting that all SBWA members are invited to attend. All members are also welcome to stay for the November monthly board meeting, following the general meeting. It will be a busy day for SBWA members.

From October 14–16, the Federation of Buddhist Women's Associations (FBWA) held their conference via Zoom. It was well received with various workshops, including Parliamentary Procedures (presented by SBWA Board member Gayle Kono), Yoga, Card Making, Cultivating Grassroots Growth Through Storytelling, Buddhism and Me (a panel discussion led by our own Koichi Mizushima with several Buddhist youths), Compassion in Action, and a cooking demonstration. Having a virtual conference was a challenge, but the FBWA committee members with the technical knowledge and help of Stuart Ito, did an excellent job.

On October 7, several of our members took the ferry from Vallejo into San Francisco, then walked from the Ferry Building to Pier 39 and had a great lunch. The day was beautiful with perfect weather, wonderful camaraderie and food.

As a final note, at the October meeting, the SBWA Board voted to change the wording of our bylaws to include men to join our BWA.

**Northern
California
District
Ministerial
Assistant
Training
Session**
Koichi Mizushima

The Sacramento Betsuin hosted a Northern California District minister's assistant training session in July with a second session in August. There were 10 participants: Lois Kashiwase and Jennifer Kubo from the Buddhist Church of Florin; Allan Yamashiro and David Unruhe from Placer Buddhist Church; Tristan Brown, Aaron Imura, Ron Ishimoto and Jenna Tokeshi-Nitta from the Buddhist Church of Sacramento; and Keri Castle and Matthew Tokeshi-Nitta, who had participated in the Youth Advocacy Committee (YAC) program years earlier. It was wonderful to be able to share the day and bond with members of the Northern California District.

Each session covered a range of topics to conduct a service. Chanting, onaijin etiquette, how to write a dharma talk and what it means to be a minister's assistant were some classes taught. Some students were learning things for the very first time, and some were reviewing things they were already familiar with. But when learning and sharing together is done as a group, everything is seen with fresh eyes, and there is always something new to learn.

The dharma is always best shared with others in person. Just being in the same room listening to the voices coming together to chant the sutras held great meaning. Listening to the dharma talks not only gave a lesson in Buddhism, but also brought everyone closer together and shared more about each participant.

The Sacramento participants would like to thank the Sacramento Betsuin Legacy Endowment Fund for sponsoring the registration fees for these events. It was a wonderful two sessions, and we look forward to having more sessions in the future. These sessions not only provide education, but they provide a real sense of connection and being together as a sangha.

Namo Amida Butsu.

**Legacy
Endowment
Fund**
Ruth Seo

おかげさま

As I sit here writing my final Legacy Endowment Fund Board (LEFB) SANGHA article, memories of meetings and projects shared with various board members over the years make me appreciate how fortunate I have been to work with such dedicated and talented people. Looking through old records, I was reminded that my 15 years on LEFB came as a result of foundations laid as early as 2001.

In the September 2006 SANGHA newsletter, Rinban Kosho Yukawa wrote: "Following the centennial celebration of the Betsuin, it was my wish to establish a fund from which to set up various educational programs to fully utilize the beautifully renovated facilities and to build a solid financial foundation to assure the future existence of the Betsuin. Therefore, the Sacramento Betsuin Legacy Endowment Fund was created."

The original committee appointed by the Board of Trustees was chaired by Aileen Nishio and included Valerie Fong, Akio Seo, Mark Umeda, Sherman Iida and Mike Nagai. In 2002, a new Board of Trustees committee chaired by Wayne Kurahara and members Curtis Ishii, Richard Kai and Thomas Okamoto joined the team. Wayne led several fundraising events, and finally in 2006, the Legacy Endowment Fund Board was created. Ted Yoshimura was elected board chair and it was under his leadership that I was asked to be on the board.

During my years on the LEFB, I had the opportunity to learn from many financially and legally astute professionals and hardworking committee members who put in many hours to lay the foundation for a successful fundraising group. I am especially grateful to Valerie Fong, Joyce Sahara and Aileen Nishio with whom we chaired many memorable church Rummage Sales. From those early fundraising projects and from generous donations from church members and donors, the fund has been able to send ministerial candidates to Japan for training and ordination, sponsor Youth Minister training retreats, cultural and entertainment programs, and even support international projects.

One of our biggest projects, the Wall of Appreciation, showcases the generosity of Betsuin donors while depicting our ongoing history. It illustrates clearly how each generation grows on the backs of those who worked tirelessly before them and leaves a legacy for those to follow to continue and flourish. While researching photos and records of the Betsuin's history, we saw elders, many of whom are now gone, who were once the movers and shakers of the temple. I am confident that our present leaders and upcoming youth will uphold the values and traditions that have made the Sacramento Betsuin strong and influential and add their marks of success.

It has been a privilege to be on the Legacy Board. I wish to express special appreciation to members of the present board: Allan Hoshida, Ted Yoshimura, Sandy Tokunaga, Greg Matayoshi, Gayle Kono, Pat McLafferty; and past and present Board of Trustees presidents: Karen Adachi, Gordon Nitta, Stuart Ito, Allan Hoshida, Richard Kai, Kelvin Mark and Ted Yoshimura. The Legacy Endowment Fund is in good hands.

Sangha Staff

Editor (English) Cliff Adams
Editor (Japanese) Katsuko Hirota

Contributing Reporters

President Gordon Nitta
SBWA Jane Komure
ABA Keiko Jean Kashiwada
Legacy Ruth Seo
Minister Asst Training Koichi Mizushima
Opportunity Karen Adachi
Drawing Masako
Sakura Gakuen Thomas
Ukraine Aid Sharon Ito



**New!
Opportunity
Drawing
- Starting
January 2023**
Karen Adachi



The members of the Betsuin’s Board of Trustees are excited to announce a new type of fundraiser, which will not only benefit the church, but will provide participants an opportunity to win monetary prizes. As you know, our church’s total operating budget is funded solely by fundraisers, donations, and membership dues. Throughout the year, we receive generous donations from our sangha members and friends. The Opportunity Drawing will allow our sangha members and friends an opportunity to participate in this fun monthly drawing while also donating to the church.

The way it works

From now through January 15, 2023, donations of \$100 that are submitted together with an Opportunity Drawing Entry Form will provide the donor an entry into a monthly drawing that will take place in the church courtyard after service on the last Sunday of January, February, March, April and May in 2023. Participants will have the opportunity to win multiple prizes, as their entry will be included in each month’s drawing.

Only the first 300 entries into the drawing will be accepted. The total payout of monetary prizes will be 10% of the total donations submitted to this drawing: a maximum of \$3,000 awarded. For the first four months, 1/6 of the total prize payout will be awarded to one lucky winner. On the fifth month, the prize will be doubled (1/3 of the total prize payout). Please see the flyer included in this newsletter for an example of the monthly prize payout.

Entries into the Opportunity Drawing must be submitted using the entry form provided in this newsletter. All entries must be postmarked or received by the Betsuin Office by January 15, 2023. If you wish to enter the drawing by donating by credit card, you **must** place your donation on the **special online store**, set up specifically for the Opportunity Drawing. Your credit card purchase from this special online store will replace the hard copy entry form. A \$5 processing /convenience fee will be charged for all entries submitted by credit card.

At left is a QR code if you would like to submit your donation and Opportunity Drawing entry by credit card.



**Buddhist Church of Sacramento
Opportunity Drawing**

In January 2023, the Buddhist Church of Sacramento will hold an Opportunity Drawing. Each participant will be entered into 5 separate drawings, to be held on the last Sunday of the month from January through May.

ENTRY REQUIREMENTS

Submit a \$100 tax-deductible donation to the Buddhist Church of Sacramento If donating by credit card on the church website, a \$5.00 processing fee will be added Each entry must be submitted with the Opportunity Drawing Entry Form below
DEADLINE FOR SUBMITTING ENTRIES: January 15, 2023
(must be postmarked or received by the Betsuin office by this date)

ENTRY LIMIT

Maximum of 300 entries will be accepted
Donors may submit more than one entry
Total Prize payout will be 10% of total donations received (not to Exceed \$3,000)

DRAWING DATES AND MAXIMUM PRIZE PAYOUT

- Sunday, January 29, 2023 - \$500
- Sunday, February 26, 2023 - \$500
- Sunday, March 26, 2023 - \$500
- Sunday, April 30, 2023 - \$500
- Sunday, May 28, 2023 - \$1,000

Articles for the SANGHA are due on the 15th of each month. Late articles will be published in the following month’s issue. When sending articles, please send email to: **Sangha@buddhistchurch.org** with a cc to: **betsuinoffice@gmail.com** and inform the church office at (916) 446-0121. Please include the author’s name. Thank you.

BUDDHIST CHURCH OF SACRAMENTO
2023 OPPORTUNITY DRAWING ENTRY FORM
Mail or drop off at 2401 Riverside Boulevard, Sacramento, CA 95818

NAME: _____ Deadline: January 15, 2023

ADDRESS: _____

PHONE: _____

EMAIL: _____

NO. OF ENTRIES: _____
(@ \$100 per entry)

DONATION AMOUNT: _____

Adult Buddhist Association
Keiko Jean Kashiwada
President

ABA will continue to serve refreshments after the Sunday church services on the second Sunday of each month and whenever asked by the Board of Trustees to help out. Please try to attend the church services and support our temple activities.

Some of our ABA members continue to volunteer as “escorts” to members of the community who are taking walks or need assistance while shopping. If you are interested, please contact me at *ksjkash@aol.com* or John Yoshikawa at *spyron@aol.com*. We will direct you to the ACC committee who will inform you of the next training sessions. ACC has many more seniors who would like to take advantage of this service, but is short on volunteer “escorts.” If you have a few free days a month, please consider volunteering.

It is a very enjoyable and rewarding service that we provide to our community. Until next month... stay healthy and safe!

Sakura Gakuen Adult Class
Masako Thomas, Dean



Finally, Japan is open for foreign travelers. Mark your calendar for 2023 spring semester Japanese conversation classes. Registration will start in December. All the classes will be online Zoom classes with live teachers. If you know some Japanese, you may join an ongoing class anytime.

Contact Mrs. Thomas by email: *thomas@sakuragakuen.org*.

The youth program had a successful sport day in person on October 15. It was very nice to see students and parents in person for the first time since March 2020.

For questions about the youth program, contact Mrs. Flesuras: *tomomi.sakuragakuen@gmail.com*.

November Services

November Services

- 11/6: Pet Memorial Service (Rev. Yuki Sugahara) & Class
- 11/13: Ho-onko (Rev. Yuki Sugahara)
- 11/20: Dharma School Service & Class
- 11/27: No Service. Thanksgiving Break

Chicken Teriyaki Bowl Sale

Order Here:



**Sacramento Buddhist Church
Chicken Teriyaki Bowl Sale**

Pick up in the Kaikan
2401 Riverside Blvd.
December 4, 2022 10 a.m.-1 p.m.

\$10

Limited Quantity

Girl Scouts Cub Scouts
Craft Sale Refreshments

Questions: *bkmizu@gmail.com*

<https://buddhistchurchofsacramento.square.site/product/chicken-teriyaki-bowl-12-04-2022-/181>

2022 Family Memorial Service Schedule

Traditionally, family memorial services are held for loved ones on designated anniversaries. These are precious occasions to honor the treasured memories of our beloved ones and to realize how fortunate we are to be embraced by Amida Buddha’s light of wisdom and life of compassion.

Year of Death	2022 Memorial	Year of Death	2022 Memorial
2021	1 year	1998	25 year
2020	3 year	1990	33 year
2016	7 year	1973	50 year
2010	13 year	1923	100 year
2006	17 year		



*Condolences to
the Families of*



Emiko Kimura.....July 30, 1919-July 28, 2022
Shoya Sakazaki.....January 27, 1927-August 19, 2022

Betsuin Office Hours

Betsuin Office is now open:

- Wednesdays, 9 a.m.–4 p.m.
- Fridays, 9 a.m.–1 p.m.
- Saturdays & Sundays, 9 a.m.–Noon.
- Other hours by appointment
- For safety, please drive up to the gate and park in the Main Parking Lot (with the Yagura).

Thanksgiving Hours:

11/23: 9 a.m.–Noon.
 11/24: Closed. Happy Thanksgiving!
 11/25: Closed.
 11/26: 9 a.m.–Noon.
 11/27: Closed.

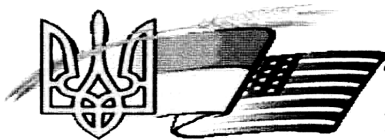
Ukrainian Heritage Club Sends Letter of Appreciation

Sharon Ito

Thank you for supporting the Betsuin's benefit for humanitarian aid to Ukraine, *Songs in Solidarity with Ukraine*. Proceeds from the August 13 event will provide winter supplies for displaced families and refugees impacted by Russia's invasion of Ukraine.

The event raised \$8,176.50 for the nonprofit Ukrainian Heritage Club of Northern California (UHC of NC), whose humanitarian efforts reach areas that are currently not being served by international relief organizations. In addition, the Betsuin has applied for matching funds (up to \$3,000) from the Buddhist Churches of America Social Welfare Fund.

The benefit concert featured traditional Japanese and Ukrainian musicians and contemporary vocalists, including several from the Betsuin. Lubow Jowa, UHC of NC president, had never stepped inside a Buddhist temple until the day of the event and was moved by the love and support she felt. Here's her letter of appreciation:



**UKRAINIAN HERITAGE CLUB
 OF NORTHERN CALIFORNIA
 ТОВАРИСТВО ЗБЕРЕЖЕННЯ
 УКРАЇНСЬКОЇ СПАДЩИНИ
 ПІВНІЧНОЇ КАЛІФОРНІЇ**

201 Picasso Circle, Sacramento, CA 95835

September 2, 2022

Reverend Matt Hamasaki,
 Resident Minister
 Gordon L. Nitta
 President, Board of Trustees
 Buddhist Church of Sacramento,
 Sacramento, CA 95818

Dear Reverend Hamasaki and Mr. Nitta,

The Heritage Club is grateful for the efforts of the Buddhist Church of Sacramento to aid the stricken Ukrainian citizens from the Russian war by organizing and hosting this benefit concert, *Songs in Solidarity with Ukraine*. Indeed, our people share much with your community in suffering from the consequences of war and the injustice and evil rooted in it. You have shown your common humanity with us to support our struggle to aid the suffering and preserve life. As Christ said, "do not be overcome by evil, but overcome evil by doing good." May a just peace be achieved soon so that the Ukrainian people can live safely in their own land.

Due to your efforts, the audience was certainly treated to a unique combination musical performances from three different cultures: American, Japanese and Ukrainian, which included performances of Japanese and Ukrainian traditional instruments. All the performers should be commended for their skill and dedication to their art. Again much appreciation and gratitude must be expressed to those who volunteered to help organize and run this event, with special mention of Sharon Ito for her emceeding, organizing and promoting this event. I cannot get over the kindness and cooperation shown to us and although I have been to many fundraisers before (and probably more afterwards), this one will always be fondly remembered.

Finally, we are grateful for receiving the funds from this benefit for the amount of \$7926.50. It will be put to use very soon to help the needy in Ukraine. We are focusing on providing supplies to sustain them during upcoming winter months.

Again our heartfelt thanks to you. Schiro dyakuyem Vam!

Sincerely,

Lubow Jowa, Ph.D. President

cc. Sharon Ito

Thursday Night Health & Wellness



Weekly Yoga Via Zoom

30 Verses on Representation Only (Bodhisattva Vasubandhu) Rev. Yuki Sugahara Oregon Buddhist Temple

Join us for these friendly, informative sessions. Ask questions and learn about steps you can take to ensure a healthy and happy life for yourself and those around you!

Please sign up at BetsuinPrograms@buddhistchurch.org
Buddhist Church of Sacramento, 2401 Riverside Blvd., Sacramento, CA 95818-2233

Holiday Vegetarian Cooking Nishime

Thursday, November 17, 2022 – 6:30 p.m.



Alan Hirahara
Sushi Chef/Caterer

Interested in learning something new? The Yoga for Health class is designed for any age and physical condition.

Join us for weekly yoga classes with Bob Matsueda via Zoom every Wednesday, starting again on October 5 at 7 p.m.

During the month of October, Bob will be training in India. We will be showing reruns.

For more information and the Zoom link, contact betsuinprograms@buddhistchurch.org.



November 29, December 27,
January 24, February 28, March 28
7 p.m. via Zoom

Yogācāra, often translated as Consciousness Only (J:唯識Yuishiki), is one of the main streams of Mahayāna Buddhism along with Mādyamika (Middle Way). Since one of my teachers preferred the translation Representation Only rather than Consciousness Only, I will use the translation Representation Only in this series.

Representation Only often is referred to as Buddhist Psychology because its uniqueness is to understand how our mind works from Buddhist perspective. The Thirty Verses on Representation Only written by Bodhisattva Vasubandhu (around 400–480) is one of the best texts to study the understanding of Representation Only and I hope we are able to deepen the understanding of Mahayana Buddhism together through this course.

Lecture Schedule

- Lecture 1: Introduction, Verses on Taking Refuge
- Lecture 2: Verses 1–7 Working of Ālaya and Manas Consciousness
- Lecture 3: Verses 8–16 Thought and Five Senses
- Lecture 4: Verses 17–19 Mechanism of Perception in Representation Only
- Lecture 5: Verses 20–25 Three Nature, Three Non-Nature Theory
- Lecture 6: Verses 26–30 Steps of Practices

Please RSVP to BetsuinPrograms@buddhistchurch.org.

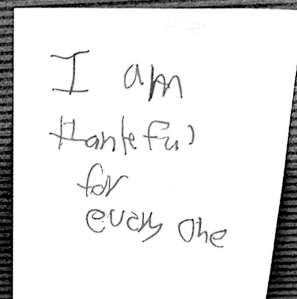
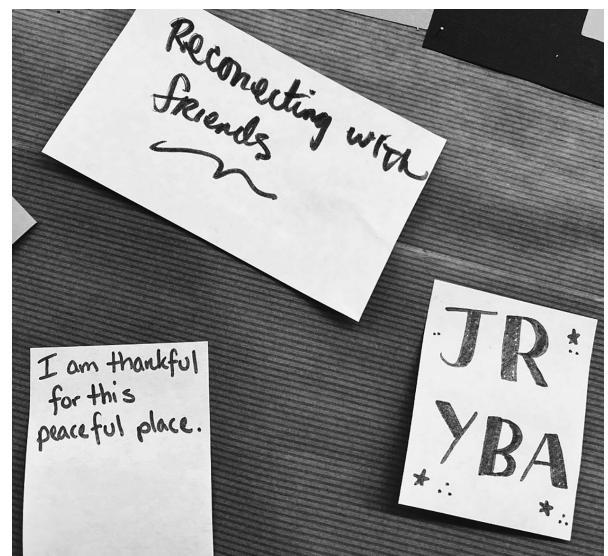
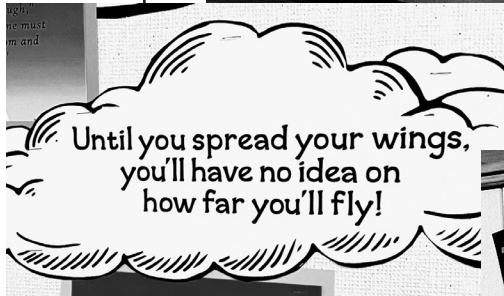


Butterfly Bulletin Board Welcomes All to In-Person Dharma School Classes



Thank you to Nursery and Kinder for the gorgeous Butterfly Bulletin Board to welcome all of us back to in-person Dharma School classes! Many thanks to everyone who has contributed to our "Thankful for..." board, too — so fun to read all the replies! Stop by and drop us a note of your own!

Steady and careful reopening has been the guide for us as we come out of the pandemic... Family Dharma Service every Sunday at 9:30 a.m.; Pre-K through 12th Grade classes will be held on the first and third Sundays of every month! See you soon!



Cub Scouts



**PACK 50
CUB SCOUTS**

**BBQ
FUNDRAISER**



**SUNDAY NOV
13
2022**

NOON TO 3:00 PM

**PRE-ORDER TICKETS:
KEN KURAHARA
(916) 806-6245
DEADLINE: 11/6/2022**

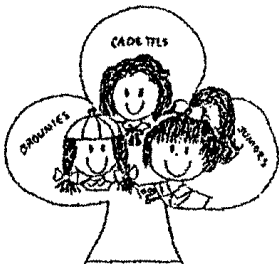


**Sponsored by:
THE
WALNUT ROOM
&
LUCKY JADE
幸運閣**

**7043 S Land Park Dr.
Sacramento, CA
95831**

**PICK UP EVENT
\$20 BBQ PLATE
(TRI-TIP, CHICKEN,
CHOW MEIN, FRIED RICE)**

Girl Scouts



Office Manager
Cindy Kitade

**Office Project
Coordinator**
Jennifer Nitta

Front Desk Staff
Kellie Morioka Sato

Betsuin Office
(916) 446-0121

**Sangha Helpers
(October)**

Nancy Hashimoto
Meriko Hoshida
Shirley Kato
Eva Kawada
Janet Kawamura
Jane Komure
Nancy Noguchi
Lynn Sunahara
Virginia Uchida

Girl Scout Troop 569 *presents*

**Fall
Crafts Fair**



Dec. 4, 2022

10 am - 12 pm

Sacramento Buddhist
Church Courtyard
2401 Riverside Blvd.

**Unique Handmade Crafts
Great Stocking Stuffers
Fun Gifts for Everyone!**

Itadakimasu

While my hashi brings the cucumber morsels to my mouth, I gaze out my window and notice the cucumber plant is now beginning to wither. It had weathered the summer heat, the rare torrential rain and the occasional smoke that filled the air to give us an abundant crop of beautiful crisp sweet fruit.

In the spring my husband had planted the seed with care in a place it would get enough sun. He nurtured the plant with water and nutrients. He tended his mini garden daily and smiled as the flowers became fruit. If he missed picking one for a day or two, he would laugh at the gigantic fruit that had hidden in the foliage.

But now the cooling autumn breeze and the longer nights were bringing an end to the vegetable garden. The plant had fulfilled its destiny to provide its fruit. As I crunch down on the cucumber slices, I realize it had done it all for me. Namanda.

Gochisosama.

Stay in Touch



Stay in Touch

with the Buddhist Church of Sacramento

We frequently update our website **BuddhistChurch.org** with videos, information about events and more.

We're on Facebook!

@buddhistchurchofsacramento



Use Amazon Smile Link to Support the Sacramento Betsuin

amazon smile

Shopping on Amazon is an easy way to benefit the Sacramento Buddhist Church. Just go to this link to get started — <http://smile.amazon.com/ch/94-1243674> — then return to smile.amazon.com when you shop. Making qualified purchases benefits the temple at NO EXTRA COST to you. Please bookmark the link and tell all your friends. The temple gets a percentage of all qualified purchases. It doesn't cost you anything.

Reminder: Please visit smile.amazon.com when you shop (not amazon.com). You will need to manually turn on AmazonSmile if you shop using the Amazon mobile app. Also, you may have to periodically update your Amazon Smile preference for the Buddhist Church of Sacramento if you no longer see the temple listed with your account. Thank you for your support!

Where Does Your Donation Go?

Brian Hatano

When you donate to the Buddhist Church of Sacramento, your tax-deductible contribution helps support the operation, maintenance and many programs of the temple. Likewise, your membership dues and income generated from our annual Bazaar in August help sustain the church throughout the year. Donations to the temple are placed in the General Operating Fund. You also may direct your donations to the church to benefit one of our many programs, such as Scouts, Dharma School, ABA, SBWA, Minister Assistants, or for a capital expenditure project.

You may also contribute to the Legacy Endowment Fund, which is a long-term investment in which the principal remains untouched — only the interest generated is used. The fund is managed by financial professionals and the LEF Board. Contributions to the fund help fulfill these needs in a timely manner without undertaking major fundraising or depleting general operating funds. Specific needs include:

- Educational programs/scholarships for members, ministers, ministerial candidates plus perpetual or periodic scholarships
- Eitaikyo: Renovation and general maintenance of the temple shrine.

Of course, cash and checks are greatly appreciated, but your donations can be in the form of automobiles, and of distributions from IRAs, stocks and bonds. We also can take credit cards in the office. Click on the Amazon Smile logo on our website to enable the Betsuin to get a commission on your purchases on Amazon. Thank you for your ongoing support of the Buddhist Church of Sacramento. Because of your generosity, we have a vibrant and active Sangha — one of the largest in the Buddhist Churches of America organization. Our rich legacy began with our founding in 1899, with the mission to sustain the temple for the present and generations to come.



サンガ



～11月の予定～

11月 6日 10時半 祥月法要

11月 13日 9時半 報恩講

菅原祐樹開教使

理事長のメッセージ

新田ゴードン

10月に予定されていた菅原先生の別院での最初のサービスが中止になったことで皆様はさぞかし落胆されたことと思います。ポートランドからサクラメントに経つ前日に菅原先生の妻南海子さんと娘の葵ちゃんがポジティブと判明し、菅原先生と息子輝君はネガティブでしたが、大事を取って今回の予定を中止することに致しました。そして改めて11月に先生をお迎えすることに致します。10月16日の菅原先生の法話はオンラインで聞くことが出来ます。

菅原先生の歓迎レセプションはもう一度やり直すことになりましたので、別院から配信されるEメールを見逃さないようお願い致します。

別院からメールを定期的に受信するには、別院のウェブサイト：buddhistchurch.orgでスクロールダウンして「Subscribe for Updates」にて自分のEメールアドレスを書き入れて下さい。 ㊗

Welcome Back!

パンデミックの始まる前まで、別院のサンガ郵送のお手伝いを毎月していた「サンガ。レイディース」が10月より別院に復帰しました。長年、郵送のお手伝いをして来た人、新しく参加された人などに心から感謝いたします。又、毎月サンガ・ニュース作成に関わっている別院事務所のシンディ、ケリー、ミカ、編集を担当しているクリフ・アダムス、網岡アン、日本語ページの廣田勝子の皆さんに心より感謝を表します。(敬称略)

前号でも述べましたが、別院周辺の治安が変わってきている事に気が付かれたことと思います。別

院では再開し始めた約一年前から、お葬式、メモリアルサービス、早朝や夜のアクティビティ、青少年のミーティング、特別イベントなどに警備を提供してきました。

来る12月4日(日)別院で(10時-1時)「テリヤキ・チキンボウル」ファンドレイザーを行います。収益は警備員雇用費に充てられます。チキン・ボウルは各10ドル。注文は11月26日午後11時59分までに別院ウェブサイト、又は、以下のQRコードを利用されるとオンラインのサイトに直ぐ繋がります。➡

当日売りも用意されますが数に限りがあります。又、会館に椅子とテーブルを用意しますので、その場で食べることも出来ます。カブ・スカウト50が飲み物、ガールスカウト569隊は手芸品を売る予定です。ウェブサイトやフェイスブックにフライヤーを掲載しますのでお見逃し無ないように。



婦人会ニュース

小牟礼ジェーン

11月13日の報恩講サービスが終わりましたら、婦人会から枝豆ご飯を皆さんにお配りいたします。そのあとすぐに総会を開催し、続いて理事会を行います。皆様どうぞご参加して下さい。この日は婦人会のメンバーにとって大変忙しい日となります。

10月14日-16日婦人会連盟大会がオンラインで開催されました。以下のようなワークショップ：議会法(河野ゲール)、ヨガ、カードの作り方、お話しを通してグラスルーツを育成、仏教と私(パネルディスカッション)、慈悲を実行する、料理教室など大変好評でした。オンラインでの大会は大変難しいのですが、大会のコミッティーと伊藤スチュワートさんの協力で素晴らしい出来栄でした。

10月7日婦人会の有志はバレーホからフェリーでサンフランシスコのフェリー・ビルディングへ、そこからピア39でランチ、好天気恵まれ楽しい1日を過ごしました。

最後に10月の理事会で婦人会に男性の入会を許可する旨会則に追加することが可決されました。