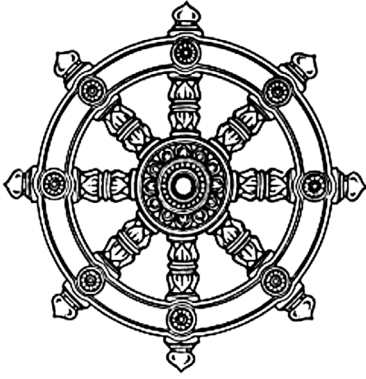


**Resident
Minister**
Rev. Matt Hamasaki



This month we are observing the Eitaikyo service. It can be translated as “perpetually chanting the sutras” service. That doesn’t mean that we have to chant perpetually without stopping — rather that we reaffirm our goal to spread the teachings indefinitely. We simultaneously look back at and thank the members who contributed to ensure the future of the temple for generations while reinvigorating our motivation to propagate. This promise is a spiritual decision, but from the practical side, when a member passes away, the family honors the wishes of the deceased to help the temple propagate in perpetuity by donating to the Eitaikyo fund.

Because, as humans, we experience time linearly, it is easy for us to forget about the past or the future and it is impossible for us to be aware of it all the time; the dharma, though, is always present and everlasting. Imagine if you are driving down a highway on a long road trip. Just because we are no longer at the gas station where you filled up, it doesn’t mean that it ceases to exist. You can’t see it, or hear it, or feel it, but it’s still there. In the same way, even though we are in a particular moment in time, it doesn’t mean that the past is gone. The past continues to influence the future whether we understand it or not.

The Buddha is always there for us, trying to help us along the way. Since we can’t see it thanks to our self-centeredness, we need different practices to be able to catch glimpses of the Buddha. One practice is record and look back on the past to help us remember that it’s there. It is a time to put our thoughts on how much people have given to have the temples we have today and how we can contribute to keep the temple going.

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SANGHA

Sacramento Buddhist Church
Volume 59 Number 10 - October 2022

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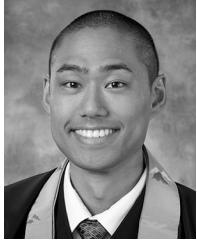
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President's Message

Gordon L. Nitta



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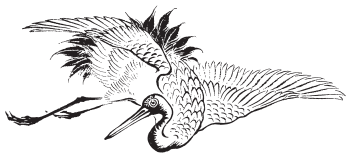
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Sacramento Buddhist Women's Association

Jane Komure
Executive Council



Legacy Endowment Fund

Gayle M. Kono

The temple staff, Executive Committee, Board of Trustees, Karen and I are happy that the new Dharma School year has brought back some semblance of the past, with long-missed "normal" activities of the temple.

My own family has come full circle with temple participation, as many of your families have or will do in the future. Our granddaughter, Isla, started Dharma School as a kindergartner this fall. She will also be a Daisy in our temple-sponsored Girl Scout Troop 569. My wife, Jennifer, was a leader with the troop for 20+ years, and my daughter, Samantha, Isla's mom, earned her Gold Award with Troop 569. Sammie will be returning as Daisy troop co-leader for Isla's troop. Sammie's husband and Isla's dad, Matt, recently joined the Betsuin's Technology Committee. Our son, Matthew, attained his Eagle Scout rank with our temple-sponsored Boy Scout Troop 50. He is currently one of the Jr. YBA's advisors, as well as a member of the Board of Trustees. Jenna, Matthew's wife, is one of our senseis for Bon Odori and both are Dharma School teachers.

As always, I hope all of you are doing well as we travel this constantly changing path through COVID. It seems just when we think we can let our guard down a tiny bit, a new variant rises up. Please keep current with the available prevention resources: the third COVID booster and flu shots are available. We will continue to safeguard your health and safety here at the Betsuin by implementing reasonable precautions.

Of course, we will also relax precautions as times warrant. To that end, I am pleased to let you know that the Joint Committees of Church Usage and Reopening recently moved forward with re-implementing the traditional otoki option for families. Last fall, our first step was to offer families the option to have a "bento box to go" otoki. Now, we can offer the Kaikan to families so they can once again plan a traditional gathering after their services. The changes that come along with this reopening step are 1) for social distancing purposes, the capacity for the Kaikan is limited to 200 guests, and 2) coordination of the otoki details is now up to each family. For more information, please contact the Betsuin office, (916) 446-0121 or BetsuinOffice@gmail.com.

One very positive development that came to us through the pandemic is our Thursday Night Health & Wellness Series. You most likely have seen our "ads" each month for the sessions offered via Zoom. Reverends Patti and Bob have done a tremendous job with finding wonderful, engaging speakers who share their knowledge to help us develop healthy, mindful, and yes, happier ways of living! Each month, dozens of participants join us virtually from here in our own neighborhoods and also from cities and states far away. We really appreciate being able to provide such a positive way for people to connect with each other!

If you are looking for a nice, low-key, in-person wellness activity, you might consider coming out on Wednesday and Friday mornings to join Nancy Hashimoto and the ABA Morning Stretch (9:00–9:30) and ABA Tai Chi (9:30–10:30) groups! We were very happy to welcome them back a few months ago and Nancy encourages former and new members to come by and join in. For more information, please contact the Betsuin office.

Purposefully and steadily, we are making our way back from all being isolated from each other for so long. I encourage you to join us, virtually or in person, and enjoy connecting/reconnecting with the Betsuin community! I know I will see all of you during this new Dharma School year — as you add more chapters to your families' stories at the Buddhist Church of Sacramento.

Welcome to new members, Beverly Shimizu and Janice Nishimoto! Recently, SBWA has been very active in our contributions to community service and also having fun getting acquainted with new members. On the fun side this month, Misa Oshiro opened her home for a barbecue. Unfortunately, it was held on one of the hottest days of the summer, so the outdoor barbecue was moved inside. The potluck was delicious and people ended up exchanging recipes. Prior to our barbecue, Misa showed us how to make Halloween cards. It was a fun day with great food.

For community service, SBWA participated in the Asian Community Center's 50th Anniversary Walk-a-thon. Wayne Kurahara was instrumental in putting this event together. SBWA had a team of 27 people who walked and also volunteered to man one of the check point stations. A picnic was held afterwards. It was a successful event.

On October 14–16, the Federation of Buddhist Women's Associations Convention will be Zoomed from our Betsuin, with the help of Stuart Ito.

Our next board meeting will be held on October 5.

About five miles south of the Betsuin, there are some homes that do not look like your traditional Sacramento houses. If you travel a few blocks east on Broadway, turn right on Land Park Drive and go past the zoo, through the South Land Park Hills and past the post office, you will arrive at an Eichler subdivision.

The builder of these homes was Joseph Eichler, who was born in 1900 in New York. He built 11,000 tract homes in Southern California and Northern California in the 1950s and 1960s. In Sacramento, 143 homes were planned in South Land Park on South Land Park Drive, Fordham Way, Oakridge Drive and east to Eichler Drive. Jones and Emmons

Legacy Endowment Fund (Continued)

おかげさま

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ABA Keiko Jean Kashiwada
Legacy Gayle Kono
Bazaar Karen Adachi
Girl Scouts Arlene Kwong

2022 Family Memorial Service Schedule

were the architects. There were four floor plans to choose from. All were one-story homes with 3-4 bedrooms and 2 baths, an all-purpose room, and a two-car garage. The homes sold for \$19,000 in 1955 and 1956.

Eichler homes are known for their commodious design and innovative yet affordable construction techniques. They have minimal ornamentation, a flat or low-pitched gabled roof, muted colors and small windows in the front that ensure privacy but allow natural light in. Like the mullet, the party is in the back, where floor-to-ceiling windows bring the outside in.

Eichler homes also are known for mahogany walls that give the house a warm feeling, post and beam construction, and radiant floor heating that uniformly heats the rooms. In the Bay Area, many had a covered atrium, blurring the line between outside and inside.

Joseph Eichler was inspired living in a home designed by Frank Lloyd Wright. Eichler wanted to create functional, beautiful homes for the middle-class masses. Although there are now many Eichler aficionados, back in the 1950s, Sacramentans did not really take to mid-century modern design. Sales were slow and only 62 of the 143 homes were built. Sadly, the project stopped before any homes were built on Eichler Street.

Eichler had a commitment to selling homes to people of color when other builders refused to do so. In 1955, housing discrimination was not illegal. In fact, the National Association of Real Estate Boards and California Real Estate Association openly opposed fair housing laws.

According to Ocean Howell, an associate professor at the University of Oregon, Eichler held egalitarian ideas but was afraid to integrate a tract because it could harm or destroy his business. But he bit the bullet and put his ideals into practice. In Los Angeles, he sold a home to Franklin Williams, lead counsel for the West Coast chapter of the NAACP, his first African American buyer. In the Bay Area, he sold to a nonwhite buyer. When one homeowner complained, Eichler offered to buy back the house and promptly resold it. Little by little Joseph Eichler began to integrate previously segregated neighborhoods.

He had a policy to sell to any qualified homebuyer regardless of race, ethnicity, or religion. He organized California's convention on housing issues. He helped write California's fair housing law and he testified before the U.S. Commission on Civil Rights. In 1958, Eichler resigned from the National Association of Home Builders when it refused to support a nondiscrimination policy.

Joseph Eichler could have chosen to empathize silently with those who were discriminated against. Instead, he took action and began selling to any qualified homebuyer even when it meant jeopardizing his business. He spoke in favor of, and drafted, fair housing laws.

Compassion has been described as taking action to help alleviate suffering. Is there something that you feel strongly about? What is one small step that you can take to help? If we each do just a little each day, over time our collective efforts can create monumental changes for the better.

The Legacy Endowment Fund (LEF) was established to cultivate, promote and sustain the Jodo Shinshu tradition in the Sacramento region. Those who wish to further their understanding of the Jodo Shinshu Buddhist teachings or who wish to promote the teachings can request funding by filling out an application that can be found on the LEF page on the church's website. Thank you to those who have donated to the LEF to make funding possible.

Traditionally, family memorial services are held for loved ones on designated anniversaries. These are precious occasions to honor the treasured memories of our beloved ones and to realize how fortunate we are to be embraced by Amida Buddha's light of wisdom and life of compassion.

Table with 4 columns: Year of Death, 2022 Memorial, Year of Death, 2022 Memorial. Rows include years 2021, 2020, 2016, 2010, 2006 and 1998, 1990, 1973, 1923 with corresponding memorial years.

Condolences to the Family of Randall Ishida.....July 19, 1952-August 18, 2022. Includes lotus flower icons.

2022 Drive Thru Bazaar

Karen Adachi



At the time of this writing, our bazaar coordinators and more than 200 volunteers were gearing up to embark on a weekend of hard work and fun as they prepared for the first-ever Drive Thru Bazaar. While the number of volunteers on the church grounds for the Drive Thru Bazaar was only a small fraction of the number of volunteers we typically had for our Annual Food and Cultural Bazaar, it was so good to have so many people back together working for a common cause.

The church's annual operating budget relies heavily on the funds produced through the hard work of so many people at our annual bazaar. Although we don't expect to bring in as much revenue from this year's Drive Thru Bazaar, we appreciate the patronage from all our supporters who purchased food and merchandise. We are especially grateful to the generous donors who sent in direct donations to the bazaar. Your donations have really helped make this fundraising effort a success!

The merchandise orders that were placed by the September 23 deadline will be ordered and it is anticipated that we will receive the items in November. Once the merchandise has been received and sorted, those who ordered merchandise will receive an email notifying them of the time/date we will have a drive thru pickup of the merchandise. Those requesting that their orders be shipped will also receive an email notifying them when their orders are shipped.

Thank you to everyone for another successful bazaar. We hope to return to our Annual Food and Cultural Bazaar next year.

Adult Buddhist Association

Keiko Jean Kashiwada

ABA is slowly and carefully getting back to our normal activities. On September 11, ABA provided assorted sandwiches and chips, along with coffee, tea, water and soda to those who attended service. ABA will provide treats each second Sunday of the month. Please come out and meet the ABA Board members and consider joining ABA. A picture of some of our board members is included with our article.



Thank you to the following board members featured in the picture. *Front row, from left:* Carolyn Murata, Michael Ota, John Yoshikawa, and Ruth Seo. *Back row, from left:* Stephen & Jean Kashiwada, Elaine Yoshikawa, and Virginia Uchida.

ABA had its "Oldies but Goodies Dance" on October 1. Due to COVID restrictions, the event was limited to 200 attendees and was enjoyed by all who attended. More than half of the tickets were sold the first few days after they were printed up! Thank you to Elaine Yoshikawa for overseeing the refreshment menu and to John Yoshikawa for securing the DJ, printing up tickets, and reserving the Kaikan, kitchen and security. Thank you again to the ABA Board members who helped prepare the refreshments at the church and provide food items from home for the dancers to enjoy. Thank you to Martha Kushida and Carolyn Murata and their committee for taking care of the decorations and to Stephen Kashiwada for collecting tickets.

Until next month ... stay healthy and safe!

Sakura Gakuen

Masako Thomas
Adult Class Dean



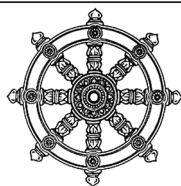
The fall semester started for Japanese classes. Monday adult classes continue to be virtual Zoom classes. This year, we have seven Sacramento Buddhist Church members who joined the adult classes.

If you know some Japanese, you can join the ongoing class. Church members receive a discount price.

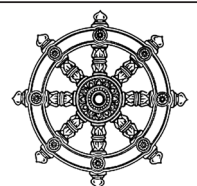
For the youth program, please contact the youth dean at tomomi.sakuragakuen@gmail.com.

Monday Adult spring semester is from 8/22 to 12/19/2022. Contact the adult classes dean at thomas@sakuragakuen.org.

Please check our Sakura Gakuen website for the details at <https://sakuragakuen.org>.



Welcome New Members



Bailey Humes

Thursday Night Health & Wellness



Weekly Yoga Via Zoom

30 Verses on Representation Only (Bodhisattva Vasubandhu) Rev. Yuki Sugahara Oregon Buddhist Temple

Join us for these friendly, informative sessions. Ask questions and learn about steps you can take to ensure a healthy and happy life for yourself and those around you!

Please sign up at BetsuinPrograms@buddhistchurch.org
Buddhist Church of Sacramento, 2401 Riverside Blvd., Sacramento, CA 95818-2233

Jog Your Memory! The Aging Brain and Cognition Thursday, October 20, 2022 - 6:30 p.m.



Marissa Yee
Speech Language Pathologist
MA CCC-SLP, CBIS

Interested in learning something new?
The Yoga for Health class is designed for any age and physical condition.

Join us for weekly yoga classes with Bob Matsueda via Zoom every Wednesday, starting again on October 5 at 7 p.m.

During the month of October, Bob will be training in India. We will be showing reruns.

For more information and the Zoom link, contact betsuinprograms@buddhistchurch.org.



**October 18, November 29, December 27,
January 24, February 28, March 28
7 p.m. via Zoom**

Yogācāra, often translated as Consciousness Only (J:唯識Yuishiki), is one of the main streams of Mahayāna Buddhism along with Mādyamika (Middle Way). Since one of my teachers preferred the translation Representation Only rather than Consciousness Only, I will use the translation Representation Only in this series.

Representation Only often is referred to as Buddhist Psychology because its uniqueness is to understand how our mind works from Buddhist perspective. The Thirty Verses on Representation Only written by Bodhisattva Vasubandhu (around 400–480) is one of the best texts to study the understanding of Representation Only and I hope we are able to deepen the understanding of Mahayana Buddhism together through this course.

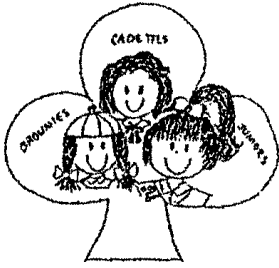
Lecture Schedule

- Lecture 1: Introduction, Verses on Taking Refuge
- Lecture 2: Verses 1–7 Working of Ālaya and Manas Consciousness
- Lecture 3: Verses 8–16 Thought and Five Senses
- Lecture 4: Verses 17–19 Mechanism of Perception in Representation Only
- Lecture 5: Verses 20–25 Three Nature, Three Non-Nature Theory
- Lecture 6: Verses 26–30 Steps of Practices

Please RSVP to BetsuinPrograms@buddhistchurch.org.



Girl Scout Troop 569
Arlene Kwong



Girl Scout Troop 569 leaders met on August 26 to welcome new leaders and to discuss plans for the scouting year. This year is also Troop 569's 30th anniversary with the temple! With COVID still present, precautionary measures continue at the Betsuin and those numbers are being monitored for possible larger in-person activities. Some troops are meeting with safety measures (masks, outdoors, sanitizing, and social distancing) in place.

The following dates have been reserved for these major in-person events:

- Investiture/Rededication Ceremony: November 4, 2022 in the Kaikan at 6:30 p.m.
- Thinking Day Event: March 17, 2023 in the Kaikan at 6:30 p.m.
- Bridging Ceremony: May 5, 2023 in the Kaikan at 6:30 p.m.

During the summer, the 2021/22 Girl Scout Troop 569's Ambassadors 2 finished out their Girl Scout careers with an overnight trip to San Francisco. Unfortunately, COVID concerns resulted in three of the five members being unable to travel. The remaining two girls who were able to attend had a blast going to Fisherman's Wharf, the Palace of Fine Arts, and shopping in Japan Town. By the time you're reading this, all will have started college, with some having started even in August! The troop had leftover funds which they decided to donate to WEAVE. They are very grateful for all the great memories they have had with Troop 569 over the last 13 years!



Troop 569-30 learned how to cultivate succulents. With the drought, climate change, and a record high of 116 degrees on September 6, 2022, these succulents are perfect for Sacramento gardens.



Where Does Your Donation Go?
Brian Hatano

When you donate to the Buddhist Church of Sacramento, your tax-deductible contribution helps support the operation, maintenance and many programs of the temple. Likewise, your membership dues and income generated from our annual Bazaar in August help sustain the church throughout the year. Donations to the temple are placed in the General Operating Fund. You also may direct your donations to the church to benefit one of our many programs, such as Scouts, Dharma School, ABA, SBWA, Minister Assistants, or for a capital expenditure project.

You may also contribute to the Legacy Endowment Fund, which is a long-term investment in which the principal remains untouched — only the interest generated is used. The fund is managed by financial professionals and the LEF Board. Contributions to the fund help fulfill these needs in a timely manner without undertaking major fundraising or depleting general operating funds. Specific needs include:

- Educational programs/scholarships for members, ministers, ministerial candidates plus perpetual or periodic scholarships
- Eitaikyo: Renovation and general maintenance of the temple shrine.

Of course, cash and checks are greatly appreciated, but your donations can be in the form of automobiles, and of distributions from IRAs, stocks and bonds. We also can take credit cards in the office. Click on the Amazon Smile logo on our website to enable the Betsuin to get a commission on your purchases on Amazon. Thank you for your ongoing support of the Buddhist Church of Sacramento. Because of your generosity, we have a vibrant and active Sangha — one of the largest in the Buddhist Churches of America organization. Our rich legacy began with our founding in 1899, with the mission to sustain the temple for the present and generations to come.

Articles for the SANGHA are due on the 15th of each month. Late articles will be published in the following month's issue. When sending articles, please send email to: Sangha@buddhistchurch.org with a cc to: betsuinoffice@gmail.com and inform the church office at (916) 446-0121. Please include the author's name. Thank you.



サンガ



理事長のメッセージ

新田ゴードン

ダーマスクールの新学期が2年振りに再開し、お寺が平常に戻りつつあることを感じて大変嬉しく思います。

私の家族はお寺のアクティビティに平常通りに参加するようになりました。孫娘の Isla は今秋からダーマスクールの幼稚園に入り、同時にガールスカウト #569 隊の Daisy になります。妻の Jennifer は 20 年以上、この隊のリーダーを務め、娘の Samantha (Isla の母親) はゴールド章を取得しています。Samantha はこの度この隊の共同リーダーを務めることになりました。Samantha の夫 Matthew は最近別院のテクノロジー委員会に入りました。息子の Matthew は別院ボーイスカウト 50 隊からイーグルスカウト章を取得しています。彼は現在ジュニア YBA のアドバイザーの一人で、また別院の理事も務めています。Matthew の妻 Jenna は盆踊りの先生とダーマスクールの先生をしています。

Usage & Reopening Committee は今まで中止されていたお齋の再開に踏み切りました。去年の秋にお持ち帰りのお弁当をお齋の代わりに取り入れましたが、これからは通常のお齋が出来るようになります。但し、次のような条件があります。

- 1) ソシアル・ディスタンスを守るため会館に入る人数は 200 人まで。
- 2) お齋の手配は当事者に任せることとするが、質問がある場合は別院事務所 (916-446-0121) 又は betsuinoffice@gmail.com へ連絡のこと。

パンデミックの間に起こったポジティブなことといえば「Thursday Night Health and Wellness Series (木曜日の夜の健康とウェルネス・シリーズ)」でしょう。大下先生とパテイ先生のお陰で、毎月優秀なスピーカーによる健康に関する講演会シリーズを開始したことです。

又、健康維持のためのストレッチ体操やタイチーに興味がおありでしたら、数か月前から毎週金曜日 (午前 9 時—9 時半) 橋本ナンシーさんの指導で ABA グループによる「朝のストレッチ」、毎週金曜日 (午前 9 時半—10 時半) に ABA グループによるタイチー・クラスが開かれています。詳細は別院事務所にご連絡下さい。

徐々に平常に戻りつつありますので、長い間絶たれていたお寺での交流や親睦を再開するためには是非お出かけ下さることをお勧めいたします。

婦人会ニュース

小牟礼ジェーン

新会員歓迎!

清水ベバリーさん
西本ジャニスさん

当婦人会はこのところコミュニティ・サービスと新会員との交流のなど活発な活動を行っています。楽しいことと言えば、大城ミサさんがバーベキューをするために自宅を開放、当日は生憎と今年最高の猛暑の日で、家の中に移動してポットラックを楽しみ、レシピの交換などを行いました。また、ミサさんがハロウィーン・カードの作り方を教えてくれました。とても楽しい1日でした。

コミュニティ・サービスの一環として ACC50 周年記念の「オハナ・ウオーク」に 27 名が参加、婦人会はチェックポイントのブースでもボランティアしました。ウオークの後 ACC でピクニック・ランチとハワイアン・バンドのエンターテインメントがあり、好天気恵まれて楽しい1日を過ごしました。

10月14-16日：婦人会連盟大会がズームで開催されます。



次回理事会は10月5日です。