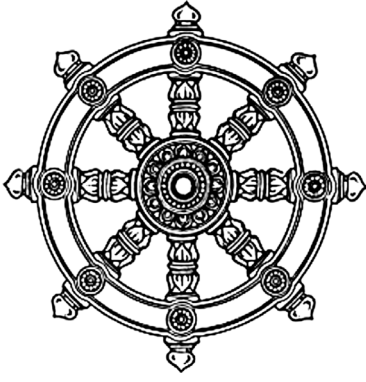


**Resident  
Minister**  
Rev. Matt Hamasaki



**A**t the time of writing this, we are in the middle of another heat wave with temperatures rising above 100 degrees. Luckily, though, I can always count on the Delta breeze to cool us off as it gets into the evening. I had never stopped to think before about what exactly the Delta breeze is or why it is able to bring us cooler temperatures so consistently. Perhaps I was too busy enjoying it that I didn't question, and maybe you were like me and didn't think about it until now. Or maybe you did know in which case, I congratulate you and you can skip to the end.

I looked in general to what causes the wind to blow in any particular direction. It has to do with many different factors, but one of the biggest ones is that air travels from high pressure areas to low pressure areas. This is the natural action of nature balancing itself out. Just like osmosis where a liquid of a high concentration moves across a semipermeable membrane to the side of the lower concentration until the two sides are of equal concentration.

What creates this difference in air pressure, more often than not, is the change in temperature. The summer weather heats the land at a quicker rate than the ocean. Since it's hotter on land, the air pressure is lower and the cool air above the ocean, which is higher, naturally wants to come inward. The pathway to the Valley is through the Delta, which pulls the air eastward and then disperses it throughout the Valley, cooling everyone down. And that's why it's called the Delta breeze!

(Continued on page 2)

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# SANGHA

**Sacramento Buddhist Church**  
**Volume 58 Number 9 – September 2021**

**Sacramento  
Betsuin**  
2401 Riverside Blvd.  
Sacramento, CA 95818  
(916) 446-0121  
(916) 446-1866 FAX  
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buddhistchurch.org

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## Resident Minister (Continued)

## President's Message Gordon L. Nitta

**Office Manager**  
Cindy Kitade

**Office Project Coordinator**  
Jennifer Nitta

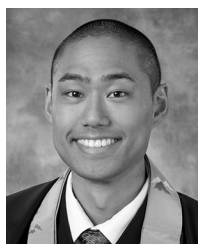
**Front Office Coordinator**  
Mika Matayoshi

**Front Desk Staff**  
Kellie Morioka Sato

**Betsuin Office**  
(916) 446-0121

## Legacy Endowment Fund Gayle Kono

おかげさま



Reverend Matt Hamasaki  
(916) 926-2221  
RevMatt@buddhistchurch.org

In life, we can also get heated. Not in the literal sense where our temperature goes up very high, but we can get upset, frustrated, angry (although it may seem like sometimes steam comes out of our ears!). What Buddhism teaches us is, just like nature, naturally we do not want to feel that way. However, not all of us have a "Delta" built into us that will help channel our frustrations into peace. Luckily, we are given the nembutsu practice which will help us get to that point. When we can rely on the practice rather than ourselves, it helps direct our anger into gratitude. Of course, this isn't something that happens overnight, but with continued reliance, we can cut down the time and energy it takes to get there so, like the breeze, we can cool off without even thinking!

Nineteen months into the COVID-19 pandemic, most all of us have lost a family member to it, know of someone who passed away from COVID, have heard of someone who has passed away from COVID or someone who fell ill to it. I hope you are staying vigilant with preventative measures to stay healthy.

Temple-wise we continue to creep forward to opening the temple back up. Another Virtual Obon and Virtual Bazaar this year, but a small baby step toward reopening the temple with two in-person trial Sunday services. Thank you all of you who attended those services for cooperating with our mandatory mask-wearing mandate and showing proof of vaccinations. As long as we continue to be diligent protecting one another from the spread of COVID-19 and its variants, we can continue to move forward with opening the temple.

Remember as we plan dates for reopening our Sunday services, we will not hesitate to cancel in-person services if the surge of COVID cases continue to rise. Please be a part of our temple's move to reopen and stay open by following our requested mandates, one of which is wearing masks while in and around the temple.

September 12 will be our first reopening service at 9 a.m.

Thanks to all of you who watched and donated during our Bazaar at Home broadcast. It wouldn't have been so much of a success without the countless days and hours that were put in during the year by Karen Adachi, Stuart Ito, Koichi Mizushima, Sharon Ito, Brian Hatano, Kelly Gartman, Cindy Kitade and so many others. Their dedication to the temple and your commitment to the temple have kept the temple financially sound during our closure.

### Ohigan - A Time for Self-Reflection

Years ago, I realized that much of my life was spent trying to avoid unpleasant experiences. If I got an email from a disagreeable person, I would postpone opening it, thinking it would contain something that would upset me and ruin my good mood. The rest of the day, I fretted over what that email said. It became a dark cloud hanging over my head, growing bigger and more ominous by the hour.

When I finally gathered the courage to deal with it, I often found it was innocuous. I beat myself up for jumping to conclusions and worrying over nothing. Other times, it was as bad as I thought it would be, but I dealt with it. The feeling of relief and accomplishment I felt afterwards was so gratifying.

Our thoughts can create problems that do not exist. When I make a conscious effort to become aware of this, I am better able to realize that it is just a thought and not necessarily reality. I try to be aware of the thought, be nonjudgmental about it and then reframe it so it does not negatively affect my feelings. "Get curious, not furious" is my goal. It is not easy.

When I have a *kimochi warui*, a bad feeling, I try to figure out what is causing it. Most of the time, I realize it is caused by my own thinking, not an external source. Admitting I am the source of suffering is not an easy thing to do; nor is realizing that my perceptions, knowledge and awareness are limited and oftentimes distorted.

Jodo Shinshu does not require that I become a selfless, perfect, kind person in order to be touched by Amida's infinite wisdom and compassion. In fact, it is precisely because I am selfish, imperfect and evil that I can be saved by Amida *sono mama* or *kono mama*, just as I am. Nothing that I think, say or do makes this possible. It is entirely Amida's gift.

Does that mean we can be as bad as we want to be? Once we understand what is true and real, our gratitude for this life expands and deepens. This appreciation will steer us away from intentionally being hurtful. Self-reflection, as painful as it might be, helps us realize this. It also helps us tap into the strength and resilience within to get through whatever difficulties life brings our way.

Ohigan is a good time to consider the six paramitas and start a self-reflection practice or to renew our commitment to the Dharma. The Legacy Endowment Fund (LEF) supports Jodo Shinshu Buddhist education programs, as well as scholarships for students. To request funding or to support the LEF, please visit [www.buddhistchurch.org](http://www.buddhistchurch.org) and click "Legacy Endowment Fund" from the Menu.

**Sacramento  
Buddhist  
Women's  
Association**  
Barbara Nakatomi

**2021 Bazaar  
At Home  
Edition**  
Karen Adachi



**Sangha Staff**

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Editor (Japanese) Katsuko  
Hirota

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SBWA Barbara  
Nakatomi  
Legacy Fund Gayle Kono  
ABA Keiko Jean  
Kashiwada  
Golf Committee Richard Kai  
Virtual Bazaar Karen Adachi  
Dharma School Valerie Fong  
Girl Scouts Patti Oshita  
Corlene Goi

Hello Sangha Members,

The second annual Bazaar@Home is a wrap. Thank you to all the donors. And also a big thank you to all those who participated behind the scenes to bring the entertainment contributions of the fabric that makes up our beautiful community. Those whose expertise brings a programming that is second to none and whose volunteerism shows us the meaning of oneness. It's collective magic on a huge scale.

We don't know what the future holds, but it is for sure that as a community and as a sangha, we will rise together in oneness to bring forth what is necessary to keep our community vibrant.

Namo Amida Butsu.

Heartfelt thanks to all who supported our 2021 Bazaar At Home Edition fundraiser through generous donations and/or purchases of bento or merchandise. At the time of this writing, I am still basking in the excitement as our livestream program aired yesterday. Besides excitement and pure exhaustion, I am feeling a deep sense of gratitude for the outpouring of donations and support we have received from our sangha and our bazaar community.

Our Bazaar@Home committee began our journey back in February. Because we were celebrating our 75th Annual Bazaar (albeit virtually), it was our goal to express our gratitude to the temple and our bazaar by developing a program that will honor our sangha members, our supporters, and the rich history of our bazaar and our temple. The list of people and businesses we could have honored in our program was so long, that it was impossible to feature everyone, so we tried to provide a variety of stories. If you did not have a chance to see the live program, we have posted a link to a recording of the program on our website ([buddhistchurch.org](http://buddhistchurch.org)).

Although our core Bazaar@Home committee was small and mighty, when you look at the list of participants below, you will be amazed at how many people were involved in the making of this program. Thank you to ALL the participants!

I wanted to personally recognize some people who have put in long and sometimes challenging and frustrating hours throughout our journey. To our program hosts Koichi Mizushima and Sharon Ito who made the program look so easy, thank you for the many hours of preparing, recording, and sometimes re-recording interviews. You entertained all the viewers with your ad-lib banter when we had technical difficulties throughout the live broadcast. To our program directors/editors/engineers Stuart Ito and Kelly Gartman, thank you for the countless hours (in the hundreds for sure), of time spent on editing video, re-editing video, and adding/changing the graphics. While Sharon and Koichi were making the program look easy, you were in the background sweating as you tried to fix the technical problems we were having. It was quite a challenge to mix the live part of the show with the pre-recorded videos, while bringing in off-site participants, and running the live graphics and ever-changing donor slides. Stuart and Kelly were truly the backbone of this production.

Thank you to Brian Hatano who was our media expert, submitting articles to local newspapers, posting ads on Facebook, and keeping our church website up-to-date. Thank you to Audrey Seo, Sandy Kataoka-Fong, and Sandy's daughter Stephanie Fong, for designing the posters and developing the commemorative 75th Annual Bazaar merchandise. Thank you to Michael Watanabe, for designing and monitoring the online ordering website for donations, merchandise and bento. Michael, along with Koichi Mizushima, Marty Sakata and Russell Oto, coordinated the bento prep and distribution. Thanks also to Mollie Oto, Gordon Nitta, Keith Kato and Sandy Kataoka-Fong for leading in the cooking and distribution for this part of the fundraiser.

Our bazaar merchandise should be ready for pick-up or shipping sometime at the end of September or October. If you placed an order for merchandise, please check your email (and perhaps your junk mail) for an update on pick-up times/date and shipping dates.

Thank you, everyone, for making our 75th Annual Bazaar a huge success!

**2021 Bazaar At Home Core Committee**

Sharon Ito – Host	Brian Hatano – Marketing
Koichi Mizushima – Host	Sandy Kataoka-Fong – Marketing, Merchandising
Karen Adachi – Executive Producer	Stephanie Fong – Graphic Design
Kelly Gartman – Director/Producer	Audrey Seo – Merchandising
Stuart Ito – Director/Producer	Michael Watanabe – Online Ordering

**Betsuin Office Staff / Phone Operators**

Cindy Kitade	Kelly Morioka-Sato
Mika Matayoshi	Jennifer Nitta

**Bento Production & Distribution**

Koichi Mizushima	Sandy Kataoka-Fong
Michael Watanabe	Mollie Oto
Marty Sakata	Keith Kato
Russell Oto	Gordon Nitta

## 2021 Bazaar At Home Edition (Continued)



### Program Participants

Merv Maruyama  
Congresswoman Doris Matsui  
Reverend Matt Hamasaki  
Osaka Ya:  
Linda Nakatani / Owner  
George Warren / Production  
Alan Kobayashi / Ukulele Club of Florin  
Alan Kobayashi / Bazaar History & Memories  
Dr. Jolene Nakao  
Kendyl Ito  
SBWA / Sushi Making Demo:  
Nancy Hashimoto / Demonstration  
Loleen Nakano / Narration  
Sensei Grace Hatano:  
Bryson Hatano / Production  
Cirby Hatano / Interview  
Sacramento Taiko Dan Youth Performing Ensemble:  
Sascha Molina  
Simmon Brito  
Angela Chow  
Marina McGough  
Ezrah Molina  
Chris Ramirez  
Chihiro Shin  
Drew Watanabe  
Jessica Yim  
Nokotsudo:  
Taylor Ito / Narration  
Stuart Ito / Producer  
Myra Okasaki / Background Music  
Rev Bob & Rev Patti Oshita / Consultants  
Allan Hoshida / Consultant  
Ted Yoshimura / Consultant  
Jim Watkins  
Betsuin Choir Quartet:  
Stephen Kashiwada / Tenor / Introduction  
Sue Ann Kashiwagi / Soprano  
Julie Kawaye / Alto  
Rod Nishikawa / Bass  
Myra Okasaki / Accompanist  
Merv Maruyama / Director  
Leann Castle  
North American Food Distributing Company, Inc.:  
Harley Inaba / President, Retired!  
Judy Inaba / Controller  
Jared Wong / Technical Assistant  
Tristan Brown  
Sakura Minyo Doo Koo Kai:  
Toshi Kawamura  
Ginger Herte  
Keiko Makishima  
Helene Nakamura  
Audry Nishi  
Sakaye Takabayashi  
Teresa Taranto  
Claire Yee

Julie & Troy Ota  
Binchoyaki:  
Craig Takehara / Owner Chef  
George Warren / Production  
Jr. Young Buddhist Association:  
Jennifer Goi, Co-President  
Cara Ishisaka, Co-President  
Kamryn Ichiho  
Miya Ikemoto  
Andrew Itagaki  
Justin Izumi  
Molly Maseba  
Andrew Matayoshi  
Ellie Mizushima  
Emma Saika  
Kara Shimazu  
Alyssa Shimizu  
Sydney Shinmoto  
Nicole Staggs  
Bryce Takaha  
Brian Hatano / Embraceable You:  
Bryson Hatano / Production  
Reiko Kurahara Tribute:  
Karen Adachi / Producer & Narration  
Myra Okasaki / Background Music  
Bonsai Demonstration:  
Lucy Sakaishi-Judd  
Eric Judd / Production  
Henry & Ellie Mizushima  
Aileen Niizawa-Morris  
Kiyō's Floral Design:  
Lisa Taira / Owner  
Forrest Taira  
Lenny Mizusaka / Cameo Appearance  
George Warren / Production  
Harry Noguchi  
Cub Scout Pack 50:  
James Cheng  
Dylan Huynh  
Rain Li  
Brandon Wu  
Den 10 Scouts  
Aaron Imura / Production  
ACC Senior Services (ACC):  
Darrick Lam / President  
Ted Fong / Photos  
Julie & Tricia Ota  
Cliff Adams & Jim Lopez  
Roy Imura  
Alexi Ishida  
Sakura Gakuen:  
Jeff Guidera  
Amiri Irish  
Linh King  
Daniel & Albina Taran  
Ben Wadsworth / Production  
East Wind Band:  
Roy Arimoto  
Dave Karacozoff  
Marty Leong  
Matt Hashimoto

## Free Shredding Day



**Saturday, September 25, 2021, 9 a.m.-1 p.m.**

On Saturday, September 25, 2021, ABA will be sponsoring a Free Shredding Day. A shredder truck has been contracted by ABA to provide on-site paper shredding in Quinn Alley (next to the church) from 9 a.m.-1 p.m., or until the truck is full. Church families and friends are welcome to bring bags and boxes of sensitive/confidential papers to be shredded on-site for no charge. Take advantage of this opportunity to clean out those file cabinets and boxes in the closet!

***The Adult Buddhist Association (ABA) invites church families and friends to a***

# Free Shredding Day

***Saturday, September 25, 2021  
9:00 am – 1:00 pm***

Bring your sensitive/confidential paper documents to be professionally shred on-site at the Buddhist Church of Sacramento (in Quinn Alley)



**Thursday Night Medical Series: 'Living Each Day Well'**



**J**oin us for these friendly, informative sessions. Ask questions and learn about steps you can take to ensure a healthy and happy life for yourself and those around you!

Please sign up at [BetsuinPrograms@buddhistchurch.org](mailto:BetsuinPrograms@buddhistchurch.org)  
Buddhist Church of Sacramento, 2401 Riverside Blvd., Sacramento, CA 95818-2233

**Understanding Alzheimer's and Dementia**  
Thursday, September 23, 2021 – 6:30 p.m.



**Kate Kriner**  
Alzheimer's Association Community Educator



**Promoting Community Wellness through Taiko**  
Thursday, October 21, 2021 – 6:30 p.m.



**Sydney Shiroyama**  
Occupational Therapist and graduate student at the Institute of Buddhist Studies



*Welcome New Members*  
*Keiji Takagi*



**2021 Family Memorial Service Schedule**

**T**raditionally, family memorial services are held for loved ones on designated anniversaries. These are precious occasions to honor the treasured memories of our beloved ones and to realize how fortunate we are to be embraced by Amida Buddha's light of wisdom and life of compassion.

Year of Death	2021 Memorial	Year of Death	2021 Memorial
2020 .....	1 year	1997 .....	25 year
2019 .....	3 year	1989 .....	33 year
2015 .....	7 year	1972 .....	50 year
2009 .....	13 year	1922 .....	100 year
2005 .....	17 year		

**11th Annual  
SBC Golf  
Tournament**  
Richard Kai



Articles for the SANGHA are due on the 15th of each month. Late articles will be published in the following month's issue. When sending articles by email, please send email to: [Sangha@buddhistchurch.org](mailto:Sangha@buddhistchurch.org) with a cc to: [betsuinoffice@buddhistchurch.org](mailto:betsuinoffice@buddhistchurch.org) and inform the church office at (916) 446-0121. Please include the author's name. Thank you.

The Sacramento Buddhist Church (SBC) Golf Committee extends its appreciation to each of the sponsors, raffle prize donors and players for their support of this year's golf tournament held at Dry Creek Ranch Golf Course on July 29, 2021. We would like to give our collective "thanks" to Chris Choe and his family for hosting the event's 150 golfers, and preparing the most delicious Japanese/Korean bento box lunch for the players, guests and tournament volunteers. The results of the tournament, such as the blind draw team's total scores and first and second place for the closest-to-the-hole contests, along with the photographs of the day's activities can be found on the temple's website at [www.buddhistchurch.org](http://www.buddhistchurch.org).

The committee was mindful of the COVID pandemic impact on the local community, and decided to focus on helping nearby Asian business owners as we planned for the return of the SBC annual golf event. As a result, it was decided to move the tournament to Dry Creek Ranch Golf Course, which is owned and operated by the Choe family, and to procure promotional products from Garage Champs, a local supplier owned by Derek Hironaka. Hopefully, this event and the participants of the golf tournament made a difference in their continued business affairs.

We wish to extend a giant "shout out" to the many tee box hole sponsors, and the individuals who gave cash donations and raffle prizes to the tournament. The committee understands that reaching its goal of raising funds for the temple's capital improvement account could not be achieved without their help and support. A recap of the information on the website is as follows:

- **Tournament Field:** 150 golfers played in this year's event, along with three entrants who were late cancels and donated their entry fee of \$125 to the temple's capital improvement account.
- **Bento Lunch Box:** The golf course prepared 172 bento boxes for the tournament's players, guests and volunteers.
- **Sponsors and Donors:** More than 110 generous tournament sponsors (Gold, Silver, Bronze; In Memory Of (IMO); individual and group hole sponsors) and cash and raffle prize donors, including:

**Gold Level Sponsors**

- Ameriprise Financial - Derek Seo
- Mike Dishno
- Nancy and Dennis Hashimoto
- Curtis and Emily Ishii and Family
- SBC Legacy Endowment Fund Board - Allan Hoshida
- Wayne and Lynn Kurahara and Family
- CASE Medical Group - Cheryl Lieu, M.D. and Kelvin Mark, O.D. (CASE sponsored three foursomes)
- Sakaishi Sisters (Helen Sakaishi, Judy Fukuman, Irene Sakaishi-Griffiths, DVM, Lucy Sakaishi-Judd)
- Woodcreek Wealth Management - Stanford Hirata

**Silver Level Sponsors**

- Mark Amioka
- Sacramento Buddhist Women's Association – Barbara Nakatomi
- Sacramento Adult Buddhist Association – Jean Kashiwada
- Reverend Marvin Harada

**Bronze Level Sponsors**

- Dick Fukushima
- Hoshida & Reyes - Allan Hoshida
- Myra and Dean Okasaki
- Sherman Iida
- The Sakata's - Marty, Kim, Tyler and Austin
- First Allied Securities, Inc. - Mark Frederick
- North American Food Distributing Co., Inc. - Judy and Harley Inaba
- Richard and Pearl Kai
- SBC Sports Committee

**Hole Sponsors**

- Brent Ishida, Kent Iwamura, Steve Miura, Steve Taketa
- Kelvin Mark and Cheryl Lieu
- Walsh Station Automotive Service - Rodney Kunisaki

**In Memory Of**

- Mike Nishio (Three IMOs)
- Janice Tahara (Two IMOs)
- George Kashiwagi (Five IMOs)
- Gregg Seo
- Lynn Furuike
- Billy Hatano
- Maro Sasaki
- Ginger Lee
- Tom and Amie Fujimoto
- Joe and Hisashi Urokogata
- George and Betty Kajioaka

## 11th Annual SBC Golf Tournament (Continued)



- Cash Donors: 19
- Raffle Prize Donations: 51
- Grand Prize Raffle(s) Donor: Robbie Midzuno - three-night and two-night stays at Lake Tahoe Vacation Resort
- Hole-in-One Prizes Sponsor: J. Morey Co., Inc. - Carol Takasugi - \$5,000 main prize with merchandise offerings on each of the other Par 3s. (Unfortunately, no one had a hole-in-one, although some were very close).

The smooth running of the on-site tournament activities was attributed to stewardship of Sheryl Kajioka and Diane Shimosaka and their group of volunteers, and the following committee members and the role each of them were responsible for:

- Keith Kato: Solicitation and collection of merchant gift certificates, donations and gift cards;
- Myra Okasaki: Preparation of and finalizing the tournament program;
- Alan Wu: Printing of bonus package slips and overseeing the raffle table and distribution of prizes;
- Ted Yoshimura: Development of tournament rules;
- Wayne Kurahara: Recruitment of players;
- Allan Hoshida and Minh La: Tee box sponsor signage;
- Minh La and Myra Okasaki for scoring and calculating blind team scores and winners; and
- Minh La, Myra Okasaki, Shirley Kato, Robbie Midzuno and Gordon Nitta for taking on-course pictures, keeping the golfers refreshed with water and spirits, and for their presence at the golf course.

We hope all of our golfers, guests and volunteers were able to renew old acquaintances, share a few laughs and most of all had fun throughout the day. We'll see you all again during the summer of 2022. The date and venue will be announced in March 2022.

## Adult Buddhist Association Keiko Jean Kashiwada ABA President

The Adult Buddhist Association (ABA) officers have continued to meet via Zoom or email to discuss the upcoming Betsuin events and activities. ABA would like to congratulate the Betsuin on its very successful Bazaar at Home Telethon. We hope that those of you who were unable to watch the telethon are able to watch it on YouTube. And, of course, please make your donation to the Sacramento Buddhist Church to help with its ongoing expenses.

Some of our ABA officers have volunteered to participate in the ACC Senior Escort Service. In July 2021, some of our volunteers started accompanying participants. ACC is hopeful there will be more volunteers so that such services could be expanded. If you want to volunteer, contact ACC Coordinator Danylle Lee, [dlee@accsv.org](mailto:dlee@accsv.org).

Sacramento Buddhist Church/ ABA members: If you would like someone to accompany you on walks or meet you at a store to walk you to your car, please feel free to contact men's Vice President John Yoshikawa or me. Our email addresses are: John Yoshikawa at [spyron@aol.com](mailto:spyron@aol.com) or Jean Kashiwada at [ksjkash@aol.com](mailto:ksjkash@aol.com). We will forward your request to ACC, which will contact one of the volunteers who lives the closest to you and we will be happy to accompany you.

Take care during the hot weather, stay hydrated, and be aware of your surroundings! We hope to see you soon back at the temple for service!

## Use Amazon Smile Link to Support the Sacramento Betsuin

# amazonsmile

## You shop. Amazon gives.

Shopping on Amazon is an easy way to benefit the Sacramento Buddhist Church. Just go to this link to get started — <http://smile.amazon.com/ch/94-1243674> — then return to [smile.amazon.com](http://smile.amazon.com) when you shop. Making qualified purchases benefits the temple at NO EXTRA COST to you.

Please bookmark the link and tell all your friends. The temple gets a percentage of all qualified purchases. It doesn't cost you anything.

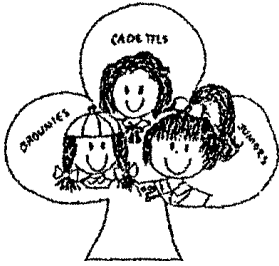
Reminder: Please visit [smile.amazon.com](http://smile.amazon.com) when you shop (not [amazon.com](http://amazon.com)). You will need to manually turn on AmazonSmile if you shop using the Amazon mobile app. Also, you may have to periodically update your Amazon Smile preference for the Buddhist Church of Sacramento if you no longer see the temple listed with your account.

Thank you for your support!



**Girl Scout Troop 569**

Rev. Patti Oshita and Corlene Goi



Archery at Maya Bowhunters in Roseville.



Horses for Healing in Newcastle.

Upper right: Pippa Montano at the drop-in center for the LGBTQ Community Center Youth Program.

Welcome to the month of September! It's hard to believe our summer is gone and we are back into school.

In July, 10 scouts from Cadettes 1 and Seniors 1 took archery lessons at Maya Bowhunters in Roseville. The scouts learned about safety and technique and got in lots of shooting time to hone their new skills.

In August, scouts from several 569 troops visited Horses for Healing, an equine therapy program in Newcastle. The 15 scouts from Brownies 1, Juniors 1, Cadettes 1 and 2, and Seniors 1, learned about the physical and socioemotional benefits of horseback riding for people with various medical conditions, including autism, multiple sclerosis, cerebral palsy, and post-traumatic stress.

Additionally in August, Troop 569-30 made a \$1,000 contribution to the Sacramento LGBTQ Community Center's Youth Program. The troop's contribution will be used for computers, library, providing future workshops, counseling and support groups for teens. The center also has homeless teen services, including a shelter.

On August 7, scouts from Cadettes 1, Seniors 2 and 3, and Ambassadors 4, zoomed with girl scouts from the Ehime Prefecture in Japan, to talk about the United Nations Sustainable Development Goals, specifically Goal No. 5 regarding gender equality. We had 15 scouts from our troop participate in this virtual exchange. Ellie Mizushima and Raven Gellerman worked months with the Japanese scouts to produce this exchange project that also celebrated 100 Years of Girl Scouting in Japan. The virtual exchange event involved the scouts sharing their awareness of the need for improving gender equality. The event was received very well and closed with a song to bring together the two countries. It was a great feeling to know that the girls shared similar ideas and requests have already been made hoping the girls might keep in touch with each other.

**Ambassadors 1**

In celebration of high school graduation and as the girls plan and prepare for the next chapter in life, Ambassadors 1 went on a two-day adventure-filled trip to Monterrey, California. The girls were able to reminisce on their years together as they went horseback riding along the sandy beaches of Moss Landing. They were also able to take a segway tour with a breathtaking view of Monterey Bay and see Pacific Grove's unique charm with monuments such as the vibrant Butterfly House. The scouts were also able to shop along the historic Cannery Row and had some friendly competition with indoor glow-in-the-dark miniature golf. To close out the night, they had a relaxing dinner at the Beach House, enjoying the fresh seafood while watching the beautiful sunset overlooking the bay. The scouts woke up early the next day to stop for some delicious pizza and shop in Downtown Santa Cruz before heading into the forests for some exhilarating treetop zip-lining. After a trip of adventure, laughter and fun, Ambassadors 1 will have a lasting memory to look back on that allowed them to celebrate their time in the Girl Scout program.

Thank you to Kristi Morioka and Chasity Pond for planning the end-of-year parent and Girl Scout dinner at the Spaghetti Factory. The scouts and parents reminisced about the past 13 years and enjoyed Italian cuisine. The girls all received matching Hydroflask water bottles with a memorable note to "think about all of the great memories you have made together and all of the support that surrounds you" as they take their bottles with them into their next adventure. A special thank you to Lesly and Cara Ishisaka for making the beautiful floral and photo centerpieces.





## Dharma School News

Valerie Fong,  
Superintendent



## Where Does Your Donation Go?

Brian Hatano

## Sakura Gakuen



Welcome to the month of September! We hope you and your family enjoyed a nice and safe summer break. Dharma School is getting ready for the opening of the 2021–2022 term. Virtual classes will be held on the 1st and 3rd Sundays of the month beginning on Sunday, October 3, 2021, starting at 10:15 a.m. We will be following the same schedule as we did for the 2020–2021 term.

Each child who is 4 years old or older as of September 1, 2021, must complete an online registration form to enroll in the Dharma School program. A new form is needed for each child at the start of the new term even though the child is a returning student. The link for the online registration form will be available on the church website. The link is also included here: <https://forms.gle/3WLYCEZAWdw1LDmA8>.

Dharma School teachers will be sending additional information to the families in their respective class as we get closer to the opening Sunday on October 3.

We are looking forward to another wonderful term! We appreciate the support of our Dharma School families. Please take good care! With gassho.

When you donate to the Buddhist Church of Sacramento, your tax-deductible contribution helps support the operation, maintenance and many programs of the temple. Likewise, your membership dues and income generated from our annual Bazaar in August help sustain the church throughout the year. Donations to the temple are placed in the General Operating Fund. You also may direct your donations to the church to benefit one of our many programs, such as Scouts, Dharma School, ABA, SBWA, Minister Assistants, or for a capital expenditure project.

You may also contribute to the Legacy Endowment Fund, which is a long-term investment in which the principal remains untouched — only the interest generated is used. The fund is managed by financial professionals and the LEF Board. Contributions to the fund help fulfill these needs in a timely manner without undertaking major fundraising or depleting general operating funds. Specific needs include:

- Educational programs/scholarships for members, ministers, ministerial candidates plus perpetual or periodic scholarships
- Eitaikyo: Renovation and general maintenance of the temple shrine.

Of course, cash and checks are greatly appreciated, but your donations can be in the form of automobiles, and of distributions from IRAs, stocks and bonds. We also can take credit cards in the office. Click on the Amazon Smile logo on our website to enable the Betsuin to get a commission on your purchases on Amazon. Thank you for your ongoing support of the Buddhist Church of Sacramento. Because of your generosity, we have a vibrant and active Sangha — one of the largest in the Buddhist Churches of America organization. Our rich legacy began with our founding in 1899, with the mission to sustain the temple for the present and generations to come.

## LEARN JAPANESE THIS FALL! VIRTUAL CLASSES • SIGN-UP TODAY!

**BETSUIN MEMBER SPECIAL • FALL SEMESTER**

Set Your Goal to Learn or Improve  
Your Japanese in 2021!

**Adult Program: \$150.00 • 17 Week Semester**

Less than \$9 a week! Regular Price: \$210.00 per semester class (\$60 savings)  
Beginning to Advanced classes available.

Virtual Zoom Monday Evening Classes: **Sept. 13, 2021–Jan. 24, 2022**

Contact Dean: Masako Thomas Sensei: [thomas@sakuragakuen.org](mailto:thomas@sakuragakuen.org)

**Youth Program: \$150.00 • 17 Week Semester**

Less than \$9 a week! Regular Price: \$250.00 per semester class  
Kindergarten to High School Seniors

Virtual Zoom Saturday Morning Classes: **Sept. 4, 2021–Jan. 15, 2022**

Contact Dean: Tomomi Flesuras Sensei: [tomomi.sakuragakuen@gmail.com](mailto:tomomi.sakuragakuen@gmail.com)

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# サンガ



～9月の予定～

9月12日 午前 9時 日曜サービス  
10時 祥月法要  
(マスク着用、ワクチン接種証明書)

お問い合わせは別院事務所【916】446-0121

## 理事長のメッセージ

新田ゴードン

パンデミックが始まって以来19ヶ月、この期間に私達の身近には家族の一員、或いは知人を感染で亡くした人や感染して重病になった人がいます。皆様が感染予防対策を充分に行って健康維持に努められていることを願っています。

お寺に関してはゆっくりと再開に向けて進行しています。今年もオンラインによるお盆とバザーが開催されましたが、2回に渡ってイン・パーソンの日曜サービスを試行して、少しずつ再開の準備をしています。この2回のサービスに参加して頂いた方々はマスク着用とワクチン接種の証明書が義務づけられました。ご協力有難うございました。私達は忠実に感染予防規制に従ってお互いの安全を守れば、お寺の再開も問題なく前進することができます。

お寺の再開の日程は前にお知らせいたしました。感染拡大が急増した場合は急遽再開をキャンセルいたします。お寺の再開を実現するためにどうぞお寺の感染予防対策であるマスク着用をお寺の内外で実行して下さい。

9月12日午前9時から再開最初の日曜サービスを行います。

今年のオンラインバザーをご覧になり寄付をして頂いた皆様に深く感謝いたします。また、以下の方々にこのバザーのため何日もの間、長い時間をかけて協力して頂きました以下の皆様：足立カレン、伊藤スチュワート、水島浩一、伊藤シャロン、秦野ブライアン、ケリー・ガートマン、北出シンデイ他大勢の方々に深く感謝いたします。(敬称略)

皆様のお陰で私達のお寺は閉鎖していても財政の安定が保たれています。

## 会長のメッセージ

中富バーバラ

第二回目の“バザー・アットホーム”は終了しました。寄付をして頂いた皆様に深く感謝いたします。又、エンターテイメントを陰で支えてくれた多くの人達にも感謝いたします。優れた技能を持つ人達により作られたプログラムは素晴らしく、ボランティアの精神に基づいてなされた成果は一胴体になったという意味を表すものです。これこそ大きなスケールで行われた共同体のマジックと言えるでしょう。

将来何が起こるか分からない状況ですが、私達は門徒として一体となって困難を乗り越え、活力に満ちたコミュニティを築いて行きましょう。

南無阿弥陀仏

