

SANGHA

SACRAMENTO BUDDHIST CHURCH
VOLUME 49 NUMBER 10 - OCTOBER 2012

AB'S CORNER
REV. PETER
INOKOJI-KIM

SACRAMENTO BETSUIN

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Hello everyone, and welcome to October. It's good to be back in the routine of Dharma School on Sundays, and for students... you're probably more settled in school now, compared to the beginning of your academic year. As a former high school teacher, I encourage students to work hard during this first semester, take good notes, form study groups, sit up front, and get help from your teachers when you don't understand a concept (... don't wait until the day before your test).

Having taught math, chemistry, and pre-engineering, I emphasized to my students that first semester is crucial because this is when we learn the fundamentals of our subject area. First semester is when we build a foundation, so that we can learn more complex concepts later in the year, and later in life. For example, a strong foundation in arithmetic and being comfortable with computations involving fractions, decimals and percents can lead to a solid understanding of more abstract subject areas, such as algebra, geometry, and chemistry. In order to understand higher levels of math and science, we needed to have done the work, asked the questions, and experienced the natural learning process before enrolling in more advanced classes.

The same analogy can be made with our temple. This month, we will be observing the Eitaikyo Service. "Eitai" means "perpetual," and "kyo" translates to "Buddhist teachings" or "sutras." So, "Eitaikyo" means "perpetual chanting of the sutras," or "Buddhist teachings that continue being shared forever."

In order for us to have a Betsuin today, generations before us, along with our current members, had to have helped and contributed to the growth of our sangha in the past. And, in order for our Betsuin to continue to be a place to listen to and reflect on teachings of universal truth in the future, it's important that we do what we can now, to sustain our Dharma center in the

(CONTINUED ON PAGE 3)

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AB'S CORNER
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future. Thank you everyone for doing what you do to make our temple a nice place to be.

Our Eitaikyo Service will be on October 14, and Rev. Marvin Harada from the Orange County Buddhist Church will be our guest speaker, so please come for this special service.

On a personal note, October is a time when I reflect on Aileen's mother, Mary Okimoto. Mary passed away five years ago on October 8. At the end of her life, Mary suffered from Alzheimer's. Fortunately, she was able to live with my sister-in-law's family down the road from us, and our family was able to take care of her. Aileen and her sister, Ann Nakamura, were her primary caregivers. It was tough, because caring for someone with memory loss was something new for all of us, and it was stressful and frustrating at times for us caregivers. For example, when Aileen and I were at Ann's house together, Mary would often tell me this story from her childhood about how she broke her leg jumping from the tailgate of the truck while harvesting sugar beets in Ft. Lupton, Colorado. She would tell me the same thing over and over again, and each time, I would ask the same questions and act as interested as I did the first dozen times she shared the story with me. One day, Aileen asked me: "How come you're so patient with Mother... but you're not so patient with me?" I won't answer that in this article, but I will respond with what Frances Kakugawa, an author and lecturer on "Caregiving," said in a seminar that I attended last May.

Frances took care of her mother when she had Alzheimer's, and Frances said to us: "Caregiving is about dignity... to honor others, and to honor ourselves. My mother had Alzheimer's. If she could act and speak differently now, then she would. But, she has memory loss, and now she can't." Frances encouraged us to "enter their world, as opposed to using our reasoning and logical thought process to try to bring them into our world. We will never win an argument with a person with dementia; but we are the only ones who can change our perspective."

At the same seminar, Dr. Satsuki Ina, our own sangha member, shared valuable advice as a marriage and family therapist, and university professor. "Strong back.... soft front: Build physical, emotional, and spiritual strength in order for you to take care of yourself, and give compassionate care."

These small bits of advice and wisdom are tools that caregivers can learn and draw upon, and on October 11 at 7 p.m., Frances Kakugawa and Dr. Satsuki Ina will be conducting a seminar called "Support for the Caregivers." Looking back on the last few years of my mother-in-law's life, we did not regret a thing, but I wish my family and I could have attended this seminar and learned from the advice of others before we became caregivers.

In Metta... Loving Kindness,
 Rev. Peter

PRESIDENT'S MESSAGE
 GORDON L. NITTA

Please be aware that articles for the SANGHA are **due** on the **15th of each month**. Late articles will be published in the following month's issue.

When sending articles by e-mail, please send e-mail to: **vibrocount@lanset.com** with a **cc to: betsuinoffice@gmail.com** and inform the church office at 446-0121. Please include the author's name. Thank you.

The Betsuin Board of Trustees meets the second Tuesday of each month. Last month, September, the Board was informed that a committee was forming to evaluate the condition of the trellises in the courtyard and the parking lot. The trellis committee will inspect the timbers of the trellis and determine if it would be better to repair or replace the trellises. Their findings, along with any cost estimates, will be disclosed at a future Board meeting. The pros and cons of their findings will be discussed, a proposal will be made on the path we will take and a vote will be taken to see if the majority agrees with their proposal.

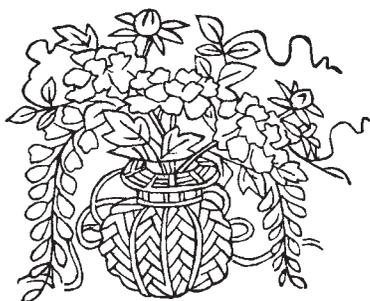
Last year the Board decided to reach out into the community to help in some way outside of the walls of our church community. It was brought to our attention that Loaves and Fishes needed a new coffee maker to make coffee for the hundreds of people who depended on them for meals. The cost of the coffee maker would be \$5,000. A proposal was made to donate the \$5,000, and after a discussion, the Board voted to donate the full amount to Loaves and Fishes.

This year the Asian Community Center (ACC) Nursing Home is asking for donations for its TV/Cable Project. ACC Nursing Home would like to install a personal HD flat screen TV with an adjustable arm in each room and two larger screens in a common room, 102 TVs total. The TVs would help make the stay more comfortable by bringing one of the comforts of home to the rooms. The cost to set up each room with a TV and cable service is approximately \$1,500.

Many sangha members have or have had family members or know people who

PRESIDENT'S MESSAGE
(CONTINUED)

SACRAMENTO BUDDHIST WOMEN'S ASSOCIATION
KEIKO JEAN KASHIWADA



Rev. Bob Oshita
428-9833



Rev. Peter Inokoji-Kim
446-4988

are currently in or have been in the nursing facility, which made the decision to donate to this cause easier. The Board decided to donate \$5,000 from our general fund and to ask the sponsored and affiliate organizations of the church if they would also donate to the project.

Another discussion of the meeting was the publishing of individual donations in the SANGHA. Should the exact amounts be published, donations listed under amount ranges (\$1 to \$100, \$101 to \$200), just names of donors printed or any combination? No decision was made and the topic was tabled until next month. Most of us voiced how we felt, but we'd like to know how you feel.

If you have an opinion on the publishing of donations, please email me at g54nitta@comcast.net.

The September SBWA Board Meeting was held on Wednesday, September 5, with President Midori Ito presiding.

BCA/BETSUIN UPDATE - RINBAN BOB OSHITA

- Two BCA ministers retired on August 31: Reverend Tesshi Aoyama of Placer Church retired and moved to San Diego. Reverend William Masuda of Palo Alto Church retired and moved to Oakland.
- On August 10, the BCA and the Hawaii Buddhist Churches sponsored a memorial service for Reverend Junjo Tsumura at the San Jose Betsuin. Rinban Oshita and Robbie Midzuno represented our Betsuin. Reverend Tsumura served in Sacramento from 1952-1956.

DONATIONS AND ACKNOWLEDGMENTS

Thank you to the following for their donations to the BWA:

Takako Ito	Recovery	\$150
Alice Hamamoto	Appreciation for Kara Hamamoto's Trip	\$100
Tokie Hironaka	In Memory of Mitsuji Hironaka	\$100
Tokuko Ida Family	In Memory of Tokuko Ida	\$100
Miwako Yamashiro & Myra Okasaki	In Memory of Tadao Yamashiro	\$100

Thank you to Rose Aoki, who donated aprons and head coverings to borrow during food preparation.

Thank you to Tammy Nestal for donating kitchen utensils for the temple kitchen.

UPCOMING EVENTS FOR 2012

- Members will be called to see how many people are interested in a second ukulele class to begin in 2013. All responses are due to Lynn Kurahara by the end of November. Give her a call if you have questions at 392-3022.
- A talk, "Support for the Caregivers," will be given on Thursday, October 11 at 7 p.m. by Frances Kakugawa and Dr. Satsuki Ina. Sign up in the temple office. Contact Reverend Patti Oshita if you have questions.

THANK YOU'S

Thank you to the SBWA Board members for hosting our visitors from Coloma.

Thank you to Virginia for chairing the Music Circus outing. Everyone had a wonderful time and looks forward to it every year!

The annual summer Bazaar was a huge success! We sold out of sushi on both days. Thank you, ladies, for coming out during the week to help with the sushi preparation and making sushi on Saturday and Sunday morning. We hope all of you will help out again next year. Please bring your family members and friends (male and female) to help with the sushi. Also, thank you very much to all of you who supplied the wonderful craft items for the Craft Booth.

Thank you to Lynn Kurahara, past SBWA president, for writing the October SANGHA article for me.

The next SBWA Board meeting will be on Wednesday, October 3.



**MINISTER
ASSISTANTS**
REV. CAROL CASTLE

Welcome to the month of October! As I sit at my computer writing this article, it occurs to me that it's been almost eight months since I underwent hip replacement surgery. It's kind of hard to believe how the time has passed!

I remember in the early weeks after surgery, Mom told me to take it "one day at a time," which I remind myself of constantly. I'm not quite back to 100 percent, but nevertheless, I feel like I've made a lot of progress thanks to an amazing doctor, and the love and support of my family. However, being WELL into my 40s, I know things will never be the same as they were before this all started. I know that the things I used to love like running and yoga are now things of the past... and I know that I'll need to be a little more careful and conscious of the things I do from now on. To be honest, the idea of having these new limitations took a bit of getting used to and it made me a little sad. No longer would I be able to throw on my shoes and go out on a run... to get into the zone and work up a good sweat... and to feel that sense of overall calm and well-being that comes after a good workout.

Then I thought, "How selfish! There are so many who are far worse off than you! Quit feeling sorry for yourself!" It was time to stop focusing on what I couldn't do and time to find something new. As my sister told me, it was time to find my "new normal." I tried walking, riding a stationary bike, and using the elliptical, but sadly, nothing "clicked." My doctor and physical therapist both suggested swimming, but in my mind, I immediately struck down that idea. By nature, I'm a land animal! I took swimming lessons as a kid, but I never actually became a swimmer. In fact, I hadn't really swum at all in over 30 years! Finally, out of desperation, I thought I'd give it a try.

My first attempt was terrible! As I left the house, Tim's final words to me were, "Don't sink." (He knows me so well!) I barely made it across the pool, my heart felt like it was going to explode, I swallowed what felt like a gallon of water and I came home with a headache. Not good! But, being what Tim calls a SAW (Stubborn Asian Woman), I kept trying. After a few more failed attempts, I resigned myself to the idea that I'd have to let it go and continue my search for something else. But then... the tides turned (excuse the pun). Our daughter Leann came home for summer break.

While she was away at school, Leann took up swimming — taking classes and working out daily — and she agreed to see what she could do to help me. Throughout the summer, we hit the pool almost every day... and, long story short... after MUCH hard work and patience on her part, I'm happy to say that she turned me into a swimmer. I'm not very fast and my technique is not very pretty, but that's OK. I'm out there 3-4 times a week now... and I'm happy! Thank you, thank you dear daughter... you saved me!

This experience reminds me that in Buddhism we are taught that everything around us is constantly changing and it is our own attachments that often make life seem challenging. Fortunately, the teaching of non-attachment reminds us that it's OK to let go... that it's sometimes good to let go in order to move forward. Too often, we fall into our comfort zones or discount things without even giving them a try. But, what if "What If" became our default mindset? What if we stepped out of the box and tried something new? What if we took a chance? Think of all the possibilities... think of all we can do! Sometimes we'll stumble and fall, but then again sometimes we won't. Regardless of what happens, our lives will forever be changed.

Life is filled with new experiences and countless life lessons that are out there, just waiting for us! With so many caring people surrounding us and willing to help us along the way, let us try to remember to keep our hearts and minds open to all the possibilities that life has to offer... and let us look at each day as an opportunity to learn... to grow... and to create a new normal!

In Gassho.

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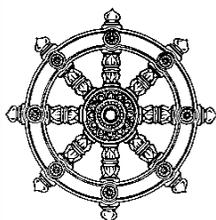
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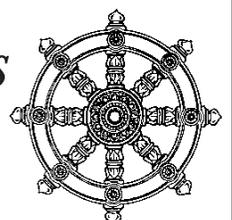
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Welcome New Members
Corinne Onga-Chinn
Leland & Connie Kato
Alan & Laura Nakahara
Gary Shintaku



**SAKURA
GAKUEN
ADULT
CLASSES
(MONDAY
EVENINGS)
MASAKO THOMAS**

**FROM THE
OFFICE**

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Cub Scouts	Glen Kumamoto
Sakura Gakuen	Masako Thomas
Sports Cmte	Alan Wu

The fall semester has just started, and we have 25 new students who joined our returning students. Our classes are designed for busy people like you: once a week, ranging from a very basic beginner class up to advanced intermediate conversation class and the ever-popular detailed kanji class. The 6 p.m. refresher class is focused on natural speech, such as how Ojii-chan and Obaa-chan talk to you, as well as contemporary spoken Japanese as you hear on TV.

No need to wait for the next semester. Join us now. Tuition is \$185 per semester class, and church members get 20% off, or \$148. New student registration fee is \$10. Contact Masako Thomas at thomas@sakuragakuen.org.

The 2012 Betsuin Calendar indicates that the Office will be closed on Sunday, November 11, in observance of Veteran's Day. Please note that the Office will be **OPEN ON SUNDAY** and **CLOSED ON MONDAY, NOVEMBER 12** instead.

On occasion, we receive requests for assistance with translating Japanese writings, kanji characters, calligraphy, etc., whether from a photo, a letter, or other memento. If you would be interested in being part of a pool of translation resources for the Office Staff, please contact Tak or Cindy at 446-0121. Thank you!

Welcome, readers. This month I'm going to try to answer the question, "Where does all the money go?" I'm not going to list all our expenses; that would take considerable space and frankly, we would both get bored. So instead, I'm going to list just a few of the big ticket items so far this year.

Do you remember seeing Tak wearing a ski parka and gloves in the office this last winter? That's because the office heater went out in the coldest part of winter. The motor burnt out and the supply wires were fried — cost to fix: \$500.

This spring we replaced the two swamp coolers over the main kitchen and the one over the outdoor kitchen. They had been rebuilt and patched so many times they were just rusty boxes sitting up there. Cost to replace them: \$12,500.

As most of you know, we had major upgrades this year for Obon and the Bazaar. After a thorough evaluation by two engineers, it was determined that the trellis could no longer safely support the tent. The cost for 15 steel posts embedded in 7' of concrete: \$27,170. Also, the concrete base of the yagura had to be removed and a wider, deeper, reinforced base poured; cost: \$14,570. Then, the fire department said that in order to obtain a tent permit, we had to provide battery backup emergency lights and egress lighting. Well, of course that meant additional wiring. Plus the wiring for the chochin was not safe — no ground fault interrupters (GFIs) on anything. Cost for that upgrade: \$19,185. And would you believe our SMUD bill just for August was \$5,511? Just last week we spent almost \$400 to replace the pilot lighters on the three wok burners in the main kitchen.

These are just a few of the expenses incurred this year. In the near future, it will be necessary to reroof the main Hondo, rebuild or replace the trellis, and start replacing the heating, ventilation and air conditioning systems (HVACs). Keeping our temple in good, safe operating order requires a lot of money. Rest assured that all major expenses are discussed at our board meetings. As your elected officials, we do our best to spend your money wisely.

I would like to finish by thanking three of our Eagle Scout candidates for their recent contributions. These projects involve many — if not dozens — of volunteers with lots of parental support. Thanks to all of you who contributed to these projects.

- Brandon Dishno and his group prepared and restrained 70 feet of trellis on the north side of our courtyard. His parents, Mike and Marleen Dishno, provided support.
- Alex Ma and his volunteers refinished eight doors in the Annex upstairs classrooms. Chris and Doris Ma, his parents, provided support.
- Kramer Wong and crew painted the exterior of the columbarium at the Walnut Grove Buddhist Church. The bottom part of the entry door had to be rebuilt as well. Marty Sakata provided technical assistance toward that repair. Providing support, Kevin and Carol Wong.

**DHARMA
SCHOOL
NEWS**
KEN FURUKAWA



Well, fall is in full swing now! Welcome to October! Cooler days, nights, leaves changing and falling, and of course Halloween! This change to shorter days, longer nights and more school-related activities is also a busy time for families. As time seems to be slipping away, please remember that a few minutes in service may be all that it takes to recenter our lives for a while. Why is it so true that the simple things are so hard? Luckily we have teachers like Rinban Bob and Reverend Peter to help us with this understanding about our lives through the Dharma.

Since we are all a community of seekers (the Sangha), would you like to help others along this path through life? We, the Dharma School teachers, do not profess to know the answers about the Dharma and life; we just want to share our experiences and help others at the same time that we learn ourselves. And we are looking for others amongst our peers to help us in this volunteer organization. Although there is no doubt we teachers would like volunteers to commit to annual teaching assignments, we are more than happy to have volunteers help out for short periods of time. Why not try it out for a while to see how it feels and fits without a long-term commitment? We want to help you help us and the Dharma School program!

We are in desperate need of a volunteer, or group of volunteers, to help teach the 5th grade class. A core of teacher assistants is ready to step in much of the time, but they need help. If you are interested in trying it out, please contact Valerie Fong, Rinban Bob, Reverend Peter or me!

We are also looking for volunteers to help team teach 4th grade and 8th grade. As with all of us, we have multiple pressures and commitments that overlap weekends, and sharing the schedule would be a great help! Please contact Bridget and Steve Maron (4th) or me (8th) at your convenience, but the sooner the better!

UPCOMING EVENTS

- November 4 Pet Memorial Service.
- November 4 Fire Drill shortly after breaking for class. This is an annual event to test out our basic safety procedures. Attendance credit will be granted by teachers after the drill is completed.
- November 18 Ho-onko Service. No classes after this special service, but attendance credit is granted for service attendance.

In Gassho.

**SPORTS
COMMITTEE**
ALAN WU



Hi and welcome to October, the eighth month of the year 2012. Right? October has got to be the eighth month of the year, because its name clearly defines that it is the eighth month. Everyone knows that the Latin word for eight is octo. Yes, any 5th grader will tell you that an octopus has eight legs, and that's why it is called an octopus. And anyone who went through junior high geometry can tell you that an octagon has eight sides just like the infamous red stop sign. And in the 1980 blockbuster movie "The Octagon," Chuck Norris had to go up eight floors of a pagoda, to ultimately fight the... no, Chuck Norris had to get locked in a steel cage octagon to fight... no, Chuck Norris had to go through eight doors and eight fights to defeat the... no, well you get the idea. And any *National Inquirer* reader can tell you how many children the OctoMom gave birth to all at once... well that's another story for another time. So, there is undeniable evidence of the undeniable truth that "octo" means eight.

So what's the deal? So hear this now and be gone with a little more than when you started this journey, as wayward as it might be. A little more of what is up to you. Back in the not-so-distant past when the Romans ruled and they thought they were all that, they created a calendar to mark the passage of time, and in this calendar, the eighth month was appropriately called October, since it was truly the eighth month in the calendar and of the year. Well after a little while, Julius Caesar, who had nothing else better to do, decided to throw into the calendar the months of January and February in the beginning of the year and consequently pushed everything back a couple of months... gee, it sounds like Caesar was the first general contractor? Anyway, as new and improved that Caesar's calendar was, it was still not accurate as compared to the Sun, the Moon, the Earth, so this guy named Pope Greg introduced a new calendar that was very accurate and had an error of only 6 hours each year, and figured that that was as close that anyone was going to get to matching the Sun, Moon and Earth, so they went with this new calendar that required a "fix" every four years to account for the missing 6 hours every year, and this "fix" is called leap year. So, that's the calendar we live in today and the reason "octo" means eight in everything except in October where it now means "squat."

**SPORTS
COMMITTEE**

(CONTINUED)

Well, we hope you all took advantage of the extra credit days in September — and who knows what September means. The next two extra credit days will be December 31 and January 1, which will be here faster than you think, because as you know, there are less than 100 days of shopping left, according to the calendar.

We also hope you registered for basketball in September, because registering in October is considered to be late registration and all late fees will apply.

We also hope you registered for the bowling league, and have participated in some good old family fun. If not, then just drop by Land Park Bowl on Freeport Boulevard at 1 p.m. on Sundays and bowl three games for \$8, shoes included.

We hope that all the parents of our sports program will attend our Parent Meeting, not only to kick off our 2012–2013 season, but also to give our parents the opportunity to choose their mochi-tsuki shift. This year's Parent Meeting will be held in October, date and time to be determined and announced.

We hope all our sports families will continue to attend Dharma School and Service to keep attendance not only above, but way above the 60% minimum, because you never know what is waiting around the corner of Sundays.

We hope to see you all again in November... now, you all should know what "novem" means... NO, not eleven — "novem" means nine, for the ninth month!

**BOY SCOUTS
TROOP 50**

ADRIAN NGUYEN



September was the first month of the scouting year. New patrols were formed and new scouts officially joined Boy Scouts. In August, the theme was aquatics. The first troop meeting took place on August 17 at Rio Del Oro Racquet Club where scouts took part in relay races, individual races and messed around in the pool. The second troop meeting took place on August 24 at Golfland Sunsplash in Roseville. There, the scouts spent a few hours on water rides and mini-golfing. On August 26, we had the opportunity to go to the Indy Grand Prix of Sonoma.

All the scouts got acquainted with their patrols and planned their patrol meetings at the first troop meeting on September 7. We also had a Court of Honor, where scouts are recognized for their achievements, merit badges and rank advancements. September 9 was the Youth Leadership Training and Planning meeting where all scouts with a leadership position in the troop, with the exception of den chiefs, plan upcoming events and learn their duties.

Scouts went to Bodega Dunes State Park for a troop outing from September 14 to September 16. Scout Expo took place this year from September 28 to September 30. The troop goes on this outing every two years at Beale Air Force Base. Also, on September 29, the troop participated in a flag ceremony celebrating the Union Pacific Railroad's 150th anniversary.

**CUB SCOUT
PACK 50**

GLEN KUMAMOTO



So the Pack 50 year is officially rockin'! We had our annual kick-off event at Camp Pollock. The weather was perfect... not too hot, not too cold. Camp Pollock is a special event. It's where we are given the chance to say goodbye to our hard-working den chiefs from Troop 50. These boys spent last year helping out our dens and bonding with the cubs in our pack. It's a special relationship that will last a lifetime. We also have the opportunity to say hello to our new group of den chiefs who will assist us during this upcoming year. As the sun went to sleep and the moon popped up, we had a huge bonfire going and we got to enjoy some awesome skits from some of our dens. No campfire would be complete without s'mores and little smokies. So we ended the night with full bellies and lots of memories. No better way to start the year.

On October 14, Pack 50 will be hosting our annual pancake breakfast at the Betsuin. This is our fundraiser for the year and we depend on this function to raise enough funds to carry our pack through the year. Please contact any scout in Pack 50 if you would like to purchase a ticket. At \$7 a ticket, it's a bargain!

As always, thank you to Rinban Bob, Reverend Peter and the entire SBC sangha for your support. With the dedication and support from you and all of our parents, Pack 50 is the best Pack around! Thank you!

Pack 50 ROCKS!

*Congratulations
Newlyweds*

Gregory I. Hashimoto & Cynthia Fukushima



**HAPPY
HALLOWEEN**

Come join us for a spook-tacular night at the...

**ANNUAL HALLOWEEN PARTY!!
SATURDAY, OCTOBER 27, 2012
6:00 TO 9:00 PM - KAIKAN**

Costume Contest Registration and Games start at 6:00 PM

Visit the **HAUNTED HOUSE**

POTLUCK – Please bring a dish to share

CANNED FOOD DRIVE – Please bring 3 canned food items

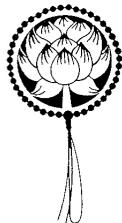
Hosted by:

Cub Scout Pack 50
Girl Scout Troop 569
Boy Scout Troop 50

Sponsored by:

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Church/Dharma School/Scouts
Committee/Victory Trophies





*Condolences to
the Families of:*



Susan Sumiye Yabu July 13, 1944 – May 1, 2012
Diane Haruko Hayashida May 9, 1930 – June 23, 2012
Lorraine Sumiko Hayashi..... December 18, 1917 – July 20, 2012
George Goi January 9, 1921 – July 24, 2012
Clarence Keiji Aoki..... March 31, 1932 – August 13, 2012

**SAVE THE
DATE**

THURSDAY, OCTOBER 11, 2012, 7 P.M.

“SUPPORT FOR THE CAREGIVERS”

FRANCES KAKUGAWA AND DR. SATSUKI INA

Sign up in the Temple Office
Any questions, please contact Rev. Patti Oshita
revpattibetsuin@gmail.com

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Sacramento Betsuin Legacy Endowment Fund

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www.eWaste4good.com

Fill in your information and enter our organization as the beneficiary. Within a few days a dispatcher will call you to schedule an at home or office pickup date. Then, your electronics will be picked up, recycled and the proceeds will be sent to our organization. You can also call eWaste4good at 800-317-3112

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Helping Us!!



Thank You for
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Computers
Calculators
Cell Phones
Printers
Household Phones

Scanners
Laptops
Stereo Systems
Medical Equipment
Power Tools
Small Appliances

Networking Equipment
Keyboards
Mice
Misc Wires and Cords
Speakers
And Much More!