

SANJSHA

SACRAMENTO BUDDHIST CHURCH VOLUME 50 NUMBER 3 - MARCH 2013

RB'S CORNER
REV. BOB OSHITA

**SACRAMENTO
BETSUIN**

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Hello... and welcome to the month of March! Spring begins this month... and so does the madness of March basketball tournaments. As I've sometimes commented, throughout the history of humanity, every country and every culture has enjoyed their games, whether it's basketball, soccer, checkers or poker.

In real life, the rules are often so vague. We often cannot see the boundaries of what is acceptable and what is not; what is appropriate and what is not. And it feels at times so difficult to find our way through the maze of life. There are so many unknowns.

And so throughout the history of humanity, we human beings have enjoyed the games we have created for ourselves. We enjoy our games because for a moment everything makes sense. Everything makes sense because while we are watching or playing a game, life is clearly defined.

For a moment, the boundaries are absolute; whether it's a checker board, basketball court, baseball field or a golf course. And the rules are clear. We know what is fair and what is foul. What is in play and what is not. If we make a basket from beyond the arc then it's a three pointer. If we throw a touchdown pass, it's six points.

We love our games also because within the context of the game, we are allowed to feel that we know, without doubt, what we are worth. Playing poker, we can feel with each hand what we are worth, "Oh, I'm a pair of two's... or a full house... or the ultimate winner... a royal flush!"

And when we identify with a team... when we become a real fan, then we too become the winners or losers. Either way, the rules are clear... and there is a sense of relief in just knowing what it takes to win, or why we lost. The rules of playing our games are clear. And the games should be played by the rules.

(CONTINUED ON PAGE 3)

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RB'S CORNER
(CONTINUED)

That is why there was such great outrage a few years ago when one NBA basketball referee was caught gambling and perhaps tampering with the games that he officiated. There was outrage because he brought REAL LIFE into the sanctity and purity of the game. He messed with the RULES.

In living life, we often wonder, "What are the rules? Where are the boundaries? What am I worth? Where do I stand? Am I two runs back or five points ahead?" At times we may wish that life was also that simple, but life does not allow us to live with such certainty.

The rules of our games are finite. We know what is out of bounds, we know what is a foul, an illegal pick, goal tending... and we know within the confines of the game what we need to do to succeed.

But in life, it is not so simple. And we may often wonder, "What do I need to do to succeed?" "Am I a winner?"

Actually, in Buddhism, the Shakyamuni Buddha has told us that we are already winners — all of us! We are the lucky ones... just to be born and living this life. This is what is explained at the beginning of the Three Treasures. "How rare and wonderful to be born as a human being... Now we are living it. How fortunate to encounter a teaching as sensible and meaningful as the Dharma... Now we are able to hear it." Are we lucky or what? We're already winners.

So for our Betsuin teams playing in tournaments this mad month of March... and for all of our Betsuin members and Dharma friends... know that we are already the lucky ones. We are already winners! We have been born into this human life... and we have been fortunate to encounter and hear the Dharma.

Welcome to the spring of 2013!

The February SBWA Board Meeting was held on Wednesday, February 6, with President Midori Ito presiding.

DONATIONS AND ACKNOWLEDGMENTS

Sumiye Kusunoki	In Memory of Frank Kusunoki	\$200
Harumi Dote	100th Birthday	\$100
Sandy Nishimura-Yee	Appreciation	\$50
Byran D. Tanaka	In Memory of Helen Tanaka	\$50

UPCOMING ACTIVITIES/EVENTS

BWA's Craft Booth: Jane Komure will be leading a class on making cute scrubbers. Please bring a crochet hook size J or K. This class will be on March 15 from around 1 p.m. (right after Tanoshimikai) in Classroom 1.

Spring Food Festival – March 9 and 10: BWA ladies, please come out on Saturday, March 9 from 8:30 a.m. to help prepare for the sushi making on Sunday, March 10, from 4 a.m. Make sure to turn your clocks forward 1 hour on Saturday evening, as Daylight Savings Time starts on Sunday.

Please remember to pick up your pre-sale orders on Sunday, March 10, in the kaikan from 11 a.m. to 1 p.m. Thank you to Virginia Uchida and Midori Ito for co-chairing this activity and Karen Adachi and Keiko Jean Kashiwada for compiling the pre-sale order lists.

Music Circus: Virginia Uchida will be looking into getting a block of tickets for the Music Circus performance of Showboat on July 11. More information to come. Mark your calendars and let your telephone tree person know if you are interested in attending.

Nursing Home Visitations: If you know of someone who would like a visit by the Buddhist Women's Association, please leave a note in the BWA mail slot in the church office with the person's name and the name of the care facility. Sandy Nishimura-Yee or Gayle Ishihara will schedule a visit to the nursing home or other care facility by their committee members.

BWA Outings: Please contact President Midori Ito if you have suggestions for BWA outings or activities that you would like us to look into and plan.

2013 SBWA Dues: REMINDER: Your 2013 SBWA dues are due. If you haven't done so yet, please make your check payable to SBWA for \$10 and mail it to:
 ATTENTION: SBWA Membership
 Sacramento Betsuin
 2401 Riverside Boulevard
 Sacramento, CA 95818

**SACRAMENTO
BUDDHIST
WOMEN'S
ASSOCIATION**
KEIKO JEAN
KASHIWADA



**SACRAMENTO
BUDDHIST
WOMEN'S
ASSOCIATION**
(CONTINUED)

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Machiko Kimura
Yoshiko Morisawa
Mitzie Muramoto
Mutsuko Noguchi
Mary Tsukiji
Faye Uyemura

If you're at the Betsuin, ask the office staff to put it in our mail slot. Remember to mark it SBWA: MEMBERSHIP.

The next BWA meeting will be on Wednesday, March 6.

This saga is about a journey of an individual who decided to commit to becoming a leader at the Sacramento Betsuin temple not knowing what he was getting into, becoming soured along the path, and then eventually finding his way back to the temple. This person had attended the temple from kindergarten back in the early 1960s through high school, graduating in 1972. After going off to college to get his degree, starting his career in state service, marrying his sister's best friend, and having two children, he returned with his family to the temple after a 15-year absence. During the next 10 years, he, his wife and his children became more involved with church activities and more importantly, meeting/making several new lifelong friends along the way. The refreshing Sunday school sermons by a young Buddhist Churches of America (BCA) minister (aka Reverend Bob) intrigued the husband and wife enough for them to raise their kids at the temple.

In 1997, Reverend Yukawa and his wife Michiko graciously returned to Sacramento after being away from the temple 28 long years. It was a welcome sight to see them come home again. This was to be the beginning of a very special relationship between Rinban Yukawa, Reverend Oshita and the sangha. As a result of the very special team, this person was inspired to join the Board of Trustees. After two years on the board, this person became the president-elect in 1999 and during that year witnessed the hard work and dedication of countless individuals to make the Betsuin a thriving and successful religious community culminating with the Centennial Celebration. At that time, the hot topic within the BCA was the amount of the annual dues assessed against the temple by BCA. The temple questioned BCA about Sacramento's assessment, how membership was counted, and how the funds were being used by the BCA. It became so contentious that Sacramento withheld its assessment dues for a few years.

In 2000, the president-elect became the new president and on behalf of the temple, was placed in the middle of this entanglement with BCA. During the BCA National Conference hosted by the Northern California District in Sacramento that year, this president made a proposal in a BCA dues assessment workshop to the BCA representatives on how to reapportion the annual dues to the temples. Little did this person know that this presentation would create a firestorm within BCA which resulted in this person being publicly ostracized in the WHEEL OF DHARMA newsletter. The president was called ignorant and it was implied that he did not understand the true workings of the BCA and the dharma. After that ordeal, the president felt he was betrayed by the BCA. Despite this personal attack and with quiet anger, the president continued on with his duties during his one-year term. At the end of that term, he was forever grateful for the wonderful experience, the many new friends/acquaintances made, and the support he received from his fellow Board of Trustees family, Sacramento Buddhist Women's Association, Adult Buddhist Association (ABA), Reiko's kitchen group, and the other tremendous affiliated and sponsored organizations within the temple.

The ex-president was still involved with the Board of Trustees. He marveled at the continued dedication and hard work of the subsequent presidents and presidents-elect along with their respective Board of Trustees. Two years later, the ex-president became president of ABA. After two years of many enjoyable ABA-sponsored activities and events, he stepped down while continuing his duties as a Board of Trustees member. With the passing of his father in 2008, the twice ex-president felt that he needed to get away from the temple to rejuvenate his spirits. Even nine years after that incident and BCA article, that betrayal still did not sit right with him. But as they say, time eventually heals most if not all wounds. I am happy to report that this person is now on the mend. It took a combination of time, listening to the dharma from our ministers, reading about Buddhism/Jodo Shinshu, and opening up his dharma eye to see how beautiful he and the sangha really have it at the temple.

I think by now you may have guessed that the person I am writing about is ME. As a minister's assistant, I have a different perspective on what went down 13 years ago. I know now that I had taken for granted all that was wonderful and fantastic with our temple (i.e., ministers, organizations,

MINISTER ASSISTANTS

(CONTINUED)

activities/events, the generosity of our sangha), and that I wasn't aware of the struggles that existed at that time for many BCA temples. Normal was and still is people struggling to keep their temples viable and relevant within their communities. Yes, I was ignorant about the "big picture" regarding the survival of Jodo Shinshu Buddhism in America. After hearing about and seeing what other temples are currently grappling with, I am all the more grateful for what we have at the Sacramento Betsuin.

As we are taught, the essence of Buddhist enlightenment is the teaching of impermanence (life of constant change) and interdependence (life of compassion/caring for one another). Every event in life, good and bad, becomes an opportunity to learn, to grow, and to expand our capacity for compassion, which hopefully will become our foremost thought when dealing with others. I don't know what the future holds for Buddhism in America and for all of us, but I will savor and cherish each moment at our temple. It is the people who make our temple alive and vibrant.

I would like to bring back my president's message in the August 2000 SANGHA newsletter wherein I wrote: "I believe [the then] Reverend Umezu was trying to say that it is never too late to say thank you to those you care about (i.e. family, friends and even acquaintances), even if the thank you is in the form of 'shaking hands,' 'a gentle pat on the arm or shoulder,' 'a hug,' 'a wink,' 'a nod of the head in acknowledgement,' etc... Instead of taking people for granted or blowing them off, wouldn't you feel better if you acknowledged their existence by displaying some act of appreciation towards them while they are alive to feel and receive it? As Reverend Umezu stated, an individual's life is shaped by the experiences and people he/she encounters during one's lifetime and everyone is dependent upon others in order to live a life of gratitude."

Remember... gratitude is more than a feeling of thankfulness in response to receiving a gift or a gesture of kindness. Gratitude... is a way of life. I have found that when we live in gratitude, our giving becomes receiving.

In gassho....

BUILDING FUND

GORDON L. NITTA

Welcome to the third month of the year, March. Your Board of Trustees has been working feverishly to keep our temple the best in the whole Buddhist Churches of America (BCA). I have stated numerous times that the temple (building) is getting older and in turn the building and equipment are wearing out.

Last year our largest project was upgrading the structure for the obon and bazaar tent, with electrical upgrades \$70,000 + or -.

This year the Board has already approved proposals to:

- recognize Reverend Patti's temporary position as assistant minister of programs development as a third minister position along with Rinban Bob and Reverend Peter (\$30,000 per year);
- replace worn and outdated amplifier for hondo, kaikan, office, Reiko's kitchen and classrooms (\$1,000);
- replace the broken worn-out partitions in classrooms 1 through 4 (\$19,000);
- refinish the stage and basketball court in the kaikan (\$2,500); and
- replace the worn-out heater and two water air coolers over the kaikan with new heating, ventilation and air conditioning (HVAC) units (\$40,000).

Other items that will be proposals on the board agenda this year will be the upgrade or replacement of the trellis in full or part (\$65,000 + or -); replace north parking lot fence (\$9,000); replace broken Formica countertops in classrooms 1-4 (\$2,500); and install a movie screen and projector in the hondo (\$3,000). Those are just some of the projects that are on the agenda for this year.

Look through the list and the costs of each. All of you have benefitted and will continue to benefit from all these repairs and upgrades, whether you are a member of the temple or a member of an organization that rents our facilities. The upgrade from water air coolers to HVAC units will be the first time ever that the kaikan will be cooled by an air conditioner.

Please help us realize all these improvements by making donations to The Capital Improvement Building Fund. You may specify which project your donation is for or just donate to the fund.

Thank you in advance for your continued support of the temple.

SANGHA STAFF

Editor (English) Cliff Adams

Editor (Japanese) Katsuko Hirota

CONTRIBUTING REPORTERS

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Maintenance	Gary Traganza
Dharma School	Ken Furukawa
Boy Scouts	Adrian Nguyen
Girl Scouts	Sheryl Kajioaka
Sports Cmte	Alan Wu
Sakura Gakuen	Masako Thomas

MAINTENANCE

GARY TRAGANZA

Over the course of a year, our sangha members save the temple a lot of money by taking time from their busy schedules to repair and maintain the buildings and grounds. The Betsuin is sincerely appreciative to the following members for volunteering their time, expertise and hard efforts.

- Mike Nagai, Max Hamamoto, and Tomio Masaki painted the walls in the alcove just outside the office. The removal of old security wiring and conduit left quite a mess. Thanks guys, it looks so much better.
- Don Honda: 1) repaired the door lock in the main hallway from Quinn Alley, 2) Repaired a loose alarm sensor wire hanging on the kaikan door going to Quinn Alley, 3) Repaired the magnetic door catch in the nokotsudo, 4) replaced a 9V battery in a smoke detector in the crying room, and 5) replaced a 4-foot fluorescent light above the piano in the main hondo. Some of those items were security issues. Thanks for keeping the temple safe, Don.
- Mike Dishno tested our landscape water lines, replacing several sprinkler heads and adjusting the watering patterns. Spring isn't too far off. Nice to know everything will be properly watered. Thanks, Mike.
- Bob Chavez and I cleaned out the storage area under the kaikan stage. That area probably had not been cleaned for decades. We found some items under there that had to be from the old temple. Also, we cleaned out the two storage closets in the balcony of the main hondo. I can always count on Bob to assist me even when the job is quite particularity dirty, as this one was.

SIGN UP AGAIN TO DESIGNATE CHURCH PROGRAMS FOR SUPPORT

Bel Air, Raley's, Nob Hill shoppers and supporters of the Dharma School: There have been recent changes to their prior "Quality of Life" program. Many of you may have signed up for this program in the past and designated your donation to the Dharma School. We thank you as this served as wonderful income to support our Dharma School. The program has now changed to "Something Extra," and you will need to sign up for this new card at the store. They are very helpful in getting you started to receive special savings and rewards. They will continue to donate to the Dharma School and other youth organizations like our Girl Scout Troop 569, but you need to go online to make this designation. We hope that you will take just a few minutes to make sure your donation goes to our program. If you do not designate a program, then there is no donation at all to any program.

Please go online to: www.raleys.com, click on the "Something Extra" tab at the top, scroll down to Extra Credit, Search for your organization: "Buddhist Church of Sacramento Dharma School" and you can designate 100% or a percentage of your donation to the Dharma School. That is it!

If you have any questions, please feel free to contact: Judy Inaba (916) 392-5068 or judy.inaba@gmail.com.

Thank you from the children and teachers of the Best Dharma School in the BCA!

2013 FAMILY MEMORIAL SERVICE SCHEDULE

Traditionally, family memorial services are held for loved ones on designated anniversaries. These are precious occasions to honor the treasured memories of our beloved ones and to realize how fortunate we are to be embraced by Amida Buddha's light of wisdom and life of compassion.

If you have a loved one who has passed away in the following years, and would like to schedule a family memorial service, please call the temple office.

Year of Death		
2012 1st annual memorial.....	1 year from date of death
2011 3rd anniversary memorial	2 full years from date of death
2007 7th anniversary memorial.....	6 full years from date of death
2001 13th anniversary memorial	12 full years from date of death
1997 17th anniversary memorial	16 full years from date of death
1989 25th anniversary memorial	24 full years from date of death
1981 33rd anniversary memorial	32 full years from date of death
1964 50th anniversary memorial	49 full years from date of death



E-WASTE DONATIONS

The Legacy Endowment Fund Board appreciates the following for making e-waste donations in January:

- Wayne/Lynn Kurahara
- Arthur/Gloria Imagire
- Ray Onga
- Mike/Sandy Yuki
- Geraldine Tsukiji

Thank you for your support of the Legacy Endowment Fund and for helping the environment by disposing of electronic waste properly.

If any individuals or businesses would like to schedule a free pickup at your home or office, go to www.eWaste4good.com or call (800) 317-3112. Please designate the Buddhist Church Legacy Endowment Fund as the beneficiary. Thank you.

**PLACER BUDDHIST CHURCH RUMMAGE SALE
APRIL 20, 2013
CAROLE KAWAMOTO**

The Taiko Group thanks you in advance for collecting and donating unwanted treasures for sale and reuse.

Members of Placer’s Taiko group are hosting a Rummage Sale at the Placer Buddhist Church on Saturday, April 20, from 8 a.m. to 2 p.m. Proceeds of the sale will be used by the group to travel to Nara, Japan in June 2013. The group has been invited by Placer’s former minister, Reverend Koken Torimi, to perform in a benefit taiko concert in his temple area.

Drop Off Donations at Sacramento Betsuin: We are grateful for the offer from members of the Sacramento Betsuin to support our upcoming rummage sale with donations of reusable goods. Placer Taiko members and parents will be on hand to receive and load items graciously donated by members of the Sacramento Betsuin on Saturday, April 13, from 9 a.m. to 1 p.m. A donation receipt is included, to pre-fill for tax records. We are asking to receive:

- **Usable Items in Good, Working Condition:** Clothing, accessories, jewelry, shoes, books, handbags, luggage, housewares, glassware, dinnerware, toys, games, art, specialty items and novelties, sports equipment, seasonal and holiday items, books, tools, small appliances, furniture, salable electronic equipment (laptops, computers, printers, monitors, cell phones, TVs). No e-waste please.
- **Also Needed:** Shopping bags, hangers, boxes, newspaper, bubblewrap, for items sold.

We CANNOT Accept: Mattresses, large appliances (e.g., refrigerator, oven, dishwasher), cribs, car seats or other baby items. Current regulations discourage reselling such items.

Now the bigger ask! We’re also seeking volunteers to help at the Placer Buddhist Church on April 19, 3 p.m. to 7 p.m., with pre-sale sorting, organizing, pricing and display of salable merchandise. On April 20, we will need customer assistants and checkers. We greatly appreciate any support you can provide. Volunteers receive early shopping privileges on April 19, hot dog lunch on April 20, and loads of fun throughout the day.

If you have questions or are willing to help, please contact either coordinator:

- Bruce Yamashiro, bky1060@aol.com, cell phone (916) 412-3213
- Carole Kawamoto, cjkawamoto@yahoo.com, cell phone: (530) 362-1121 (text ok)

Please be aware that articles for the SANGHA are **due** on the **15th of each month**. Late articles will be published in the following month's issue.

When sending articles by e-mail, please send e-mail to: vibrocount@lanset.com with a cc to: betsuinoffice@gmail.com and inform the church office at 446-0121. Please include the author's name. Thank you.

**Placer Buddhist Church Rummage Sale – Taiko Group Japan Benefit
April 20, 2013 – 8:00 a.m. to 2:00 p.m. - Receipt for Donation**

Name: _____ Received By: _____

Address: _____ Date: _____

Number of Bags, Boxes or Items Donated:

- Clothing
 Books
 Toys
 Small App.
 TV
 Kitchenware
 Household Goods
 Other (list below)

The Placer Taiko Group appreciates your generous donation of goods.

**SACRAMENTO
BETSUIN
CAR
DONATION**

Vehicle Donation Program – State of California only

- Free pick up and DMV paperwork
- Tax-deductible at the vehicle’s selling price
- Supports the Sacramento Betsuin

Please support your local vehicle donation program! To donate vehicles, contact the Betsuin office, (916) 446-0121.

**DELTA
DHARMA
MUSIC
FESTIVAL**

**NORTHERN CALIFORNIA DISTRICT COUNCIL
PRESENTS
A DELTA DHARMA MUSIC FESTIVAL**

**SATURDAY, AUGUST 31, 2013
WALNUT GROVE BUDDHIST TEMPLE
WALNUT GROVE, CALIFORNIA
11:00 A.M. - 4:00 P.M.**

We are searching for musical talent from the temples represented by the NCDC, including: Placer, Marysville, Florin, Sacramento, Lodi, Stockton and Walnut Grove. Our goal is to feature a variety of singing, dance and instrumental performances to appeal to all age groups. An outdoor event with a “tailgate” picnic atmosphere is the plan. We would like to finalize our performers list by March 30, 2013.

Interested individuals or groups please contact:
stevehiromoto@hotmail.com (916) 233-6725
roymayhugh@sbcglobal.net (916) 425-7652
r.d.raub@att.net
davicki@wizwire.com
candyhayashi@hotmail.com

**SAKURA
GAKUEN
MASAKO THOMAS**

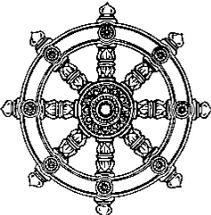
It is never too late to learn Japanese. Studies suggest that learning and using a second language can promote brain (hippocampus) growth as well as reduce or delay memory loss. Learning Japanese can be healthy and fun.

The spring semester of Sakura Gakuen began the first week of February but students may still join the classes that will run until early June. Church members get a 20% discount on adult school tuition (only \$148 for the full semester for sangha members, and late starters can get it prorated). Bring a friend and ask about the “tomodachi discount.” Contact Thomas sensei at *thomas@sakuragakuen.org* and check out the website at ***www.sakuragakuen.org*** for more information.

The Monday evening adult classes offered this semester are:
 Beginner Conversation Level 1 6-7:30 p.m.
 Intermediate Conversation Level 1 6-7:30 p.m.
 Intermediate Conversation Level 3 7:30-9 p.m.
 Advanced Japanese-Only Conversation 4:30-6 p.m.
 Reading/Writing (Kanji) 6-7:30 p.m.

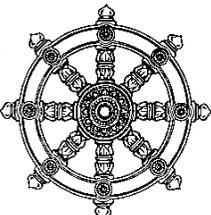
For information about the Saturday youth classes, contact Wood sensei at *wood@sakuragakuen.org* or drop by the annex Saturdays when classes are offered (9 a.m.-12:30 p.m.) to see what the school offers our youth.

If you know some Japanese, don’t wait for next semester. You can join an ongoing class any time as long as there is room.



Welcome New Members

Steven Yasuda
Yasuo Takegoshi
Tim Swanson & Anita Chabria



NOTES FROM THE OFFICE

Any address changes? It will be appreciated if you can notify the office of any address changes. It will save the church from paying for return postage. Thank you!

Did you receive our new 2013 calendars? If not, please contact the office and one will be mailed out to you.

JOIN US ON FACEBOOK!

Are you on Facebook? If so, go out and “friend” “Sacramento Betsuin”! It’s a great way to stay updated on what’s going on here at the temple!

One of our student assistants, Kurt Miura, set up our page and as of this week, we have 234 friends. We know we can increase that, so join up and recruit your friends to be our friends, too!

LOST AND FOUND

We have an amazing array of items that multiple “someones” are undoubtedly missing: prescription glasses, car keys, an iPod.... Could any of them belong to you? To pick up the keys, you’ll need to know the make of the car; for the iPod, you’ll need to be able to describe it and also know approximately when it was lost. Please stop in to let us know if you might be the owner of these missing items!

METTA/PADMA CLASS RECEIVE AWARDS

On February 3 at our Scout Sunday service, 14 of the 15 boys and girls were in attendance to receive their Metta and Padma awards. This year, we had the following participate in the program:

- | | | |
|---------------|------------------|-----------------|
| Ethan Firth | Ryan La | Kyle Seo |
| Tyler Firth | Elizabeth Lew | Ryan Seo |
| Jennifer Goi | Andrew Matayoshi | Alyssa Shimizu |
| Cara Ishisaka | Geoffrey Miyao | Marcus Yamamoto |
| Mason Koyama | Mason Oto | Ben Yeargain |

Congratulations!



**BOY SCOUT TROOP 50
ADRIAN NGUYEN**



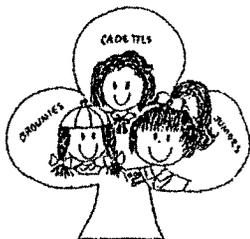
February is the second month of the year as well as the sixth month of the scouting year. In January, the theme was Business. At the January 18 troop meeting, patrols got together and put together an outline for a business they would like to start. The next day, January 19, the troop had its annual Crab Feed Fundraiser. The whole troop partook in setting up, preparing the food, washing dishes, and taking down the whole event. Then, on January 26, scouts were able to take their families on a Family Ski Outing.

February’s theme was Wilderness Survival. On February 1, Boy Scouts rehearsed with Girl Scouts and Cub Scouts to prepare for Scout Sunday on February 4. On February 8 was a troop meeting at which scouts learned how to tie knots and build shelter and survival packs. Scouts also participated in the Golden Empire Dinner Flag Ceremony on February 9. At the troop meeting on February 15, scouts learned how to start fires and on February 23–24, the troop went on a snow camping trip.

The Milk Mustache Patrol had a patrol meeting on January 4 and went on a patrol outing on January 11–13. The Beast Patrol went on a patrol outing on January 12. The Predatorial Penguins had a patrol meeting on January 4 and went on a patrol outing to Camp Nauvoo on January 11–12.

The troop meetings for March will be on March 1 and March 8.

GIRL SCOUTS
SHERYL KAJIOKA
SENIORS 3



Cadettes 5 has been busy working on their MEDIA remake, currently creating the girls' own magazine. It was the final project from the MEDIA journey, and the girls have learned a lot about advertisements and biases in current magazines. They did a fantastic job! With deep gratitude and appreciation, Cadettes 5 would also like to thank all of the families and supporters of their troop's cookie sales.

Cadettes 2 led the "Playing in the Past" meeting for Juniors 3. The Juniors learned about Cleopatra the queen and last pharaoh of ancient Egypt. In addition, they learned about daily life in 69-30 BC, wrote their names in hieroglyphics and Amanda Ong dressed up as Cleopatra. Thank you very much Cadettes 2! Congratulations to Cara Ishisaka, Ellie Lew and Jennifer Goi for earning the Padma Award and being recognized by the Betsuin for completing this course. The Juniors successfully completed an introductory course on Buddhism and Jodo Shinshu.

After an inspiring Scout Sunday Service speech by retiring Heart of Central California Girl Scout CEO **Pam Saltenberger**, Troop 569 honored the distinguished guest with a congratulatory reception. At the reception, CEO Saltenberger was presented with a thank you gift comprised of a personalized shadow box, a beautiful floral bouquet and a delicious tea sandwich luncheon with all the trimmings. Gifts were presented by Girl Scouts **Lyndsie Mark, Jennifer Goi and Kristi Tomlinson.**

To those troops that provided food for the reception, the committee would like to extend our sincere appreciation for your cooperation in making this event successful.

Many thanks go out to **Patti Oshita** (committee member), **Jennifer Nitta** (committee member), **Tim Castle** (FOG ST), **Kelli Omoto-Lee** (photographer), **Cheryl Lieu, Ellen Shinfuku, Lisa Yip, Wendy Nodohara, Tricia Wu-Borges, Alan Wu** (FOG ST), **John Fujimoto, Sandra Kataoka-Fong, Yvonne Otani, Emily Yamamoto and Duke Arakaki** for their invaluable help in preparing the reception.

Please remember to stop by our Girl Scout pastry booth during the Spring Food Festival on March 10 and take home some yummy baked goods and treats!

The troops are coordinating and planning activities for the upcoming Thinking Day event on March 15. The scouts will each have a booth featuring the countries of Switzerland, Morocco, Greece, Germany, Russia and Peru.



Condolences to the Families of:



- Frank Masaji Kusunoki..... January 21, 1913 – January 5, 2013*
- Kiyomi Niigata..... May 1, 1921 – January 7, 2013*
- Amy Masaki..... July 10, 1922 – January 9, 2013*
- Sachiko Shimada March 8, 1923 – January 13, 2013*
- Patricia Lillian Henry..... January 24, 1922 – January 16, 2013*
- Henry "Hanko" Yumikura.... January 4, 1926 – January 20, 2013*

DHARMA SCHOOL
KEN FURUKAWA



W elcome to March, and that translates into March Madness. I don't know if that term really applies since our Betsuin-affiliated students and teams are anything but mad. Instead I think of our Dharma School students as:

- Mindful. Thinking of how their actions affect others, and if not thought of ahead of time, then realizing the effects later and compassionately considering them.
- Attentive. Paying attention to everything around them, and in them.
- Disciplined. Working to improve all aspects of their lives at all times.

This form of MAD is consistent with Buddhist teachings as we learn from Rinban Bob and Reverend Peter, and has its roots in the eight-fold path. I hope

DHARMA SCHOOL
(CONTINUED)

that our students see the usefulness of thinking/contemplation both on and off the court, every day of their lives.

OTHER EVENTS

The Dharma School teachers appreciate all the support in making our visitors from the Fresno Betsuin feel welcome! Of course our special thanks go to Reverend Patti, the Dharma Courtyard Kitchen Crew, and Reverend Koichi!

Attention all youth artists! We will have a Dharma School contest for a T-shirt design to be used for shirts to sell at Bazaar. Start thinking about it; we will have details soon!

March 17 is Spring Higan service.

Graduating high school seniors, the application for the Federation of Dharma School Teachers League-sponsored Nitta award is available on the www.buddhistchurch.com site, as is the Betsuin Dharma Award (due March 31).

In Gassho.

DONATIONS

Dharma School "courtyard" gratefully acknowledges donations from:

Gladys Adachi	Reiko Kurahara	Michiyo Sakamoto
Mary Amemiya	Eleanor Nobuye	Sachi Sawada
Mickey Bennett	Mary Orite	Gerry Tsukiji
Sensei Grace Hatano	Sam Orite	Teri Yasuda
Cindy Kitade		

Inadvertently Omitted from December Listing:

John & Mae Kaneko	Ben & Grace Kotani	Barbara Nakatomi
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SPORTS COMMITTEE
ALAN WU



March is here, and what do they say about March? March comes in like a lion and goes out like a lamb? Yes, they say that, but we will have to wait and see if that happens. What else do they say? Beware the Ides of March? Well, unless your name is Julius Caesar, then there is really nothing to beware of; but the one thing you can really trust to happen in March is the Madness of March. The Madness of March is our own local version of the basketball frenzy that comes every year with the NCAA championship tournament.

Our madness is comprised of the three annual tournaments that fill up the weekends of March. Our 42nd Annual Tournament, which will happen on March 2-3, kicks off the Madness, which is followed by the Sacramento Japanese United Methodist Church (SJUMC) tournament, and then the month is closed out with the Sacramento Asian Sports Foundation (SASF) tournament.

Here is list of the locations for our tournament:

Division	Location	Address
B Boys.....	SASF	9040 High Tech Court, 95758
C Boys (Black)	C.K. McClatchy HS (Main)	3066 Freeport Blvd., 95818
C Boys (White) ...	West Campus High School	5022 58th Street, 95820
C Boys (Red)	Sutter Middle School	3150 I Street, 95816
C Girls (White) ...	J.F. Kennedy HS (Main)	6715 Gloria Drive, 95831
C Girls (Black)	Luther Burbank HS (Main)	3500 Florin Road, 95823
D Boys (Black)	Sam Brannan Middle School	5301 Elmer Way, 95822
D Boys (White) ...	Hiram Johnson HS (Main)	6879 14th Avenue, 95820
D Boys (Red)	Hiram Johnson HS (Aux)	6879 14th Avenue, 95820
D Girls (White) ...	Kit Carson Middle School	5301 N Street, 95819
D Girls (Black)	Da Vinci Middle School	4701 Joaquin Way, 95822
E Boys	California Middle School	1600 Vallejo Way, 95818
	Luther Burbank HS (Aux)	3500 Florin Road, 95823
E Girls	J.F. Kennedy HS (Aux)	6715 Gloria Drive, 95831
	Genevieve Didion K-8 School	6490 Harmon Drive, 95831

Find your way to your division or divisions and make sure to go with an appetite! Each gym location will have a concession stand to satisfy your every craving.

After a full Saturday of basketball, please come join us at our Family Social for Cause! At our Family Social, we will have carnival games, desserts, pizza,

SPORTS COMMITTEE
(CONTINUED)

drinks and a chance to win many of our raffles, including an iPad Mini! Please help us have some fun while helping the UC Davis Children's Hospital at the same time! The FAMILY SOCIAL is at SASF, 9040 High Tech Court, 95758, 6:30 p.m. to 9 p.m. Enjoy our tournament and the rest of the Madness of March and we will check back with you after the dust has settled.



Free E-Waste Pickup Fundraiser
Please Help Support

Sacramento Betsuin Legacy Endowment Fund

All you have to do is go to the following website:

www.eWaste4good.com

Fill in your information and enter our organization as the beneficiary. Within a few days a dispatcher will call you to schedule an at home or office pickup date. Then, your electronics will be picked up, recycled and the proceeds will be sent to our organization. You can also call eWaste4good at 800-317-3112

Thank You for
Helping Us!!



Thank You for
Helping Us!!

Items we pickup, working or not:

All Televisions
Computer Monitors
Fax Machines
Desktop Copiers
Telephones
Vacuum Cleaners

Video Games
Computers
Calculators
Cell Phones
Printers
Household Phones

Scanners
Laptops
Stereo Systems
Medical Equipment
Power Tools
Small Appliances

Networking Equipment
Keyboards
Mice
Misc Wires and Cords
Speakers
And Much More!