

Welcome to the month of October! How quickly the year 2014 has flown! As Reverend Bob mentioned in his article in September, I am honored to help the Betsuin during this interim of finding a permanent minister for the Betsuin. For the past 30 years, we have been here at the Betsuin... but for many of you who I have not had the opportunity to meet or talk with, let me take a moment to tell you a little about myself.

I was born in Fowler (10 miles south of Fresno) and have a younger sister and brother who both live in Fresno. My Dad turned 92 last month and is doing well. He is living in a senior community apartment in Fresno near my sister and brother. As a farmer, he loves to go back to see his vines and walk around his garden in Fowler, but since his serious bout with pneumonia a couple of years ago, we all agreed it was better for him to live closer to his kids.

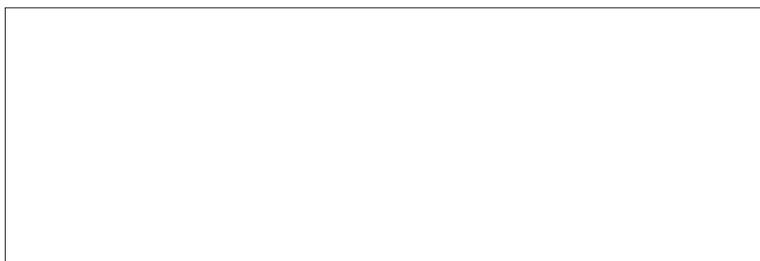
I attended Fresno City College and graduated as a medical assistant. I worked in a lab as a phlebotomist (one who draws blood) and also as a back office assistant for a doctor. In 1980, I decided to move to Los Angeles and went to work for a dermatologist in Beverly Hills and later ended up working at TRW in Redondo Beach. It was so much fun living in LA, but I began to realize that I could not afford the lifestyle. It was also there that I met that strange and unusual man who I would end up marrying.

(CONTINUED ON PAGE 3)

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SANGHA

SACRAMENTO BUDDHIST CHURCH
VOLUME 51 NUMBER 10 - OCTOBER 2014

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**REV. PATTI'S
CORNER**

(CONTINUED)

We moved to Sacramento in 1984, and soon after I started my job with Congressman Robert Matsui. After six years, I returned to school and received my B.A. in humanities and religious studies at the CSU Sacramento.

The next 15 years, I would return to the workforce, working at the Department of Social Services and later retired from Caltrans in 2012. Soon after, I joined the Betsuin as the Assistant Minister developing visionary programs for the Betsuin. Back in 2003, Michiko Yukawa, Grace Hatano, Tim and Carol Castle and myself went to Kyoto Japan and received our Tokudo ordination. Four years later, Tim and Carol and I returned to Kyoto for our Kyoshi Certification.

It has been a pleasure developing enjoyable and educational visionary programs for the Betsuin these past two years... but when Reverend Peter retired and left for Orcas Island last month, and knowing that the Buddhist Churches of America (BCA) could offer no one to help the Betsuin, I was asked to come on board. It is my honor to step up and help our Betsuin and sangha members wherever I can.

Buddhism teaches us that we are not separate from each other. We are all in fact ONE with all things. Karmically, we are not separate from the infinite past or the immeasurable future. We exist today because of so many causes and conditions because of so many people and events. And our actions now will create our future that is to come. This is the karma of our lives.

As long as we live, our lives are rooted in the lives, the efforts and the sacrifices of so many people. Our past Bishop, Socho Koshin Ogui, would often say, "Our lives are not just our lives. Our lives are made up of the kindness and patience and sacrifices of others."

Socho Ogui explained to me once that it was his way of trying to communicate what Buddhism teaches as the interdependence of all things. His words reflect the dynamic reality of what we call karma. Countless causes and conditions... and countless people and events allow us to exist... living our lives today.

It is truly because of countless causes and conditions that I am allowed to be here, in this capacity, to help at the Betsuin.

Thank you for your continued support.

Welcome to October. Dharma School and Sunday Dharma Service are back in full swing again. Valerie Fong is our new Dharma School superintendent, and she has done a great job starting the Dharma School session for 2014-2015. I have complete confidence Valerie will do a great job in her new role.

I would like to personally thank Dr. Ken Furukawa for his hard work and dedication as the Dharma School superintendent. He worked very hard in keeping the Dharma School moving forward and his services were greatly appreciated.

Grandparents Day was a huge success. The hondo was packed full and the programs after service were great too. Thank you to Valerie and Reverend Patti and all the volunteers who helped make this day special.

Basketball registration has started; soon practices and games will be underway. Please remember to try your best, have fun and remember to have good sportsmanship. Sportsmanship is very important as your actions represent the Betsuin and your family.

I attended the Eagle Scout ceremony where Kyle Adachi and Andrew Ong received their Eagle Scout rank. Kyle and Andrew had a lot of family members and friends attending the ceremony to celebrate this prestigious event with them. Congratulations to Kyle and Andrew for earning their Eagle Scout ranking.

Reverend Peter update: I have spoken and exchanged text messages with Reverend Peter. Reverend Peter and Aileen are getting settled, still opening boxes and enjoying their home again. At the end of this month, they are going to Hawaii to celebrate Aileen's birthday.

Reverend Patti and Koichi are getting settled in with their new positions. I appreciate all that they do for our Betsuin. I also would like to thank Reverend Bob for his hard work and dedication in keeping the Sacramento Betsuin the best temple in the BCA (Buddhist Churches of America).

**PRESIDENT'S
MESSAGE**

ROBBIE MIDZUNO

**SANGHA
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Editor (Japanese) Katsuko

Hirota

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Golf Tournament	Richard Kai
Halloween Party	Patty Nishikawa
Dharma School	Valerie Fong
Cub Scouts	Steve Itagaki
Boy Scouts	Cameron Lutz
Sports Cmte	Alan Wu

**PRESIDENT'S
MESSAGE**
(CONTINUED)

**BETSUIN
UPDATE ON
MINISTERIAL
ASSIGNMENTS
TO THE
BETSUIN**
GORDON NITTA
PRESIDENT-ELECT

**PROGRAM
DEVELOP-
MENT**
KOICHI MIZUSHIMA

As always, I wish to encourage you to come to me to discuss any ideas, issues or concerns related to our temple as I am always open to your comments.

I hope to see you soon at the Betsuin, and at the Sunday Service.

On behalf of the Board of Trustees, I want to thank you all for your continued support, volunteerism and hard work on keeping our Sacramento Betsuin the best temple in the BCA.

It has been recommended by our Board of Trustees to share that we continue to be proactive in working on the assignment of a minister to our Betsuin. Knowing that Reverend Peter would be leaving the Betsuin, four months ago, on Tuesday, May 13, 2014, Reverend Bob and I went to consult with Bishop Umezū. Our Betsuin Board wanted to initiate the process of selecting a new minister for our temple.

At that time, the Bishop informed us that there continues to be a shortage of ministers. He mentioned that at the earliest, there will be no ministers available for assignment until after August 2015. Hearing that the vacancy would be for over one year, we arranged to bring Reverend Patti Oshita on board as a full-time Betsuin minister to assist Reverend Bob. The Board has also requested that the Office of the Bishop grant Reverend Patti full kaikyoshi status. In our May meeting, I reminded the Bishop that the Sacramento Betsuin is the largest temple in the Buddhist Churches of America (BCA) and BCA receives over \$108,000 from the Sacramento Betsuin every year. Knowing this, the Betsuin Board of Trustees would be very disappointed if the Bishop did not make the assignment of a good and capable minister to the Betsuin a top priority.

I indicated to the Bishop that some of the skills and attributes we feel are essential if the Betsuin is going to continue to sustain and grow its membership as well as be a central resource for our Northern District. It is important that a minister assigned to the Betsuin be:

- English speaking with excellent communication skills.
- One who enjoys working with and teaching children so that we can continue to grow the Dharma School and our youth programs.
- Patience and flexible in working with a diverse and active sangha.
- One who will embrace and nurture the Minister Assistants Program and the Youth Minister Assistants Program.
- Possess the intangible "it" factor that will draw new people to the dharma.

With Reverend Bob now 66 years old and his retirement being on the horizon, it is time for the Office of the Bishop and BCA to begin succession planning. Reverend Bob and the Board of Trustees agree that it is not necessary to wait until September 2015 to begin the selection process for the next Rinban. Wanting to be proactive in moving this process along, the Betsuin Board is asking the Bishop to put together an action plan that he could share with us before the end of the year. I will certainly keep our membership updated on our communication with the Bishop and BCA.

Hello! I am very excited to be a new member of Team Sacramento Betsuin as the new program director. My hopes are to create programs that have value and enjoyment for everyone. This is a position that requires inspiration and ideas from all of you, so I hope you will all contact me with ideas and things that are of interest to you.

The temple has always been a huge part of my life. I am a graduate of our Sakura Gakuen Japanese language school program. Although I complained about getting up every Saturday, I am grateful to my parents for forcing (encouraging) me to attend.

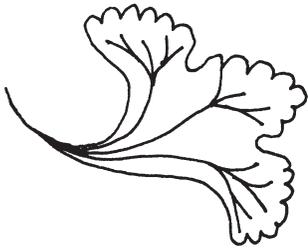
I was very active for many years in our Young Buddhist Association (YBA), through which many lifetime friendships have been born. I also went through the entire Cub Scout and Boy Scout program, earning the rank of Eagle Scout. (My picture is in the showcase in the hallway so it must be true!) I'll tell you some camp stories next time I'm the Scout Sunday speaker.

I also taught 1st grade Dharma School for several years. And have watched all of those kids grow up and GRADUATE college already. Can you believe how quickly time flies? And I have been the Jr. YBA advisor since about 1998. In 2004, I was certified by Bishop Ogui as a minister assistant and have continued to help as a part of what we call "Team Betsuin."

I look forward to working with people who are inspired and creative. I hope to gather together our spark plugs of positive energy, attitudes and personalities. I

PROGRAM DEVELOPMENT (CONTINUED)

SACRAMENTO BUDDHIST WOMEN'S ASSOCIATION KEIKO JEAN KASHIWADA



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Fusako Takahashi

look forward to working with anyone who wants to spend a little time and energy to create something new and fun. So please contact me if you are interested in being on a committee that wants to help out. Some activities will be very easy and small, so don't be intimidated. No matter how much or how little time you may have, it is your creative energy that is most appreciated. We are flexible and open.

So if you have any interesting ideas, or just want to share what's on your mind, please message me or stop by and see me in the office. Bkmizu@gmail.com.

Thanks again, see you soon, and let's have a great year!

The September SBWA Board Meeting was held on Wednesday, September 3, with President Fusako Takahashi presiding.

DONATIONS AND ACKNOWLEDGMENTS

Thank you to the following people for their donations during July and August 2014:

JULY 2014

Sam & Gladys Adachi Special Appreciation \$150

AUGUST 2014

Harold & Violet Makishima In Memory of Blossom Ikemoto \$50
Donald S. Ishii In Memory of Lillian Ishii \$100
Ted & Mollie Oto In Memory of Lillian Ishii \$30
Fusako Takahashi In Memory of Lillian Ishii \$30
James & Hiroko Tsuda In Memory of Lillian Ishii \$30
Hideko Sakazaki In Memory of Lillian Ishii \$25
Ellen H. Ito In Memory of Lillian Ishii \$20
Loleen Y. Nakano In Memory of Lillian Ishii \$20
Janet M. Sumida In Memory of Lillian Ishii \$20
Nancy K. Ito In Appreciation of Rev. Peter Inokoji-Kim \$20
Ted & Mollie Oto In Memory of Miyo Iwata \$30
Fusako Takahashi In Memory of Miyo Iwata \$30
Molly Kimura In Memory of Miyo Iwata \$25
Toshie Kobata In Memory of Miyo Iwata \$25
Hideko Sakazaki In Memory of Miyo Iwata \$25
James & Hiroko Tsuda In Memory of Miyo Iwata \$25
Darryl Yagi In Memory of Miyo Iwata \$20
Janet Matsumoto In Memory of May Kurimoto \$50
Akito Kushida In Memory of Lillian Kushida \$50
Naomi Woiwode Appreciation for Kiyoko Miura \$300
Mutsuko Noguchi Hatsubon for Helen Noguchi \$50
Hiroshi Oto In Memory of Tsugino Oto \$25
Jean Y. Ota Special Appreciation \$50
Marian Uchida In Memory of Fumiko Uchida \$30
Fusaye Urakawa In Memory of Kay Urakawa \$50

2014 BAZAAR

This year's Bazaar was another successful weekend. Thank you for coming out to help at the Bazaar. We saw many new faces during the sushi preparation day and sushi making mornings. Lynn Kurahara wanted to thank all of the scouting program parents who came out to help with sushi. We encourage all the new volunteers to come out to our other SBWA activities and even join the SBWA. And if they are young families, they can also join the Adult Buddhists Association (ABA)! (A plug for ABA, too, since many of us belong to both organizations.)

Thank you to Gordon Nitta and his family for providing the shuttle service to all who came out early in the morning. It is a great personal safety service provided by his family during the dark, early morning hours of the Bazaar.

The craft booth had another successful year due to the following members who taught the classes, made the crafts, donated items, and/or worked a shift in the booth. It was very much appreciated!

Gladys Adachi, Gayle Amemiya, Nora Bacchus, Barbara Chan, Joan Curry, Amy Dote, Teri Endo, Gilbert Fujii, Sherry Fujii, Masako Fukuda, Janis Furuta, Tessie Goi, Naomi Hamamoto, Sally Hamatake, Harumi Hashimoto, Grace Hatano, Darlene Hayashi, Kathy Tanaka Henry, Meriko Hoshida, Judy Inaba, Misao Inaba, Miyuki Inenaga, Yvonne Ishimoto, Marlene Itagaki, Nancy Ito, JoAnn Jung, Terry Kagiya, Amiko Kashiwagi, Keith Kato, Shirley Kato, Mutsuko Kitade, Toshie Kobata, Emi Koshimizu, Jane Komure, Reiko Kurahara, Erin Lew, Grace Lew, Sue Louie, Patty Miyao, Peggy Mori, Bridget Morisaki, Carolyn Murai, Diane Muranaka, Loleen Nakano, Barbara Nakatomi, Bette Nakatomi, Keiko Nishimoto, Joanne Nishimura, Peggy Okabayashi, Aileen Okimoto, Kelli Omoto-Lee, Misa Oshiro, Jean Ota, Linda Otani, Lauren Otani, Erika Rodea, Joyce Sahara, Judy Sakaki, Ikuko Sakazaki, Helen Sekikawa, Mari Lynn Shimamoto, Gloria Smith, Pearl Sugimoto, Amy Tablit, Yaeko Tadamaru,

**SACRAMENTO
BUDDHIST
WOMEN'S
ASSOCIATION**
(CONTINUED)

Irene Takeda, Jane Tamano, Beverly Tanaka, Kiyo Tanaka, Mary Tsukiji, Virginia Uchida, Faye Uyemura, Colleen Warner, Donna Wong, Helen Wong, Jeff Wong, Kathy Yamamoto, Satsuki Yamamoto, Sueko Yamashita, Elaine Yoshikawa.

FAREWELL TO REVEREND PETER INOKOJI-KIM AND AILEEN OKIMOTO

Since Reverend Peter Inokoji-Kim did not want a large farewell party, the SBWA Board members hosted an intimate SBWA Members' Farewell Luncheon for Reverend Peter Inokoji-Kim and Aileen Okimoto on Sunday, August 24. Reverend Peter and Aileen were SBWA advisors and we truly appreciated their help and guidance these past five years. Thank you, Joanne Nishimura, Reverend Patti Oshita, Shirley Kato, Jane Komure, Barbara Nakatomi, Yvonne Ishimoto, Sharon Yoshimura, Misa Oshiro, Elaine Yoshikawa and Meriko Hoshida, for chairing this event. Thank you also to: Kathy Tanaka Henry for the beautiful quilt she made that was presented with the monetary gift from SBWA; to Virginia Uchida for chairing the program; to the SBWA Board members for the delicious food; and to the members who brought a dish to share and pitched in to help! And, thank you to Utako Kimura for taking pictures during the party. Utako took pictures of every table, along with candid shots throughout the party.

We had so much food that everyone was able to take home food for dinner that evening. This luncheon provided the SBWA members a chance to say their "until we meet again" messages to Sensei and Aileen. We will certainly miss them at our Betsuin, but we are very happy that they are able to retire at such an early age and at such a beautiful place to live. Since Reverend Peter LOVES our Rummage Sale, he said he plans to be back to help with the security team! Yay! And we certainly will have everyone fighting over where Aileen can work. And, if they miss the high 90-degree temperatures, they can always come back for our Bazaar! Best wishes to them!

UPCOMING ACTIVITIES/EVENTS

Federation of Buddhist Women's Associations (FBWA) Conference: October 10-12, 2014: Thank you to those of you who are planning to attend. It should be a great conference. Thank you for representing the Sacramento BWA!

Tamale Making Event: October 26, 2014: Please join the SBWA in our fundraising event this month. Mary Inouye has graciously offered her leadership and will be instructing everyone on making the delicious tamales. Bring something to cover your hair, a large roasting pan, large metal or plastic bowl (no glass bowls, please), tablespoons, and a flat paddle to spread the masa, if you have one. Be sure to put your name on everything. Come out on Saturday from 7 a.m. to help prepare the tamale ingredients. The chicken will be steamed that day and we will be shredding it. On Sunday, we will need help from 4 a.m. Husbands, sons and male family members and friends are encouraged to help. We are making 5,000 tamales.

ANNOUNCEMENTS

Remember to bring your clothing, shoes, belts, rags, and other items mentioned in last month's article to place in the BLUE ANGEL BIN in the church parking lot.

The next SBWA meeting will be on Wednesday, October 1, 2014.

Until next time....



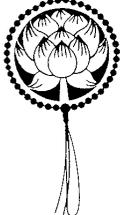
Rev. Bob Oshita
428-9833



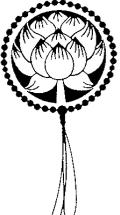
Rev. Patti Oshita
428-9833



Sensei Koichi Mizushima
424-7509



*Condolences to
the Families of:*



Takashi Doioka November 28, 1924 – April 12, 2013

Frank Y. Itogawa July 1, 1918 – July 21, 2014

Katherine Kazue Sato April 14, 1915 – August 15, 2014

Mitsuko Sato May 22, 1933 – August 18, 2014

Stanley Shunki Kunisaki June 20, 1922 – August 31, 2014

**MINISTER
ASSISTANTS**
REV. TIM CASTLE

Welcome to the month of October! I recently spoke in Marysville about the importance of emptying one's trash and how our Buddhist teachings help us empty our personal trash can.

Here is some trash talk... Americans generate about 251 million tons of trash each and every day! That means each day, each person in the U.S. makes or tosses out 4.38 pounds of trash. It would appear, by those numbers, that we are pretty good at getting rid of our trash.

How about the trash can in your house! How many of you are in charge of taking out the trash? What happens when you don't take it out timely? It builds up... gets bigger... may start to smell a little ripe... causes us to lose focus... and eventually becomes too much to carry. This is similar to some of the burdens that we all seem to accumulate and carry around with us each and every day.

Have you ever heard the term "someone is carrying around a lot of baggage?" I think baggage and trash are one and the same. I think we all know people who hold on to anger, hold a grudge, or just can't seem to let something go. They talk about an event, a person, or an issue that happened days, months, even years ago... like it all happened yesterday... this is trash!

I remember hearing a story about two monks making a long journey by foot. As they came to a river on their path, a young lady, also traveling, could not cross the river on her own. Although strictly forbidden to converse, let alone touch a member of the opposite sex, the older monk picked up the young woman, carried her across the river to safety on the other side. As the two monks walked on, the younger monk was silent, then seemed to burst at the seams as he loudly admonished the older monk on his abandonment of his strict lifestyle by carrying the woman. The older monk simply stated, "The young woman needed help... it seemed the appropriate thing to do instead of doing nothing and possible harm coming to her"... then added "I put her down miles ago... but you... you have been carrying her ever since."

You get it!? This is trash! The younger monk, not willing to immediately discuss the matter with the older monk, walked for miles carrying a burden... maybe carrying honest questions, but also carrying anger and resentment to the older monk... this is trash! The inability to immediately deal with that trash, led to more trash... it is a vicious cycle of not being able to let it go and accumulating more.

Hearing this story, and maybe thinking about trash experiences that we have all lived through, I think we can often ask the question: Is there a difference between not emptying the trash and simply holding on to a learning experience? In this case, the younger monk could have immediately made this a trash-less learning experience by immediately dealing with his concerns. Just think, if he simply immediately communicated his concerns to his sensei, he would have gained insight to the older monk's desire to help one in need, and would have been able to continue his journey with his load a little lighter, free from the trash of anger and resentment.

Buddhism teaches us how to better live our life with as little trash as possible. People often ask, what is the primary practice of Buddhism? To me, our primary practice is self reflection... turning our thoughts and observations inward, to really try to develop an awareness of ourselves... self awareness. Continuously asking ourselves questions: What am I thinking? How am I feeling? How am I reacting to something or someone? And maybe most important... Why am I reacting this way?

Meditation, hitting the pause button on a daily basis, allows us just one opportunity to check in with ourselves and help us empty our trash. Just find 5 to 10 minutes every day or so to sit and think. Ask yourself: What am I carrying? How am I feeling? How am I reacting to something or someone? Why am I reacting this way? What am I carrying? What trash do I have in my trash bag? Am I carrying around something from this morning... something that has been nagging at me for a day... a week... or many years? What part of this issue is simply trash... weighing me down, and keeping me from walking my path with a lighter load?

Even if you are able to find just one little bit of trash... can you let it go? Are you able to empty some of the trash we all carry?

Self reflection and developing a true and honest self awareness is the first step to keeping our minds and heart tidy and trash free. If we can practice this, our journey will be just a little lighter and not so cluttered with unnecessary items.

Please be aware that articles for the SANGHA are **due** on the **15th of each month**. Late articles will be published in the following month's issue.

When sending articles by e-mail, please send e-mail to: **vibrocount@lanset.com** with a **cc to: betsuinoffice@gmail.com** and inform the church office at 446-0121. Please include the author's name. Thank you.

**NOTES FROM
THE OFFICE**
TWO CORRECTIONS TO BETSUIN CALENDAR

Cub Scout Pack 50's Annual Pancake Breakfast has moved from the published 2014 Betsuin Calendar date of October 5 to **Sunday, November 9**. Come out for a terrific breakfast and support the Cub Scouts!

Although Veterans Day falls on a Tuesday, **the Betsuin will be closed on Monday, November 10, 2014**, in observance of this special day to honor our servicemen and servicewomen.

DROPPING SOMETHING OFF AT THE OFFICE?

We have been receiving a number of items (packages, envelopes, copies, binders, books...!), and while we are happy to provide a convenient place for "mail" to move from one place to another, it is difficult for your items to find your recipient without identification! If you are leaving something at the Betsuin office for someone else to pick up, **PLEASE BE SURE TO ATTACH A NOTE** indicating:

- Date of drop-off AND anticipated pick-up
- Your name and phone number
- Your recipient's name and phone number

We will hold items until the anticipated pick-up date. After that, the office staff will contact you so that you can return to pick up your item(s).

LOST & FOUND

Time to come in and check for lost ojuzus, lost eyeglasses, lost KEYS!

RESERVING MEETING SPACE

A continued reminder from last month: the beginning of the new program year is upon us! For our Betsuin-sponsored and -affiliated organizations, **PLEASE** be sure to submit your reservation requests (for a single gathering OR a recurring meeting!) as soon as your planning allows. As you know, we have a very active and **BUSY** temple, so **it's best not to assume that there will be an empty room for you to use when you arrive. PLEASE PLAN AHEAD!**

By the same token, if you have reserved a room and your meeting is canceled or moved to another location, please be sure to let us know so that we can free that space up for someone else to use.

Youth Organization Leaders/Advisors: If your youth participants are responsible for scheduling their own rooms, **PLEASE** pass this information along to them.

THANK YOU!

**LEGACY
ENDOWMENT
FUND BOARD**
JOYCE SAHARA

おかげさまで

As 2014 continues to pass quickly, I would like to recap the many activities and programs that the Legacy Endowment Fund has supported. The Legacy Endowment Fund (LEF) was established to ensure the temple's continuation as the physical and spiritual heart of the Buddhist community. We thank you for your continued support in making the Legacy Endowment Fund grow and enable the continuation of vibrant and successful programs here at the Sacramento Betsuin.

One of our major areas of emphasis is youth development. We are proud to support their interest in learning more about our Jodo Shinshu traditions by helping fund their participation at various retreats and conferences.

- From January 17–20, 2014, the Youth Advocacy Committee (YAC) Reunion Retreat was held at the Jodo Shinshu Center in Berkeley, attended by *Sydney Kajioka, Kayla Nodohara and Steven Tanaka*.
- From February 28–March 2, 2014, the Young Leaders Today Conference was held in Bellevue, WA. Our three Sacramento participants were *Teryn Hara, Matt Nitta and Natalie Okuhara*.
- From July 7–13, 2014, the YAC Summer Retreat was hosted at our Betsuin. Our four Sacramento participants were *Haley Arakaki, Ty Coloma, Kayla Drexel and Lyndsie Mark*.
- From August 15–17, 2014, the Advanced Training was held here at our Betsuin, attended by *Keri Castle, Sydney Kajioka, Matt Nitta and Steven Tanaka*.

The **Fifth Jodo Shinshu Choir Festival** was hosted by the Sacramento Betsuin Choir with funding support through the LEF. Six temple choirs—Fresno, Mountain View, Palo Alto, San Francisco, San Jose and Sacramento—participated that day and they put together an enthusiastic musical experience!

**LEGACY
ENDOWMENT
FUND BOARD**
(CONTINUED)

Much of the success of the many activities lies with *Reverend Patti Oshita*, our Betsuin's assistant minister in charge of program development and visionary programs. During the three years she has held this position, she has used creative, fun and interesting ways to connect our sangha members to our temple. She has been the leader in organizing the above youth activities and provided another excellent and informative year of Thursday Night Medical Series: January 2014: Iko Miyazaki, MFT "Coping with STRESS"; March 2014: Dr. Shannon Suo, "Sweet Success Under Pressure"; April 2014: Satsuki Ina "Second Wind: Creating a Vibrant Longevity"; and May 2014: Dr. Denis Ishisaka, "Your Meds: Advice from your Friendly Pharmacist." In addition to these talks, Reverend Patti also organized "Dieting for Dollars" in February 2014. Each of the series was very well received.

Reverend Patti's visionary programs also hosted the Leadership Seminar on February 11, 2014 with 36 of our own Board and affiliated/sponsored organization participants; two sessions of Introduction to Buddhism by Reverend Bob on June 2 and June 9, 2014 with more than 30 participants attending each session; and Grandparents' Day on September 14, 2014 with activities, photos and food.

With Reverend Peter's recent departure, Reverend Patti will assume his position as assistant minister. We warmly welcome *Sensei Koichi Mizushima* to fill the role she held and look forward to the new and exciting ideas he offers. Thank you, Reverend Patti, for your time and dedication in making all the programs that succeeded and blossomed under your leadership. We know your new position as assistant minister will be an exciting new beginning for you!

Another important component of the LEFB's support goes to the Assistant Ministers Training Program, the Ministers Continuing Education, and Ministerial Training Program. Since 2011, *Keith Kato* and *Kelvin Mark* have been recipients in the Assistant Ministers Training Program. After studying and training, they will go to Kyoto in November for further work toward their Tokudo Ordination. I asked Keith and Kelvin to share their experiences with us. Their responses make us appreciate their devotion and dedication, celebrate their accomplishments, and to wish them well in Kyoto. We hope to hear more when they return from Japan.

KEITH KATO

I was first approached about becoming a minister assistant by Reverend Patti and Reverend Bob in late 2011 as I was nearing my retirement after 36 years with the State of California on December 31, 2011. After thinking about what I wanted to do for the rest of my life and seeking something worthwhile and meaningful, I decided to accept their offer of becoming a minister assistant in January 2012. I was immediately enrolled in the two-year Jodo Shinshu Center (JSC) correspondence class that began in March 2012. The class required me to read 20 monthly articles and write 20 corresponding essays. In July 2012 during the Obon Service officiated by Bishop Umezu, I became a minister assistant. After completing the JSC correspondence class in January 2014, I was accepted by the Buddhist Churches of America for Tokudo Ordination in Kyoto, Japan, which will be from November 4-14, 2014.-During my time as a minister assistant, I have been very fortunate in being part of the Sunday services and activities at the Sacramento Betsuin and the Placer Buddhist Church, as well as meeting many wonderful people.

As Sensei Kelvin Mark, Sensei Tadao Koyama (from Florin Buddhist Church), and myself prepare for the Tokudo Ordination experience, we will be involved with lectures/written evaluations and various tests on:

- significance of tokudo ordination (what it means to be a Shin Buddhist minister);
- religion and today's people;
- Buddhism and its history;
- Shin Buddhism and its history;
- organizational structure and activities of the Hongwanji;
- propagation or dharma talks;
- lay education program involving dignity of life and temple activities;
- liturgy (chanting, ways to oshoko, rituals on the onaijin, tying/folding of robes, knowing adornment pieces and arrangements on the onaijin).

Although preparing for the Tokudo Ordination has been very time-consuming and at times, difficult, Sensei Kelvin and I have been very fortunate with the help from Reverend Bob and Reverend Patti as well as help from Reverend Sugahara from Florin and Reverend Kusunoki from Lodi. We are very lucky to be part of the whole Tokudo experience. What we get out of this experience will be based on how much effort we put into it.

**LEGACY
ENDOWMENT
FUND BOARD**
(CONTINUED)

I know that during these past few years, my dharma eyes have been open to the wisdom and compassion of Amida Buddha and that due to the "impermanence" of life and life's activities, I am truly grateful to the people who have permitted me to be a part of their lives so that these "interdependent" relationships can allow me to truly enjoy my life. So for those of you who have been a part of my life and supported me, arigatoo gozaimasu.

In gassho,
Sensei Keith

KELVIN MARK

Thank you for your inquiry and for your ongoing support. This has been an interesting journey. I'm told that every day is the beginning of another exciting journey.

I like to think that this current journey began when friends Roger Ito and Kathi Omoto invited Cheryl and me to bring Lyndsie (18) to the Cub Scout Pack 50 Halloween Party way back in 1997. Subsequently, our family attended services, which led to Dharma School, the Scouting programs, basketball, and then to my service with the Board of Trustees and as Board of Trustees president.

I began online coursework with the Center for Buddhist Education courses in General Buddhism and Jodo Shinshu Buddhism in 2011 and completed the two-year curriculum in 2013. When Bishop Umezu extended an invitation to receive Tokudo, so began a more advanced series of seminars and minister assistant retreats.

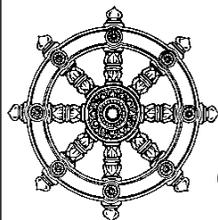
Perhaps my pathway to receive Tokudo ordination and invitation to enter the Buddhist priesthood began at birth. If we truly are the result of countless causes and conditions, countless sacrifices, caring, and kindnesses, then in the deepest sense, the current pathway began thousands of generations and years before; all culminating in this moment, right here, right now.

On a daily and nightly professional level, helping patients through birth, illness and death, the Dharma lessons learned seem to put everything into perspective. What has been left is nothing but true reality; we are only able to live because of the richness of life that those around us unselfishly share; we have only this one life, so make the best of it; we have only this one day so make the most of it; we have only this one breath, so treasure it as if it were one's last... are among the thoughts that readily come to mind. Being invited to receive Tokudo aptly seems the reflection of our caring sangha.

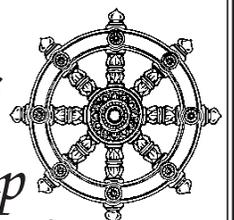
It's hard to believe that Keith, Tadao and I will be leaving for Kyoto at the end of October. I'm told that for those 14 days in November, we'll be in the total seclusion of the Honsan and the Nishiyama Training Center with no communication with the world outside its 800-year-old walls. I feel so fortunate to have such wonderful company on this journey and so lucky to have the support of my family and sangha.

Thank you again for your enthusiastic support.

Gassho,
Kelvin



Welcome New Members



*Bruce & Christine DeCamp
Michael & Jo Ann Hayashida
Rodney Mikami
Ronald Ohta
Liem Duy Vo & Tammy Vang*

**SACRAMENTO
BETSUIN
CHOIR**

Our Betsuin choir is an ensemble of individuals who love to sing. The blend of harmonies, with the addition of dynamics, makes singing a lot of fun. Our performances are not limited to services at our temple, as we perform at neighboring temples, as well as a variety of other functions.

We welcome new members. Practices are held after the conclusion of Sunday's Dharma service, generally in Classroom 5. For contact information, please inquire at the office.

The October and November practice schedule is as follows:

- October 5, 12, 19, 26
- November 2 and 9

We would like to acknowledge **Rinban Bob** and **Reverend Patti** for their recent generous monetary donation, and for their endless encouragement and untiring support of our choir. *Thank you!*

In Harmony and Gassho,
Sacramento Betsuin Choir

**MAINTENANCE
GARY TRAGANZA**

Since last spring a lot has been done by our volunteers and Eagle Scout candidates to enhance the beauty and functionality of our temple. Their time and efforts save the church a lot of money by doing these projects in-house. Not often do we have to "hire the professionals." The Betsuin is sincerely appreciative to the following people for volunteering their time, expertise and hard efforts.

- Just before Bazaar, Bruce Muramoto and I installed some additional ceiling lights in the outdoor kitchen. The extra lights really help illuminate the middle section for the late evening and early morning hours. Thanks, Bruce for driving in from Davis.
- Also in the outdoor kitchen, Gordon Nitta and I patched all the holes the north and west walls in the middle room. Those walls were then painted with two coats of white paint. On the wall just to the right of the door exiting to X Street, we applied fiberglass paneling (FRP). That area in particular has been heavily stained for decades. Now the FRP can be power washed whenever it is dirty. It looks sooooo much better now.
- For the first time in since, well, forever, we didn't run out of hot water during Bazaar. At the Board of Trustees request, Brian Onodera installed an on-demand water heater like he did for the main kitchen several months ago. Additionally, these units save money in the long run. They heat the water only when needed. As I've stated before, if you ever watch Brian work, it's easy to see why he's in such demand for his services. He is really a perfectionist.

Every summer the temple benefits from the Eagle Scout candidates' projects. They use this time during summer break to complete one of requirements to become an Eagle Scout — the "community project." When they choose to complete their project at our temple, we greatly benefit from their efforts.

- Last spring, Kyle Adachi from Troop 50 constructed two sets of redwood tables and benches for the courtyard. Kyle created the designed in his Kennedy High School engineering class. His project advisor was Gary Ishimoto (a man with considerable woodworking skills). Also providing key support was his mother, Karen Adachi. If you have ever made use of the table and benches, you have undoubtedly noticed just how well constructed they are. I'm sure they will last for many, many years. Thanks, Kyle and Gary.
- Adam Shintaku from Venture Crew 50 completely redesigned the corner of Riverside Blvd. and Quinn Alley. This involved bring in good topsoil, planting a lot of new plants and applying a thick coat of bark chips. The design consultant and project coach was Jeff Tsuruoka, crew adviser was Dr. Kelvin Mark, committee chair Bob Tanaka. Also, key to the success of this project, Trisha Wong. That corner for many years has been visually unappealing. Now, it's quite attractive. Once the plants grow a little larger, they will fill in that whole corner. A big thank you to all involved.
- Matthew Ng, also from Venture Crew 50, refurbished the south wall of the kaikan facing Quinn Alley. This involved first power-washing the wall, then patching all the cracks in the stucco, and finally, painting the wall. The doors were then lightly sanded and painted to match all the other doors on Quinn Alley. The project advisers were Dr. Kelvin Mark and Bobby Tanaka. Also providing key support for this project, Mickey Bennett and Debbie Ng (Matthew's mother).

**BETSUIN ORGANIZATION
SIGNUP/INFORMATION DAY
SUNDAY, OCTOBER 12
IN THE COURTYARD AFTER SERVICE**

Betsuin sponsored and affiliated organizations will be in the courtyard (weather permitting) to take signups and provide information. Kick off the new Dharma School year by learning more about the programs available at the Betsuin.

**SAKURA
GAKUEN
JAPANESE
LANGUAGE
SCHOOL**
JOHN MCDONNELL



Sakura Gakuen is in full swing with many new students eager to learn Japanese. It is not too late to join a class. See the website (SakuraGakuen.org) for more details. Church members get a 20% discount on Monday class tuition and are exempt from the Saturday youth PTC dues. Specially tailored group classes for scouts can be arranged in preparation for the Matsuyama trip this next summer — ask Bobby Tanaka about this opportunity.

This summer, Mrs. Futaba Wood, the school's dean and mentor to many at the Saturday school, retired, as did Mrs. Lawson and Buchannan. These sensei have given much to the school with their dedication and enthusiasm for sharing their love of the language and culture of Japan. They will be missed.

This fall, we welcome several new sensei to our Saturday staff: Ms. Kataoka, Mrs. Nelson and Ms. Koga. Additionally we have several assistants, including Eriko Martinez and Emi Fong. The new staff bring amazing talents in art, cooking, kendo, calligraphy and more to give our students a broad stroke of culture in addition to mastery of the language. Undokai this year is the week before the tamale sale and all are welcome to come watch and work up an appetite as the young students compete in traditional and nontraditional Undokai activities.

Sakura Gakuen's 3rd Annual Ramen Fest will be held on Sunday, November 23. Pre-order tickets will be available later this month and announced at service. The prospect of a tasty hot bowl of ramen on a chilly Sunday is enticing, even on these beautiful warm fall days. Organic Satsuma mandarins (mikan) will again be sold this November. More details on that will be in the next SANGHA and announced after service.

**NIKKEI HOT
DOG
SCHOLAR-
SHIP DINNER**

Come out to the 33rd annual Florin JAACL Nikkei Hot Dogs, Cupcakes, and Free Bingo Scholarship/Youth Fundraiser on Saturday, October 11, 5:30 p.m. dinner (7 p.m. bingo) at the Buddhist Church of Florin, 7235 Pritchard Road (off Florin Road), Sacramento.

This is a fun, crowd-pleasing favorite for ages 8 to 80s. Savor a dozen Japanese toppings on Nikkei (Japanese-style) all-beef hot dogs. Select from 20 types of scrumptious cupcakes. Win some of the more than 200 bingo prizes — all for only \$10 prepaid!

Don't miss the "classic" condiments, veggie dogs, salad, and drinks. Savor the "shoyu wienies" teriyaki dogs over rice. Check out all the neat prizes at the raffle, and activities like face painting/rub-on tattoos for the kids, pumpkin decorating, and a "world record" senbei rice cracker contest.

Florin JAACL is also seeking: bingo or raffle prize donations; sponsors (\$100+ gold, \$50+ silver, \$25 bronze); cupcake bakers; and volunteers to help with set-up, cooking, serving and clean-up. Work shifts start at 9 a.m. on October 11. Helping at this nonprofit event also counts for community service hours.

Advance sale tickets are just \$10. Tickets are \$12 at the door; \$6 for ages 4-12; ages 3 and under get in free.

Mail ticket/sponsor checks by Wednesday, October 8 to Florin JAACL, P.O. Box 292634, Sacramento, CA 95829. Order/donor form available at www.florinjacl.com.

To help out or for more info, just email Andy Noguchi, florinjacl@hotmail.com, or call Marielle Tsukamoto at (916) 685-7848. To bring mini-cupcakes or cupcakes, contact Twila Tomita, TwilaTomita@gmail.com or call (916) 393-5007.

YAC 10
KAYLA DREXEL
SEVEN DAYS AND SIX NIGHTS

Recently, my mother and I decided to escape the heat and catch a movie called *Boyhood* at Tower Theatre. In the closing line of the movie, a girl remarks, "You know how everyone's always saying seize the moment? I don't know, I'm kind of thinking it's the other way around, you know, like the moment seizes us." "Yes!" I blurted out in complete agreement.

At times a moment is so profound that it can't help but to be experienced and appreciated. Such moments that force us to live in the present are rare, but I can without a doubt say that for the seven days and six nights that I spent at the 2014 BCA Youth Retreat, I had that experience.

Initially I was put in a room with 10 other teenagers, who for the most part were strangers to me. After introductions, we were stripped of our cellphones, meaning I would actually have to socialize with those people. Then we were given the task of making a banner that said YAC 10. I have to admit everyone did a great job and we actually made a pretty impressive poster. Next we were separated into Toban A and Toban B and told that our Tobans would have to lead services.

I don't think any of us really believed that we had what it took, but we didn't have to do it alone. Even at the hardest of times, the reverends and teachers were there to help us. They offered their own wisdom and provided us with new opportunities. All 11 of us found success and whenever we did struggle, we always had each others' backs. No one wanted to fall asleep because that would mean less time together.

When our seven days and six nights came to an end, I didn't even want my phone back, I didn't want to say goodbye, and I certainly wasn't ready to leave behind the oishii food that Reiko and Gladys kitchen crews made.

As Buddhists, we know everything is impermanent, and so I was able to appreciate the time we had together even more. I would like to thank everyone for their participation and for all the love and support we were able to share. In retrospect, I know I owe everything to the kindness and generosity of those who made the YAC possible.

Okagesama de arigatou gozaimasu!

YACX ON, YACX OFF

On July 7, 2014, 11 teenagers from different states on the West Coast came together at the Sacramento Buddhist Church. Awkward and nervous as teens are, I don't believe any of us knew how the week was going to turn out. I came into YAC (Youth Advocacy Committee) with very little expectations, and also little knowledge of Buddhism. Before YAC, people would ask me what my summer plans were. I would simply reply by saying I was attending YAC. "What's that?" they would respond. Then I had to think. I didn't really know what to say, so I said, "It's a week-long retreat at my church where we learn about Buddhism." However, after the week was over my answer to what YAC is has changed.

My initial answer wasn't bad because we did learn about Buddhism. But Buddhism was part of a week filled with the creation of new bonds and learning more about myself. From early mornings to late nights, I spent 24 hours of seven days with the same group of people. Although I had just met some of the participants, seven days passed and it felt like I have known them my whole life. I was able to create seven new friendships and make three stronger than they were before. These bonds were created through our late-night discussions, and you can only imagine how little sleep we got that week. I am so fortunate to have had the opportunity to meet such amazing people. We had so many things in common, from our love for music to our passion for Buddhism; I couldn't have asked for a better group.

YAC has opened my eyes and allowed me to begin my journey on the Dharma path. From morning, afternoon, and evening services to workshops throughout the day, I learned more in seven days than I learned throughout my whole life. We learned about the history of Shinran Shonin, how to write and deliver a good Dharma message, the importance of the onaijin (the altar), and much more. We may have learned a lot, but there is definitely a lot more about Buddhism to discover.

YAC is such a great program. It has brought together teenagers from across the country for the past 10 years. It gives us the chance to express our interest in Buddhism along with our new DBFLs (Dharma Buddies For Life). YAC was a

YAC X
FACTOR
HALEY ARAKAKI

**YAC X
FACTOR**

(CONTINUED)

life-changing experience for me because not only did I learn more about Buddhism, but my passion for Buddhism has also grown stronger. My fellow YAC X buddies and I made so many great memories that I will cherish. I look forward to the many more YAC events to get the chance to connect with past YAC participants. You are always in such a positive environment, with people at your side always willing to help or just talk to. I am so grateful to have had the chance to be a part of such a great program, and I encourage potential YAC participants to take this opportunity.

**2014
NORTHERN
CALIFORNIA
SAKE FEST**



SAKE FEST TICKET ORDER FORM

Name _____ Day Phone _____

Mailing Address _____ Evening Phone _____

City _____ State _____ Zip _____

Email Address _____

Where you heard about the event _____

I would like to order _____ tickets at \$60* each = \$ _____ (Total Due)
*Ticket orders postmarked after 10/4/2014 will be "At the Door" price of \$70.

Method of Payment: Check or Money Order Made Payable to:
North American Food Dist. Co., Inc.

Credit Card Visa Mastercard Discover

Credit Card # _____ Expiration Date _____

Verification # _____

Card Holder Name _____ Signature _____

Card Holder Address if different from above: _____

I would like (check one): tickets sent to me at the above address.
 to pick up tickets at the door.

Mail Completed Forms by October 4, 2014 to:
Attn: Judy
North American Food Dist. Co., Inc.
3969 Industrial Blvd.
West Sacramento, CA 95691

Or Fax To: (916) 373-1124 Attn: Judy

If you need assistance, please contact Judy at (916) 373-1111, ext. 120,
or email Judy@nafdc.com.

**GOLF
TOURNAMENT
RESULTS**
RICHARD KAI



The Sacramento Buddhist Church (SBC) Golf Tournament Committee extends its appreciation to the many tee box hole sponsors cash and raffle prize donors that contributed to the success of the temple's 5th annual fundraising event held at the Teal Bend Golf Course on August 20, 2014.

A field of 137 golfers played in this year's event, surpassing by a handful the number who participated in the 2013 tournament.

The tournament committee extends its appreciation to the Reiko Kurahara, Gladys Adachi and the famed Kitchen Crew for preparing the bento box lunches for all of the participants, their guests and volunteers whose support made the success of this annual event possible. More than 150 golfers and invited guests enjoyed the delicious bento box lunch prepared by the temple's kitchen crew following completion of play.

The tournament was supported by 27 Gold, Silver, Bronze and individual hole sponsorships and raffle prize donations from participants, guests and friends of the Betsuin. The 2014 SBC Golf Tournament Committee extends our sincere "thanks" to each of those listed below for your generous donations.

We look forward to seeing you all at next year's tournament.

Donor Name	Company Name	Type of Donation
Allan Hoshida		Raffle Prize
Derek Seo	Ameriprise Platinum Financial Services	Gold Level Sponsor
Audrey Yokoi		Raffle Prize
Brent Ishida		Raffle Prize
Brian Hatano		Raffle Prize
Bryan O'Malley	Wildhorse Golf Course	Raffle Prize
Susan Tamai	California Bank & Trust	Raffle Prize
Drs. Cheryl Lieu & Kelvin Mark	Case Medical Group	Gold Level Sponsor
Chris Choe	Dry Creek Golf Course	Raffle Prize
Patty Nishikawa	Cub Scouts Pack 50	Silver Level Sponsor
Curtis & Emily Ishii		Silver Level Sponsor
Dennis & Nancy Hashimoto		Silver Level Sponsor
Dennis Lau	Ancil Hoffman Golf Course	Raffle Prize
Diane & Gerald Muranaka		Raffle Prize
Eric Yasuda		Raffle Prize
Stanford Hirata	First Allied Financial Services	Bronze Level Sponsor
Gayle Ishihara	Gayle & I For Hair	Raffle Prize
Hiroko Takamoto		Raffle Prize
Hiroshi Kashiwagi		Raffle Prize
Allan Hoshida	Hoshida & Reyes, Architects	Bronze Level Sponsor
Ikeda's Market		Raffle Prize
Clara T. Mark	In Honor of Kelvin Mark	Gold Level Sponsor
Marcia Matsuda	In Memory of Don Matsuda	Gold Level Sponsor/Raffle
Randy Kajioka	In Memory of George, Betty and Gary Kajioka	Individual Hole Sponsor/Raffle
Sheryl Kajioka	In Memory of Hisashi Urokogata	Individual Hole Sponsor
Mike Kashiwagi	Interwest Consulting	Silver Level Sponsor
Kraig Shimizu	Japanese Service Center	Raffle Prize
JC Charles	Elite Fitness and Performance Center	Raffle Prize
Jean Ota		Raffle Prize
Joe Williams	Holsum Produce Company	Boxes of Produce
John Yoshikawa		Raffle Prize
Josh Hurd	Charles Schwab	Silver Level Sponsor
JT Maas	ClubCorp Golf Courses	Raffle Prize
Judy Fukuman		Bronze Level Sponsor
Keith & Shirley Kato		Bronze Level Sponsor
Lisa Taira	Kiyō's Florist	Raffle Prize
Mark and Willie Hayashida	Koa Kahuna, Inc. dba/L&L Hawaiian Barbecue	Silver Level Sponsor
Gordon Nitta	Legacy Endowment Fund	Gold Level Sponsor
Lisa Guirguis		Bronze Level Sponsor
Mason Wong	Cafeteria 15 L and Firestone Restaurants	Raffle Prize
Minh La		Bronze Level Sponsor
Harley & Judy Inaba	North American Food Distribution Co. Inc.	Raffle Prize
Randy Kajioka		Raffle Prize
Richard & Pearl Kai		Bronze Level Sponsor
Robbie Midzuno		Gold Level Sponsor
Fusako Takahashi	Sacramento Buddhist Women's Association	Bronze Level Sponsor
Team Betsuin	Sacramento Ministers and Minister Assistants	Gold Level Sponsor
Bobbie Tanaka	SBC Boy Scout Troop 50	Raffle Prize
Steve Miura, Felix Wada, Gerald Fujimoto, Paul Hironaka		Silver Level Sponsor
Rod Kunisaki	Walsh Station Automotive Service	Bronze Level Sponsor
Walter Menda, Ron Tsumura, Steve Hamamoto, Ed Imai		Individual Hole Sponsor
Wayne & Lynn Kurahara		Gold Level Sponsor

HALLOWEEN PARTY

PATTY NISHIKAWA



Can you believe it's October already? The church's annual Halloween party will be held Saturday, October 25 from 6 p.m. to 9 p.m. in the kaikan. As in the past years, we will have a costume contest for all ages (even adults), games, and the infamous haunted house presented by Boy Scout Troop 50.

There will be lots of FUN and Good Eats! So, please bring your favorite potluck dish to share!

HAPPY HALLOWEEN

**COME JOIN US FOR A SPOOK-TACULAR NIGHT
AT THE
ANNUAL HALLOWEEN PARTY
SATURDAY, OCTOBER 25, 2014
6:00 TO 9:00 PM - KAIKAN**

**COSTUME CONTEST REGISTRATION AND GAMES
START AT 6 PM**

VISIT THE HAUNTED HOUSE

POTLUCK - PLEASE BRING A DISH TO SHARE.

**HOSTED BY:
CUB SCOUT PACK 50
GIRL SCOUT TROOP 569
BOY SCOUT TROOP 50**

**SPONSORED BY:
ABA
SACRAMENTO BUDDHIST CHURCH SCOUTS
DHARMA SCHOOL COMMITTEE
VICTORY TROPHIES**

*Congratulations
Newlyweds*



*Eric Yee & Arbert Nazareno August 16, 2014
Misa Yokoi-Shelton & Derick Lennox..... August 16, 2014*

**CUB SCOUTS
STEVE ITAGAKI
PACK 50
CUBMASTER**



BREAKING NEWS! BREAKING PANCAKE NEWS!

The annual Cub Scout Pack 50 Pancake Breakfast will NOT be in October this year! Sorry for the confusion, but this year, the Pancake Breakfast will be held on SUNDAY, NOVEMBER 9 from 8 a.m. to 12 noon.

But don't worry, nothing else will be changed! We will still be offering up our delicious pancakes hot off the griddle and they will still be served by the best Cub Scouts in the land.

So change your calendars and don't miss out! The proceeds from the breakfast will help fund our Cub Scout programs and events all year long.

Your ticket purchases will not only fill your stomachs, they keep our program running and enable the Pack to teach these young boys about things like character, responsibility and citizenship.

Cub Scouts is about fun and adventure too, but it's true, eating pancakes will help turn these young boys into the good men of our future. That's a great deal.

Be on the lookout for Cub Scouts selling tickets in advance. Get 'em while they're hot!

Thank you for your support. See you on NOVEMBER 9!

BOY SCOUTS
CAMERON LUTZ


September is the ninth month of the calendar year as well as the beginning of Troop 50's scouting year. Troop 50 leadership positions have been replaced by fresh new scouts eager to lead the troop and take on new responsibilities. September's theme was Ice Breaker; providing a period for patrols to blend together and break the ice. Troop 50 went on its annual Bodega Dunes outing on September 26–28. Bodega Bay is the highlight of the trip and we spent several hours playing in the sand, playing British Bulldog or cherishing the last bit of summer sun. Those who seek leadership skills underwent the first part of NYLT (National Youth Leadership Training) on the same weekend. They will return to continue their training on October 11–12.

October's monthly theme is camping. To kick off October, Troop 50 will be heading to Mount Tamalpais in replacement of our annual Mount Diablo trip from October 17–19. They will be aiming to complete a 1,000-foot climb. This will be the first troop-wide backpacking outing in at least 10 years.

The Sacramento Buddhist Church will be hosting its yearly Halloween party and Haunted House on the evening October 25. Troop 50 will be in charge of designing, setting up and production of the Haunted House on October 24 and 25. There will be family fun scares and frights for kids of all ages. Be there, if you dare....

On the morning of October 25, Troop 50 volunteers will provide assistance to the My Sister's House Fun Run, handing out waters and cheering the participants on as they run/walk. My Sister's House is the first and only nonprofit organization to specifically identify and address the unique needs of women and children impacted by domestic violence in the Central Valley's highly diverse Asian and Pacific Islander community.

Troop meetings were scheduled for September 5 and 12, as well as October 10 and 24. Greenbar was planned for September 12 and October 24. Here, all of leadership discusses all upcoming events, evaluates past troop activities, as well as chats about how the troop is doing.

PATROL REPORTS

- Ryan Wong: Patrol Meetings (9/7/14). Troop Activities: 9/12 Troop Meeting
- Brenden Noguchi: Patrol Meetings (9/12/14). Troop Activities: 9/12 Troop Meeting
- Eric Ngo: Patrol Meetings (9/5/14). Troop Activities: 9/12 Troop Meeting
- Sam Wolff: Patrol Meetings (9/6/14). Troop Activities: 9/12 Troop Meeting
- Cameron Chang: Patrol Meetings (8/31/14). Troop Activities: 9/12 Troop Meeting

DHARMA SCHOOL NEWS
VALERIE FONG


Dharma School is off and running! In September we completed student registration, celebrated Grandparents' Day, and observed Fall Ohigan. As of this writing, we have registered 245 new and returning students, 22 TAs, and 25 teachers! All of our teacher and TA assignments are filled, except for a 7th grade teacher. If you are interested in this exciting teaching opportunity, or know of someone who might be, please let us know!

On September 14, we held our Grandparents' Day Service and Celebration, which was a huge success! We had several fun activities for grandparents, parents and grandchildren, which including taking generation pictures in the photo booth, playing bingo, making greeting cards, completing a family tree, and finding answers for a Who Are You? questionnaire. We appreciate the help of our teachers, TAs, and other volunteers for making this a memorable day for everyone.

A big "thank you" to Derek Ikami for being our Dharma School treasurer for many years. We appreciate all of his hard work and dedication. Derek has done a great job taking care of the weekly osaisen, paying our bills, and handling all of our banking needs! Thank you, Derek! And, we are so pleased to welcome Cheryl Lieu as our new treasurer. Our Dharma School is in good hands, for sure!

This year we are going to try something new. Each month, in addition to sharing Dharma School news and upcoming events, our SANGHA articles will showcase one of our Dharma School classes. Please be sure to read about the exciting things happening in our classrooms!

This month, our 1st grade class is the featured class! We have 18 students — 11 girls and 7 boys, plus two teachers, and one TA. In the early weeks of Dharma School, 1st graders focus are exploring who they are—different ways to write their name, facts about the day they were born, and what they like to do at

**DHARMA
SCHOOL
NEWS**
(CONTINUED)

DONATIONS

their birthday party. After that, lessons include craft projects, such as making a giant-size ojuzu and a stand-up sign identifying who is part of their family (dad, mom, brothers, sisters, grandparents, pets, etc.) and also those who they see as part of their Buddhist family (school friends, school teacher, coach, Dharma friends, neighbors, and more). 1st graders take turns leading opening and closing gassho and are big helpers during set-up and clean-up time. 1st graders are always happy, energetic, and fun!

Dharma School "courtyard" gratefully acknowledges donations from the following (August–September):

Misao Abe	Jane Komure	Aileen M. Nishio
Cub Scout Pack 50	Gayle Kono	Eleanor Nobuye
Grace Hatano	Mieko Kono	Harry & Nancy Noguchi
Minnie Iseri	Ben & Grace Kotani	Mary Orite
Don Ishii Family	Ron Kubo	Sam Orite
Nob Kamei	Ed & Janet Mizutani	Mollie Oto
Joe & Alice Kataoka	Cindy Morishige	Shige Tanaka
Fumie Keikoan	Mitzie Muramoto	Emi & Louie Watanabe
Utako Kimura	Barbara Nakatomi	Sueko & Haruo Yamashita

**SPORTS
COMMITTEE**
ALAN WU


Sports: the final frontier for athletics. These are the exploits of the SBC Sports Program. Its continuing mission: to explore new worlds of youth activities, to seek out new kids with new interests, to boldly go where no other sports program has gone before.

CAPTAIN'S LOG, STARDATE 453985775967310.0

As we enter the Delta Quadrant, I get this feeling of trepidation, a feeling that I have missed something, something that may have slipped through the cracks. However, I cannot pinpoint what that may be. I have gone over what lies ahead of us in the Delta Quadrant a hundred times, but yet there seems to be something missing.

The crew over two starweeks has performed admirably in administering the registration process for the basketball league — a process for which the crew has trained for many years. Every year they successfully carry out this sortie like negotiating the Kuiper asteroid belt without a scratch. So, check that off the list.

And the same can be said about our bowling league signups. The bowling league has been on course and steady as she goes; this can also be checked off the list.

Now, after last year's very successful maiden voyage of the hula class, this year should be no different. So this can be marked off the list too.

We have all our tried-and-true activities in place and moving ahead at flank speed, so why am I so apprehensive about this Delta Quadrant? We were even able to get some early-bird registrations completed to get a team to the fall Bay Area tournaments, which has been previously uncharted territory. I don't know now, but I know I will awake in the middle of starhour 0-dark-30 in a cold sweat. So until then, our three ongoing activities — basketball, hula, and bowling — are still open for more participants.

Just as I suspected, I finally realized the source of my anxiety. I am worried that since there are only 2 extra credit days left, I am concerned that some our families missed out. I can only hope they seize the next 2 opportunities. And all I ask is a tall ship and a star to steer her by

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