

Happy New Year and Welcome to 2016! As I look at the brand new calendar for 2016, I find myself imagining the year ahead. I am already anticipating a beautiful spring and a nice hot Sacramento summer. But I am also reminded again that all the calendars that have ever existed have been human creations trying to mark the passing of time. Time itself just goes on and on. And from the perspective of infinite time, we might say that there is no beginning or end.

However, within our Buddhist tradition, we are encouraged to see that every moment is a New Beginning, slipping immediately into the past. And every moment is also an Ending. Most times we give little thought that each moment is a Beginning and an Ending.

But every now and then, things happen to make us realize that this is true. With a birth of new baby into our families, we mark that day, that moment, as a new beginning. And each time we have to know the loss of someone we truly love, we quietly mark that day, that moment, as an ending.

But through all the changes we have lived through, the Dharma has always been reminding us that our lives are always interconnected with all events and

(CONTINUED ON PAGE 3)

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SANGHA

SACRAMENTO BUDDHIST CHURCH
VOLUME 53 NUMBER 1 – JANUARY 2016

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RB'S CORNER
(CONTINUED)

all people. Through all the changes we live through, we will still forever be interconnected in the karmic fabric of life.

Every year we've served here has been a year of growth. And as we begin this new cycle of seasons, we look forward to enjoying and finding meaning in each and every day we are able to be with all of you.

This month of January marks the beginning of the 32nd year that Patti and I have been here with the Sacramento Betsuin. As this new year begins, we find ourselves reflecting even more, on the 3+ decades of changes we've lived through. We find ourselves reflecting on the many endings and new beginnings, the many new meetings... and also difficult partings.

As Patti and I prepare for our retirement at the end of July, we feel an ever-deepening gratitude for the support and encouragement that we have received from the many friends we have made through being a part of this great Betsuin.

As we begin this new year together, Patti and I want to make the most of each day we have together. As written in my (now) favorite gatha:

We live most days routinely, without much thought that we
Will never pass this way again in all eternity.
Each wondrous day is special, in sunshine or in rain.
In living we'll know pleasure, fulfillment, loss and pain.
This is the truth of constant change, we'll live throughout our lives.
With Dharma eyes we'll see each day is Amida's paradise.

Namo Amida Butsu...
Reverend Bob and Reverend Patti Oshita

**SACRAMENTO
BUDDHIST
WOMEN'S
ASSOCIATION**
KEIKO JEAN
KASHIWADA

The December SBWA Board Meeting was held on Wednesday, December 2, 2015, with President Fusako Takahashi presiding. A special thank you to Mollie Oto for providing the SBWA Board with obento for the December meeting.

DONATIONS AND ACKNOWLEDGMENTS

Thank you to the following ladies and families for their generous donations to the SBWA. The SBWA is grateful for all the donations it receives throughout the year. Thank you for thinking of the SBWA.

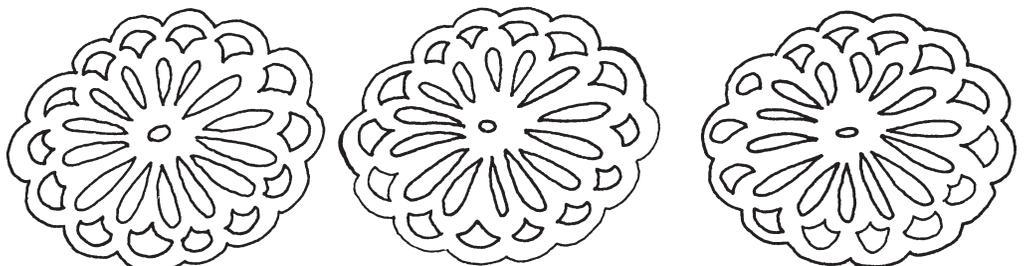
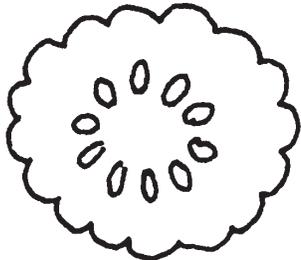
Hideko H. Sakazaki	In Memory of Lucy Oda Mayeda	\$30
Takaye Lorraine Nagae	Eitaikyo Donation	\$20
Lilly Yuriko & Pauline Sakai	In Appreciation	\$30

Thank you, everyone for bringing raffle prizes or making donations to the SBWA at our Bonenkai service and luncheon on December 13. Your monetary donations will be used to offset costs to attend activities and conferences and are very much appreciated. The donation of prizes made for a very fun Bonenkai event. Almost everyone went home with a gift again this year! Thank you to the husbands, sons and men who helped us put away the tables and chairs. There seems to be nothing the SBWA ladies can do on their own, but the help of these men made the job easier and quicker.

UPCOMING ACTIVITIES/EVENTS

- Dr. Satsuki Ina is scheduled to speak at the Palo Alto Buddhist Church on Sunday, January 31 at 11:30 a.m. If you are interested in attending, please contact Fusako Takahashi as soon as possible. There is a fee of \$25 (lunch and other expenses).
- The next SBWA meeting will be on Wednesday, January 6, 5:45 p.m. service and 6 p.m. meeting. This will be Virginia Uchida's first meeting as our SBWA president.
- Remember to pay your 2016 dues.

Respectfully submitted in gassho.



**MINISTER
ASSISTANTS**
REV. TIM CASTLE

Happy New Year, 2016! *Shinnen akemashite omedeto!* Translated: Congratulations that a new year has "opened up"!

As I sit down to write this month's article, we have just finished Thanksgiving and I am looking forward to the rest of the holiday season. The end of the traditional holiday season is really a beginning, a beginning of a new year. As we begin each year, I think there is naturally a sense of excitement and hope that we simply have a "good year."

This year, as 2015 begins to wind down, we seem to face a never-ending string of news stories that truly make me wonder where this world is heading in 2016. It seems that not a day goes by when we are again seeing images and headlines, full of violence, anger, and suffering... often committed in the name of religion.

In his book *Dharma Breeze*, Dr. Nobuo Haneda talks about his path of studying... studying Christianity, Buddhism, and even Russian literature. Dr. Haneda mentions that he has a deeper appreciation of Christianity after his studying of Buddhism.

I have often mentioned the same. Growing up, I never appreciated my religious background, as it did not make sense to me, and I had too many questions. At that time, questions were not really encouraged to be asked or answered. While my life is now firmly on the Buddhist path, my appreciation and recognition of the beauty of my past practice has increased.

This may seem strange to many, that anyone can study many religions without conflict. Dr. Haneda explains this as truly part of the Buddhist mind and uses this simple illustration.

Dr. Haneda uses the example of fruit! Most religions want to be defined as being unique from each other. So an apple is different from a banana, which is different from an orange, which is different from a pear, and on and on it goes. Each fruit (religion) has its own practice, its own dogma (own set of principles that are seen as absolutely true), and its own belief system.

But Dr. Haneda explains that by having a true Buddhist mind, we see Buddhism as not simply one of the fruit, but rather it is the fruit basket that holds all kinds of fruit. Buddhism is that which accepts, encompasses, and truly can live with all. **Buddhism truly means having an all-embracing attitude.**

With this in mind, I think, how awesome is it to be a Buddhist! Taking this path, we are a part of a tradition that is free from a practice of fear, free from a practice of anger, and free from a practice of violence. Amazing to stop and think about that.

This past weekend, we had a number of students from Yuba College come to service. After service, they had many questions about our service and Buddhism in general. One of the most thoughtful questions I was asked was, "What do you think Buddhism asks you to do on a daily basis?" Great question! I answered that I thought Buddhism asks me to be self-aware, and simply open my eyes to the truth that surrounds us all, each and every day. There truly is no dogma, belief system or doctrine that we follow. While I know it is often difficult for me, we need to truly all reflect Dr. Haneda's idea that Buddhism truly means having an all-embracing attitude. While difficult, we know it can be done because we have had so many to show us how.

Let's hope that this all-embracing attitude catches on to others so we can begin to see a world that thinks less selfishly, more about others, and with less violence. And thank you to Dr. Haneda for his great lesson using simply fruit and a fruit basket.

I hope each and every one of you has a great 2016. While the term "great" may set the bar a bit too high, let's all hope for a really, really, really, good year!

In Gassho,
Reverend Tim



**WHAT WILL
YOUR
LEGACY BE?
MARTIN TOKUNAGA
LEGACY
ENDOWMENT FUND
BOARD**

おかげさま

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**OFFICE
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Jennifer Nitta

**BETSUIN
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Mutsuko Noguchi
Helen Sakaishi
Fusako Takahashi
Faye Uyemura

Hello again! I'm back writing another article for the Legacy Endowment Fund (LEF). I think that the most challenging responsibility to be a LEF board member is to write a meaningful article for the LEF twice a year.

In my simple mind, we as LEF Board members have a fiduciary duty to manage and invest the donations that we receive and to build the LEF balance in order to secure the long-term future of our church. Managing and investing the LEF contributions is performed by a professional money manager and is invested conservatively. Thus, this is not a difficult task. Adding meaningful amounts to the LEF balances will be the LEF Board's greatest challenge. Our main objective is to build a sizable LEF balance over the next 5 to 10 years and to invest it wisely so that the principal balance can generate investment income to help the church with facility and operational needs as our facility and sangha ages over time.

I personally believe that giving to the LEF is a very good thing, but how are we as LEF Board members able to convey the importance of giving to the LEF? In my quest to outreach on the objective of the LEF, I needed to find meaning in the word "*legacy*" as it has different meanings to many people. According to *dictionary.com*, a couple of definitions of legacy are an amount of money or property left to someone in a will, and anything handed down from the past, as from an ancestor or predecessor.

I also found a very good article, "What Is Legacy?" written by Susan V. Bosak. Below in italics is an excerpt from her article:

Legacy is about life and living. It's about learning from the past, living in the present, and building for the future.

Where do you think it's best to plant a young tree: a clearing in an old-growth forest or an open field? Ecologists tell us that a young tree grows better when it's planted in an area with older trees. The reason, it seems, is that the roots of the young tree are able to follow the pathways created by former trees and implant themselves more deeply. Over time, the roots of many trees may actually graft themselves to one another, creating an intricate, interdependent foundation hidden under the ground. In this way, stronger trees share resources with weaker ones so that the whole forest becomes healthier. That's legacy: an interconnection across time, with a need for those who have come before us and a responsibility to those who come after us.

Legacy is fundamental to what it is to be human. Research shows that without a sense of working to create a legacy, adults lose meaning in their life. Exploring the idea of legacy offers a glimpse not only into human relationships and building strong communities, but also the human spirit.

The idea of legacy may remind us of death, but it's not about death. Being reminded of death is actually a good thing, because death informs life. It gives you a perspective on what's important. But legacy is really about life and living. It helps us decide the kind of life we want to live and the kind of world we want to live in.

Most of us will not be an Albert Einstein, with our name and accomplishments remembered forever in the history books. But that does not lessen our need to create some meaning in our lives, to have what we've done and thought live on after us, to be remembered in some way.

To date, the Legacy Endowment Fund has received generous monetary donations from those who have passed before us. I believe that their contribution to the LEF was a gift of gratitude for all of the blessings and good will that they received from Sacramento Betsuin's past Rinbans and Reverends and members of our great sangha. I am always in a state of awe when attending our annual Bazaar to see so many volunteers working so hard for our church and to enjoy our sense of community.

One of the ideas that the LEF Board is considering is to erect an LEF Donor Wall to list the names of donors who have supported the LEF. I believe that the "older trees" (older members) will need to leave a legacy for our "forest" (Betsuin) and "younger trees" (our children) to enjoy what our church and elders provided for us. I know that I am no Albert Einstein, yet by making a monetary donation of gratitude to our church and the LEF when I pass, my hope is that I will leave a small legacy to the future success of the Betsuin and that being a member of our sangha will have some significance long after I am gone.

Happy holidays everyone! May you and yours enjoy a new year filled with great health and happiness.

**SAKURA
GAKUEN**
AILEEN NIIZAWA
MORRIS



Happy New Year! Oshougatsu Omedetou Gozaimasu! Do you have a New Year's resolution? How about learning Japanese! The adult class registration for spring semester is now open! Registration forms can be downloaded from our website: www.sakuragakuen.org. In-person registration for all Monday classes will be on Monday, January 11, at 7:30 p.m. in the annex. Church members will receive a 20% discount. We will start a new Introductory Beginner class, provided there is enough interest. If you are not able to make the in-person registration, forms and tuition can be dropped off at the church's front office prior to January 11. Please place the forms and tuition in an envelope and mark attention to: Masako Thomas sensei. If you have any questions regarding the adult class program, please email Thomas sensei: thomas@sakuragakuen.org.

The youth program is wrapping up the semester and will have a new year, Japanese Oshougatsu celebration on Saturday, January 9. This is one of the main holiday celebrations in Japan. We will be having a traditional mochi tsuki with pounding mochi in an *usu* (mortar) with *kine* (wood mallets), followed by shaping and of course eating! We will also be enjoying some other traditional Japanese new year foods, including ozoni, playing games and drawing and writing *Nengajo* (traditional new year's postcards). The spring semester will begin on February 6.

If you have any questions regarding the youth program, please email me at: aileen.niimo@gmail.com. We appreciate all the support of the Sacramento Buddhist Church sangha with our 4th Annual Ramen Fest in November. We sold out of all the servings of onigiri, gyoza and 600 bowls of ramen! The funds will help support our program and sensei as we head into our 113th year! Domo arigatou gozaimasu.

**DHARMA
SCHOOL
NEWS**
VALERIE FONG



Happy New Year and welcome to the month of January! We hope everyone enjoyed a wonderful and safe holiday with family and friends.

We would like to welcome Kim McDonnell to the 5th grade class. Kim is joining our "doctor team" of Yvonne Otani and Kelvin Mark as a teacher. She has been helping in the classroom already, but we have officially added her to our Dharma School roster. She and her husband, John, are also active in the Japanese language school. They are the parents of 3rd grader Miya. Welcome aboard, Kim!

Also, Annika Masaki, one of our Dharma School 10th graders, has joined the 5th grade class as a TA. She is the daughter of Ross and Grace Masaki. We are delighted to have her take on a leadership role in the classroom. Welcome, Annika!

There are still TA openings for the current Dharma School term for students in 9th grade or higher. A short written statement is needed from each student wishing to be considered for a position. Interested students should include responses to the following in their statement:

- 1 Student's name, contact telephone number and email address, and name of parents;
- 2 Reasons student would like to become a TA;
- 3 Skills, experiences and qualities the student will bring to the classroom; and
- 4 Additional information about the student that demonstrates readiness to be a TA.

Completed written statements should be dropped off to the *Dharma School mail slot in the church office* in an envelope addressed to Valerie Fong, Superintendent. After statements are reviewed and a placement has been approved, applicants will be notified of their classroom assignment. **Note: Allow approximately one week for this process to be completed.**

DONATIONS

Dharma School "courtyard" gratefully acknowledges donations from the following:

Gladys Adachi
Keith Hamamoto
Steve Hamamoto
Max & Sumie Hamamoto
Goichi Hamamoto &
Family
Pauline Hamamoto
Sakamoto
Grace Hatano
Minnie Iseri

Grace Ishimoto
Keiko Jean Kashiwada
Kaye Kato
Rosemary Kitaoka
Family of Michiko Kubo
Ron Kubo
Vickie Kubo Matsuura
Lynn Kurahara
Reiko Kurahara
Barbara Nakatomi

Pat Yoshiko Okamoto
Mollie Oto
Oto's Marketplace
Sacramento Buddhist
Women's Association
Sacramento JAACL, via
Mary Ann Miyao
Helen Sekikawa
Senator Lions Club

SPORTS COMMITTEE
ALAN WU



GGGOOOOOOODDD MOORRNNNIIINNNNGGGG SBC SANGHA! What a fine day it is in this new year of 2016! Whether the weather is sunny with clear skies or dark and rainy with the wind blowing, it is a fine day to live the day to its fullest, because when tomorrow comes, if it does (there is no guarantee that the sun will rise in the west... right, RB?) we don't want to have any regrets about yesterday! We certainly hope you are ready for 2016 because it is happening as we speak, for time waits for no one, like the sands of the hourglass; these are the days of our lives, so go out and make the most of them!

Now that we are all settled in with this new year thing, it is time to get back and look where we left off at the end of last year:

On December 12, we had our annual mochi tsuki, which began in the wee hours of 4 a.m. We thought it was going to be a very long day when, with the first batch of rice, one of the grinders broke down with a broken gear. Since it was about 5 a.m. on a Saturday, there was no machine shop available to get a new gear, so we had to make a quick swap with our back-up grinder, and hope there was no other mechanical failures, because that was our last back-up grinder.

As it turned out, all the other machines performed admirably without any other problems. Many thanks go out to our head chief mechanic, Curtis Matsuura, for prepping and keeping our very very old machines in tip-top condition. We are not certain, but our best guess is that our machines are about 70 years old. With the machines performing so well, we finished grinding the 900 pounds (weight before cooking) of rice by 9 a.m.

Yes, we had another successful mochi tsuki, and it takes many people from several different organizations to pull off this event every year. Here are just a few shout-outs to those who made this year and previous years such a success: The ladies from SBWA, also known as the Fujinkai: Fusako Takahashi, Meriko Hoshida, Midori Ito, Elaine Yoshikawa, Jean Ota, Hiroko Tsuda, Heidi Sakazaki, Reiko Kurahara, Terry Kagiya and Lynn Kurahara came out in the dark and cold this year to make our kasane sets. Thank you, ladies! Our kasane sets always look so pretty... so pretty you could eat them!

Of course our temple always appreciates the work done by Reiko's Kitchen. They are always at the major events and also the days when there is a lot of work to be done at the church to feed us and make sure we don't keel over from dehydration. Our famous Food and Drink purveyors are known throughout the NC District, The 2 Rivers Area, The Tri-State area, and the Four Corners! Our gratitude and appreciation goes out to Reiko Kurahara, the Top Dog herself, Gladys Adachi, Sam Adachi, Sachi Sawada and Rachel Nagai for not only our event, but also for the tireless dedication they have for our temple. As a prime example, Sam's dedication goes beyond the day of the event; for years now, Sam sells our mochi at Oto's Marketplace the week following our mochi tsuki; he does such a great job, he usually sells out within a few days! The Reiko's Kitchen manifesto: Happy stomach... Happy Sangha.

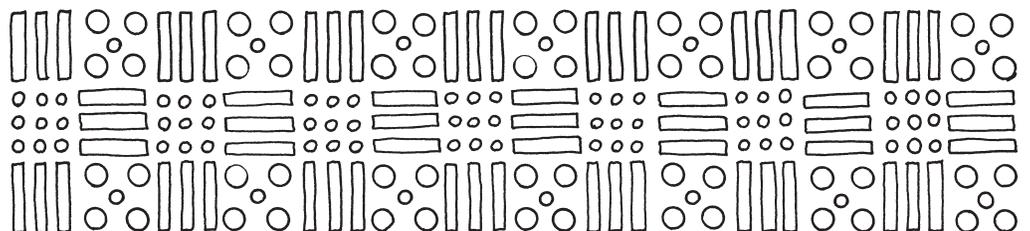
We also could not accomplish this feat without our Sports Families and Sports Committee. Our families and committee come out at 4 a.m. to get things fired up and are there at the end to shut things down.

Thank you, one and all for your continued support of our little annual event! There are so many people involved with our little event that we cannot name them all, but here are two more that need to be mentioned at this time. Debbie Yokota has been our mochi chairperson for the last few years, also known as our "Mochi Queen," and has decided to relinquish the throne. For years the mochi tsuki ran as smooth as our mochi that has passed through the grinder four times and words are not enough to say Thank you Debbie!

So, this year, our "Mochi Prince" was Wes Namikawa, who basically ran this year's event with Debbie right behind him to remind him of the little things that she forgot to tell him. Wes is no stranger to mochi; he grew up getting his hands messy and sticky with mochi, and with this year's success, we can already predict that Wes will be and IS the new Mochi King! Long live the King! Thank you, Wes!

Lastly and probably the mostly important: Thank you to our sangha for your continued support with your continued purchases. Please continue to love our mochi...or at least like.

Enough, enough, enough... See you next time.



Rev. Bob Oshita
428-9833



Rev. Patti Oshita
428-9833



Sensei Koichi Mizushima
704-1493
bkmizu@gmail.com

BOY SCOUTS
ERIC NGO



NOTES FROM THE OFFICE

Please be aware that articles for the SANGHA are **due** on the **15th of each month**. Late articles will be published in the following month's issue.

When sending articles by email, please send email to: **vibrocount@lanset.com** with a cc to: **betsuinoffice@gmail.com** and inform the church office at 446-0121. Please include the author's name. Thank you.

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Editor (Japanese) Katsuko Hirota

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Endowment	Martin Tokunaga
Boy Scouts	Erik Ngo
Dharma School	Valerie Fong
Sakura Gakuen	Aileen Niizawa Morris
Sports Cmte	Alan Wu

The month of December has been filled with many activities. December 4 was the annual end-of-the-year dinner, where scouts and parents were able to view past memories while enjoying a delicious meal and skits from each patrol.

On December 11, a troop meeting was led by ASM Mrs. Yee and scout Sam Porter, where the troop went over scout skills and participated in activities that tested cooperation, skills and abilities. During the Greenbar meeting, the leadership discussed new events for the month of January. It consisted of future plans of a Kings game event and the court of honor in January.

On December 12, the troop had a overnighter where it first went to Arden to build a basket to give to ABC Foster Care. At night, the troop stayed up playing games, eating, and spending time with friends. Early December also consisted of Chris Oto's eagle project where he painted the fence at the Walnut Grove Buddhist Church.

REPORTS

- Patrol Leader Corey Tanaka; Patrol Name: Sixy Dragons; Report: We went to troop meeting and the overnighter.
- Patrol Leader Casey Ngo; Report: We had fun at overnighter and had some patrol meetings.

Our January holiday closure schedule will be:

- Friday, 1/1/2016 – Closed
Shusho-E Service at 9:30 a.m.
- Saturday, 1/2/2016 – Closed
- Sunday, 1/3/2016 – Closed
- Monday, 1/18/2016 – Closed MLK Day

ANNUAL CONTRIBUTION STATEMENTS

Be on the lookout this month for the Betsuin's first-ever distribution of Annual Contribution Statements for donations received in 2015! When yours arrives by USPS mail (OR via email if you've requested that service), please review it for accuracy. If you notice any discrepancies, DO contact the Betsuin office so that we can provide a correction or clarification. Thank you!

DONATION ACKNOWLEDGMENTS

Did you notice that your donation was missing from the listing in the SANGHA? If so:

- Please note that contributions received by the 15th of each month are included in the very next edition of the SANGHA. Donations received from the 16th and later will appear in the month-after-next's issue. Examples:
- Donations received between 11/16 – 12/15/2015 will be acknowledged in the January 2016 issue.
- Donations received between 12/16 – 1/15/2016 will be acknowledged in the February 2016 issue.

We do our very best to get each and every contribution listed just as you request, so if you see an error, PLEASE CONTACT THE OFFICE IMMEDIATELY. The sooner we know, the sooner we can publish a correction. No need to "feel bad" about making an inquiry—it is a high priority for us to ensure that the monthly listing is accurate. By bringing any discrepancies to our attention, you are helping us keep our records in order.

Also, please be sure to indicate the reason for your donation on your check's memo line or on your envelope itself. Examples:

- "Special"
- "Birthday"
- "In Memory of..."
- "3rd Year for..."
- "Shotsuki Hoyō"
- "Legacy Endowment"
- "Nokotsudo"
- ... Etc.

Again, we try our best to capture your sentiments and requests, so these notations are a HUGE help! When an honoree's name is missing, it can be a challenge to identify your wishes correctly. Thank you!



*Condolences to
the Families of:*



Alan Inouye May 15, 1949 - August 21, 2015
Pacific Morito Eiri November 30, 1936 - November 6, 2015
Joseph Yagi June 20, 1921 - November 23, 2015
Kimichika Joe Kataoka June 22, 1926 - November 29, 2015
Jeanette Iwasa March 29, 1966 - December 1, 2015
Hiroto Arai August 9, 1923 - December 5, 2015
Kimiye Nakao February 27, 1922 - December 6, 2015
Lois Shimomura February 22, 1923 - December 7, 2015
Ted Tsukiji December 23, 1924 - December 8, 2015
Taketora Jim Tanaka January 2, 1926 - December 16, 2015
Richard Faulk, Jr. January 11, 1955 - December 16, 2015

*Buddhist Church
of Sacramento*

Legacy Endowment Fund

おかげさま



Okagesama

The Buddhist Church of Sacramento supports a vibrant and active membership through programs and activities that reinforce life-shaping values and a meaningful religious tradition for youth, adults, and families. The Legacy Endowment Fund was established to ensure the temple's continuation as the physical and spiritual heart of the Buddhist community. Fundraising and donations to the Legacy Endowment Fund have supported ministerial candidate training, Youth Advocacy Committee retreats, Buddhist Lecture Speakers Series, and an Assistant Minister position supporting Buddhist education and youth programs. Contributions to the Buddhist Church of Sacramento Legacy Endowment Fund will help fulfill its mission to sustain the temple now and for generations to come.

*Honor the Past
Continue the Legacy
Shape the Future*

The Buddhist Church of Sacramento is a not-for-profit 501(c)(3) entity (tax ID# 94-1243674).

How can I make a difference for generations to come?

Give to the Legacy Endowment Fund

Complete and return this post card to discover the many benefits that await you, including the potential for substantial tax relief and life time income, when you make a contribution to the Buddhist Church of Sacramento Legacy Endowment Fund.

I would like more information on:

- | | |
|--------------------------------------------|-------------------------------------------|
| <input type="checkbox"/> Making a donation | <input type="checkbox"/> Real Estate |
| <input type="checkbox"/> Making a bequest | <input type="checkbox"/> Life Insurance |
| <input type="checkbox"/> Cash/Securities | <input type="checkbox"/> Retirement Plans |
| <input type="checkbox"/> IRA Roll Over | |

Legacy Endowment Fund Board
Buddhist Church of Sacramento
2401 Riverside Blvd.
Sacramento, CA 95818

Name _____ Telephone _____

Address _____

City/Zip _____ E-Mail _____

Best Day and Time to Call _____