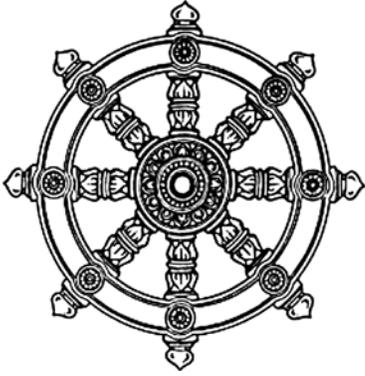


**Interim Rinban
& Supervising
Minister**

Rev. Marvin Harada



Become Happy

At Orange County Buddhist Church, we created an online Buddhist study program that offers a variety of courses at the beginning, intermediate, and more advanced levels. Please check it out at: *www.EverydayBuddhist.org*. For our online Buddhist program, I have an introductory course called "Become Happy." Allow me to introduce some of that course in this article.

The Dalai Lama, in his book, *The Art of Happiness*, writes, "I believe that the very purpose of our life is to seek happiness."

All beings seek happiness. But why is it that the happiness we seek seems to slip away as soon as we think we have it? Why does it disappear like a mirage in the desert as soon as we approach it, or have it in the palm of our hand?

First of all, Buddhism teaches us that our search for happiness is misdirected. We are looking for it in the wrong places. Normally, we seek happiness in things external to us. We seek happiness in more money, in a bigger home, in a new car, or in the love of our life. We might achieve many or even all of those things, but we somehow feel unsatisfied. More money is still not enough. A bigger house brings more repairs and headaches. A new car is nice for a while, until the next model comes out and now our

(Continued on page 3)

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SANGHA

Sacramento Buddhist Church Volume 56 Number 4 – April 2019

**Sacramento
Betsuin**
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Interim Rinban & Supervising Minister

(Continued)



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Sports Cmte Alan Wu

new car is already outdated. Even finding the love of our life can lead to heartache and sorrow if the relationship dissolves or if we lose our loved one tragically. With any of those things, our happiness disappears. What happened? Where did it go?

If you have ever felt the futility of searching for happiness in any of those external things, then you are ready to turn your search for happiness in the right direction.

Rather than looking outside of ourselves for happiness, we need to look within ourselves. We need to find in our life a sense of inner fulfillment, a life of inner purpose, and an inner meaning to our life. When we turn the direction inward, we enter the right path to happiness. Once we enter the path, then in a sense, we have already arrived at our destination. The goal is the journey. The reward is in the path.

That is why a person can dramatically change the situation of their life, even overnight. It all depends on our perspective in life. A life of misery can turn into a life of meaning and fulfillment. A life of greed, anger and ignorance can be transformed into a life of wisdom and compassion. A life of self-pity, jealousy and envy can turn into a life of philanthropy, generosity and kindness. A life in which we never get any breaks can become a life in which life itself is our biggest break, our biggest gift.

So how do we make that change? How do we unlock the key to a life of happiness?

First, we have to see that for our entire life, we have been looking at the world from a self-centered perspective, a "filtered" perspective, a view of life from the ego self. Life viewed from the ego self always falls short. There is never enough money or material happiness in the life of the ego self. Buddhism first points to our mistaken view of our ego self as not only a hindrance to a life of happiness, but it is the main source of the problem. It is *the* problem.

Naturally we react to such a teaching defensively. "Naw, I can't be the cause of my problems. My problems are because of *other people*. It's because of my boss, or my irritating neighbor, or my rebellious son or daughter, or because of my unappreciative company, or this or that, ad nauseam."

We might come to accept *some* responsibilities for our problems. Well, maybe *sometimes* I am the one who is wrong. Maybe sometimes I am the one who is self-centered, but not *all the time*. We can easily point out someone in our life who is selfish *all the time*. What about *that* guy, our ego self asserts. But even there, Buddhism challenges us to look within even deeper.

We then come back to ourselves, the one and only culprit. The source of our suffering and misery. Not anyone else. Not anything else. Just us. Just me.

But if we can come to accept that we are the culprit, we are the problem, then our transformation begins. Now we open ourselves up to the teachings. We open ourselves up to truly listening and learning. We find that teachings and teachers in life can emerge anywhere, at any time in our life. The more we listen and learn, the more we *want* to listen and learn. We begin to soak up the Dharma like a sponge, and then we realize that we are the sponge submerged in the water of the Dharma.

From our listening and learning, an inner happiness begins to emerge. Every insight, every realization, every little "aha" moment brings an inner sense of happiness and fulfillment that far exceeds any happiness we used to know from external things. We find that the inner happiness is more lasting, more consistent in our life. It doesn't just come and go like a flash in the pan. It stays with us in our hearts and minds. It builds. It grows. Eventually, it becomes fathomless.

Becoming happy is not quite like the popular song by Pharrell Williams, "Happy." It doesn't mean we bounce around the room shouting, "Happy, happy, happy!" Buddhist happiness is more expressed by words like meaning, fulfillment, and gratitude. You could be in physical pain with a terrible illness like cancer, and it would be hard to say that you are "happy," but in the Buddhist sense, you could very easily say that your life has meaning, is fulfilled, and that you have a heart of gratitude.

Namuamidabutsu.



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Helen Sakaishi

Lynn Sunahara

Fusako Takahashi

Virginia Uchida

Faye Uyemura

Elaine Yoshikawa

President's Message

Stuart Ito

Last month in March, we were able to celebrate Hinamatsuri, or Doll's Day or Girls' Day. This is a tradition from Japan where people take out dolls of the Emperor and Empress that often are heirlooms but can also be as simple as folded paper. There can also be multiple dolls that create a tier of the court. Back a long time ago they were played with. However, the increasingly intricate nature of the dolls over time has made them for display purposes only in the present time. These dolls usually stay in storage for the rest of the year and only come out for this particular day. The superstition held is that if they are not put away quickly, the daughter of the family will have a late marriage.

As Jodo Shinshu Buddhists, we are taught not to believe in superstition. And, growing up, our family didn't have any of these dolls. The one thing that I did participate in around this time was being able to eat the Sakura Mochi. This is a specific kind of manju, confectionery treat, that has a pink-colored rice cake on the outside, red bean paste on the inside, and is wrapped in a pickled cherry blossom. These are made in the spring and are eaten, especially on Girls' Day, as well as parties held to view the cherry blossoms. I enjoy manju and I enjoy pickled things, so I really like these manju! I always thought that the leaf outside was a shiso leaf (which I also like), but nonetheless I could appreciate the taste.

Next month will bring Kodomo no Hi, or Children's Day, which was formerly known as Boys' Day until the late 1940s. With it brings its own traditions and its own specific manju to eat on that day. This manju is called Kashiwa Mochi and it is rice cake filled with red bean but wrapped in an oak leaf instead of a cherry blossom leaf. I was unfamiliar with this custom until last year, and seeing these manju for the first time, I was excited to eat them. Because I was used to eating manju with leaves on them like the Sakura Mochi, I ate the Kashiwa Mochi in one bite. Upon further discussion with others, though, I found out that the oak leaf is actually inedible and is supposed to be thrown away. Luckily, I did not have any kind of upset stomach and was fine.

Oftentimes we use the knowledge that we have of things we've seen or experienced prior to influence the decisions that we make in the present. This is normal and advantageous to humans as a survival mechanism since it's important to learn what is beneficial and what is hazardous. Whether interacting with the land or animals or eating different kinds of plants, it was necessary to have that kind of memory in order to continue to exist.

Nowadays, we have a much better sense of what is harmful and what is good — at least to eat. We still have this judgment part of our human nature, but we apply it to different things. Fortunately, or unfortunately, it's very easy for us to apply this to people. If we have had a good or bad experience with someone in the past, when we meet someone who looks sort of like them later in life, we will use our past experience to influence the interaction that we have with them in the present.

It can be extremely difficult to even recognize that we are doing this, let alone turn it off. However, if we are able to see the world with Dharma Eyes, we can see ourselves as the people with human nature that we are. And we can see the people as unique in their own set of karmic circumstances. The first step in having this Right View is to begin examining our own thoughts and predilections to better understand ourselves and our relationship to the world, including those around us.

In March I attended the annual Buddhist Churches of America (BCA) National Conference in Phoenix, Arizona. It is an annual event where all BCA ministers and the individual temple leaders vote on various issues. This was the first time I attended the event in full, but many attendees have been there multiple times.

The first order of business was to vote on various issues related to the finances of the BCA. As the BCA membership across the U.S. continues its rapid decline, discussions about money and how to fund the BCA are inevitably at the top of the agenda. For a newcomer like me, it was not totally unexpected, but I was generally surprised at how much time was spent on finances.

Do we sell the Bishop's parsonage? Do we sell the San Francisco headquarters? Do we start a new long-term capital campaign? Do we start a new emergency capital campaign? How do we restructure the remaining \$3.4 million debt that was undertaken to build the Jodo Shinshu Center? How much do we raise temple membership dues?

One speaker came to the microphone and simply said lack of membership is the fundamental issue and until we solve that we will continue to have these financial hardships. I agree.

This topic of membership is always on my mind. Not from a purely financial point of view, but also a Dharma point of view. Is listening to the Dharma not worth the time to

President's Message
(Continued)

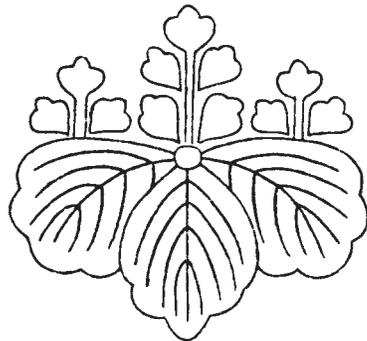
come to church? The Buddhist teachings have been around for 2,500 years. Last time I checked, we are still human beings born into this world, live our lives, and then die. So what has changed or what needs to change?

As I taught to my Dharma School students, change is a fundamental principle in Buddhism. Everything changes constantly and as intelligent humans, we do understand it. But as humans we also resist it.

In order to grow our sangha and bring new members to the church, we need to change. This can start by participation in community outreach and engagement beyond the Japanese American community. Buddhism is a world religion and in order for our sangha to thrive, we need to wholeheartedly welcome and sincerely embrace all persons who are seeking to simply be happy and fulfilled in life.

Namuamidabutsu

Sacramento Buddhist Women's Association
Keiko Jean Kashiwada



The March SBWA Board Meeting was held on Wednesday, March 6, with President Loleen Nakano presiding.

Upcoming Events for 2019

- President Loleen Nakano thanked everyone in advance for helping out with the Sakura Matsuri food and vendor fundraising event for the Sacramento Buddhist Church and its organizations, and to Karen Adachi and Koichi Mizushima for co-chairing this event.
- Nursing Home Visitations: If you have someone in a nursing home and he or she would like a visit from the SBWA, please contact Gayle Kono or Barbara Nakatomi, or leave a note in the SBWA mail slot in the church office.

SBWA Membership

The SBWA is proud to have 284 ladies on the membership roster. Ladies who are over 80 years old are not required to pay the annual membership dues. However, 176 ladies have paid their 2019 membership dues, entitling them to voting privileges. Thank you for being a member of the SBWA.

Next SBWA Meeting: NO MEETING IN APRIL.

The next SBWA meeting is scheduled for Wednesday, May 1, starting at 5:45 p.m.

Hatsumairi Infant Presentation Service



Hatsumairi literally means "first service" and represents the first opportunity for parents or grandparents to bring infants who were born during the previous year to our temple. Not only are the children introduced to the sangha; they are introduced to the Dharma traditions for the first time.

**Application Form
Infant Presentation Service - Hatsumairi
Sunday, May 19, 2019**

Name of Child _____
(First) (Middle) (Last)

Child's name in Japanese _____
(If known)

Birthdate _____ Boy Girl

Parent (Father) _____

Parent (Mother) _____

Address _____

City & State _____ Zip Code _____

Phone _____ Email _____

Please complete and submit to the Betsuin Office by May 14. Thank you!

Notes from the Office

Hatsumairi

Please check this issue of the SANGHA for the application form to have your infant, child or grandchild introduced to the sangha during our annual Hatsumairi Service! The presentation will be part of the Gotan-E Service on May 19. The deadline to submit names to the office will be May 14.

Betsuin Calendar

April Dates

- Sunday, 4/7/19, 11:30 a.m. — Shotsuki Hoyo Memorial Service
- Sunday, 4/14/19, 9:30 a.m. — Hanamatsuri Service
Special Guest Speaker: Reverend Hiroshi Abiko

2019 Family Memorial Service Schedule

Traditionally, family memorial services are held for loved ones on designated anniversaries. These are precious occasions to honor the treasured memories of our beloved ones and to realize how fortunate we are to be embraced by Amida Buddha's light of wisdom and life of compassion.

Year of Death	2019 Memorial	Year of Death	2019 Memorial
2018	1 year	1995	25 year
2017	3 year	1987	33 year
2013	7 year	1970	50 year
2007	13 year	1920	100 year
2003	17 year		



Condolences to the Families Of



- Misao InabaJanuary 23, 1939 - January 12, 2019
- Miyoko YamadaMay 17, 1925 - January 27, 2019
- Tom Takashi MuraokaJune 2, 1926 - February 15, 2019
- George KakishibaOctober 1, 1923 - February 18, 2019
- Mitsuo YamadaDecember 17, 1920 - March 1, 2019



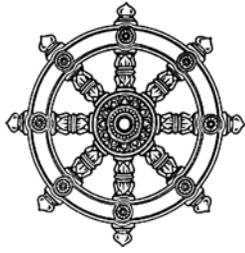
MONDAY, MAY 20
7 PM to 9 PM
Buddhist Church of
Sacramento - Kaikan

Please join us to hear this band from Portland, Oregon.

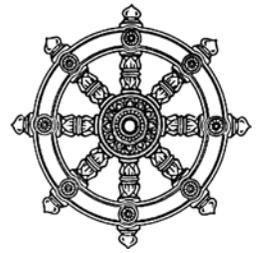
The band pays tribute to the many bands that were formed in the internment camps. They also educate the audience about the internment of the Japanese-Americans during World War II.

FREE ADMISSION *Sponsored by the Betsuin Choir*





Welcome New Members



Ken & Erina Sumida
Wesley Sumida & Margaret Jeffcott
Jordyn Tanaka
Christopher Walker
Hisako Yoshikawa

2019 Sangha Members

Below is an update to the 2019 membership listing that was published in the March issue of the SANGHA. This includes all members whose dues were received through March 21, 2019. Sincere thanks to all of you for your membership and continuous support of the Buddhist Church of Sacramento.

Every effort has been made to ensure accuracy; if your records differ from ours, please call the Betsuin office at (916) 446-0121.

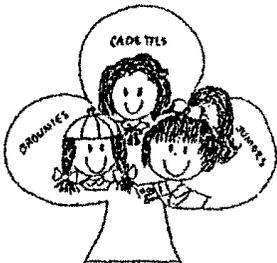
Kansha-level members are denoted by an asterisk (*).

- Members list including: Mrs. Misao Abe, Mr. Chi Fukui, Mr. Ken Furukawa & Ms. Leilani Ito, Mr. & Mrs. Michael Hayashida, Mr. & Mrs. Tom Hisamoto, Mrs. Sanaye Imajo, Mr. & Mrs. Clinton Jung, Mr. & Mrs. Harry Kawahata, Jr., Mr. & Mrs. James Kawano, Mr & Mrs. Gary Matsumoto, Mrs. Rose Nagao, Mr. & Mrs. Craig Nakata, Mr. & Mrs. Stephen Nunn, Mr. & Mrs. Jerry Okumura, Mrs. Misako Oshiro, Ms. Arlene Sakazaki, Mrs. Betsie Sanui, Ms. Shirley Sekeres, Mr. & Mrs. Ron Shintaku, Dr. & Mrs. Kenneth Sumida, Wesley Sumida & Margaret Jeffcott, Mr. & Mrs. Rio Sunahara, Mr. & Mrs. Dennis Sunahara, Lisa Taira, Hiroko Takamoto, Mrs. Adell Takata*, Ms. Jaime Tanaka, Ms. Jordyn Tanaka, Mr. Hideo Tokunaga, Mr. Christopher Walker, Ms. Hisako Yoshikawa

Corrections to listing in the March issue of the SANGHA:

- Mr. & Mrs. Creston Goi, Mr. Steven Harris, Mr. & Mrs. Glenn Hosokawa, Mr. & Mrs. Richard Kashiwada, Mrs. Yuki Myers, Mr. Yoshiaki Mizuki*

Girl Scouts Ralph Montano



Eight Girl Scouts received their Padma Award for Buddhist studies during a ceremony on Scout Sunday, February 3. The Padma Award is given to girls who complete a 10-week course on the history and principles of Buddhism. Each girl also constructed their own home shrine as part of the course curriculum.

This year's Padma Award recipients were: from Troop 569-34, Danielle Sakai, Brooke Shimane, Erin DeCamp, Faith DeCamp, Ariane Whyte; from Troop 569-36, Zoe Frink; and from Troop 3924, Kaylee Nguyen.

Also during February, some of the older Girl Scouts teamed up with members of younger troops to offer comfort to children at local hospitals. Together, the older and younger scouts created homemade valentine cards for a local radio station's campaign. We were so impressed by the creativity and words of kindness that all of the girls expressed.

Finally, in March, Girl Scouts with all of Troop 569 joined together in celebrating the annual World Thinking Day. Each year, Girl Scouts around the world participate in this event, which is intended to celebrate diversity and explore cultures of girls in other parts of the world.

This year's event featured the countries of Austria, China, India, Nepal and Tunisia, which were celebrated in games, food and activities from each country. The event also was attended by Girl Scouts from the Land Park Service Unit.

Dharma School News

Valerie Fong, Superintendent



Donations

2019 Betsuin Events



Sports Committee

Alan Wu



Please be aware that articles for the SANGHA are **due** on the **15th of each month**. Late articles will be published in the following month's issue

When sending articles by email, please send email to: **vibrocount@lanset.com** with a **cc to: betsuinoffice@gmail.com** and inform the church office at 446-0121. Please include the author's name. Thank you.

Happy April! First, we want to thank everyone who supported Dharma School with their kind purchase of teriyaki sauce at the 2nd Annual Sakura Matsuri Shopping and Food Faire held on March 10. This was a wonderful day to welcome the start of spring.

The next big event for Dharma School is Hanamatsuri! Dress rehearsal for our play will be on Friday, April 12, beginning at 6 p.m. in the Kaikan. We will have pizza for everyone. This is not a potluck, so no need to bring a dish to share—just come and join us for dinner. The Hanamatsuri Service will begin at 9:30 a.m. on Sunday, April 14. Service will be followed by our play entitled, "I Want to be a Kitty." Lots of planning and preparations have gone into getting ready for our performance so we hope you will stay after the Hanamatsuri Service to watch the play in the Kaikan.

Until next month

Dharma School "courtyard" gratefully acknowledges donations from the following:

- | | | |
|----------------------|-----------------------|----------------------|
| Brian Hatano | Rosemary Kitaoka | Shige Mae Tanaka |
| Emily & Curtis Ishii | Lynn Kurahara | Mitsuo Yamada Family |
| Midori Ito | Kelvin & Brandon Mark | Karen Yamamoto |
| Terry Kagiya | | |

Check this space each month for updates!

- April 14, 2019Hanamatsuri
- May 19, 2019.....Gotan-E
- July 13, 2019Bon Odori
- July 14, 2019Hatsubon/Obon
- August 10–11, 2019.....73rd Annual Bazaar
- August 12, 2019Bazaar Clean-up
- September 22, 2019.....Fall Ohigan
- October 13, 2019Eitaikyo; Cub Scout Pancake Breakfast
- October 26, 2019Annual Halloween Party / Haunted House
- November 10, 2019.....Ho-onko
- December 8, 2019.....Bodhi Day
- December 31, 2019.....Joya-E

Greetings! Are you ready for April? Are you ready for spring? Well, ready or not, they are both here. What do they say? Spring has sprung!

This winter we got the rain we need; there was very minimal fog; and not too many freezing days, so all in all we had a pretty good winter. The days are warming up rather nicely and the attention turns to outdoor activities. But of course there will still be a couple more storms to blow through to interrupt all the niceties that spring brings. You know what the old wives say: April showers bring May flowers!

But have you heard the follow-up question to that? What do May flowers bring? The answer is, of course: hay fever! Allergies to pollen, grass, and trees are as common as seeing a black lab walking around the church as if she owned the place; and growing up here, we all get used to it and take it in stride, and in fact, we could always set our watches by it, or is it the other way around? As soon as the first signs of itchy, watery eyes and nose make their appearance, we know exactly what time it is, or by looking at the calendar, we know for certain that the itchy, watery eyes and nose will make their appearance. Maybe it is both.

Speaking of your watch, every spring (or just before spring, now that it was moved to an earlier date), daylight saving time begins, which means we set our clocks forward one hour. Did you know that the real name is: Daylight Saving Time? There is no "s" at the end of "saving." Many people, however, call it Daylight Savings Time with the plural "savings." Why is that? You know the saying: You say it often enough, it becomes true. Since so many people use the plural "savings" name, it has become an accepted name for Daylight Saving Time. When Daylight Saving Time begins in the spring, which way do you adjust the clock? Well, you know the saying: Spring forward, fall back. This popular mnemonic is popularly used to remind you which way to move the clock. Accordingly, move the clock *forward* in the *spring*, and *back* in the *fall*. Have you heard the saying; Spring back, fall forward? It makes sense, but only adds to the confusion, so stick with the first one.

By golly, would you look at the clock on the wall... because of Daylight Saving Time, an hour was lost and we got off onto a tangent. We will have to resume this discussion at another time; probably roughly about 720 hours from now, give or take a few and minus the one that was lost.

Sports Committee (Continued)

So, before we run out of time, a quick shout out to this season's basketball season. We had another successful NCCL basketball season, which ended in February, and an equally successful tournament the first weekend in March. Thank you to all the teams that traveled near and far to participate in our annual tournament. It appeared that everyone had a fun and a fan-tastic time.

On March 17 we had our annual Coaches Appreciation Dinner where we honored our coaches for their tireless dedication to the church, sports program, and our kids. Every year a coach is selected who has demonstrated the highest level of sportsmanship, citizenship, basketballship, and friendship, and how these attributes are passed on to our kids, both on and off the court. This year we are very proud to announce that with over 10 years of coaching our kids, Keilani Paneda was the recipient of the Rinban Yukawa Award. Congratulations, Keilani. We certainly do appreciate all your hard work, time and effort you put into our sports program. Also, every year we name a player who has not only grown up in our sports program, but is also active in the church. This year, the Aki Fukushima Award went to Austin Sakata. Congratulations, Austin. Thank you for all you do for the church.

With time running out, it is time to also remind everyone that even though the basketball season is over, attendance is still being tracked until the end of the Dharma School year. So, keep your attendance in the Green Zone, which is above 60%, and you will be eligible to play next season.

With that said, we will see you next time.

Support the Betsuin through Amazon Smile

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- Log in or create a new account.
- Select "Buddhist Church of Sacramento" in the charity search box.
- Bookmark it, and shop away!

It doesn't cost you anything and the temple gets a percentage of all qualified purchases.

Where Does Your Donation Go?

Brian Hatano

When you donate to the Buddhist Church of Sacramento, your tax-deductible contribution helps support the operation, maintenance and many programs of the temple. Likewise, your membership dues and income generated from our annual Bazaar in August help sustain the church throughout the year.

Donations to the temple are placed in the General Operating Fund. In addition to the General Fund, you may direct your donations to the church to benefit one of our many programs, such as Scouts, Dharma School, ABA, SBWA, Minister Assistants, or for a capital expenditure project.

You may also contribute to the Legacy Endowment Fund, which is a long-term investment in which the principal remains untouched — only the interest generated is used. The fund is managed by financial professionals and the LEF Board. Contributions to the fund help fulfill these needs in a timely manner without undertaking major fundraising or depleting general operating funds.

Specific needs include:

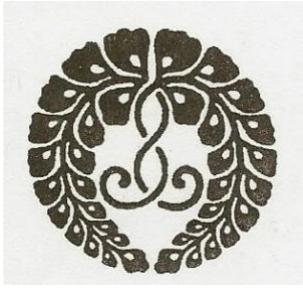
- Educational programs/scholarships for members, ministers, ministerial candidates plus perpetual or periodic scholarships
- Eitaikyō: Renovation and general maintenance of the temple shrine.

Of course, cash and checks are greatly appreciated, but your donations can be in the form of automobiles, and of distributions from IRAs, stocks and bonds. We also can take credit cards in the office.

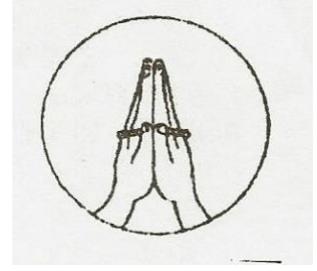
Click on the Amazon Smile logo on our website to enable the Betsuin to get a commission on your purchases on Amazon.

Thank you for your ongoing support of the Buddhist Church of Sacramento. Because of your generosity, we have a vibrant and active Sangha — one of the largest in the Buddhist Churches of America organization.

Our rich legacy began with our founding in 1899, with the mission to sustain the temple for the present and generations to come.



サンガ



～4月の予定～

4月7日 11時半 祥月法要
4月14日 9時半 花まつり法要
特別講師：我孫子洋師

お問い合わせは別院事務所【916】446-0121

お知らせ

廣田勝子

- 中野会長より3月10日に行われる予定の「さくら祭り」のイベントのお手伝いをされる方々と共同委員長の足立カレンさんと水島広一さんへ、前もってお礼を表されました。
- 介護施設訪問 - 介護施設に入居されている方へ婦人会よりお見舞いを希望される方がありましたら、河野ゲイルさんか又は中富バーバラさん、或いは別院事務所へご連絡下さい。

婦人会メンバーシップ

サクラメント婦人会の会員数は284人です。80才以上の方は会員費は免除されますが、176人の80才以上の会員の方々は2019年の会費を支払われて投票権を維持されています。有難うございます！

感謝録

無記名	故赤堀アン	10ドル
浄土真宗の女性達	ダーナ資金	350ドル
”	寄付	100ドル
ゲーリ・リー	Metta Mele	100ドル

4月の婦人会理事会はお休み、次回は5月1日にあります。

2019年度教化標語

「ありがとう おばあちゃん」

この度、BCAのご厚意で祖母の手記を「法輪」に掲載して頂きました。この手記は二十二鉄鎧開教使（1915-1919LA 別院）が書かれた記事「内田暁融」（1963年に仏教タイムスに掲載）の一部です。

内田セト夫人の手記

「明治38年8月に主人が29才、私が22才、長男が誕生過ぎの時、3人一緒に渡米いたしました。その頃の事を私が書きましたら、今の方々はどこの国のことかと思われるでしょう。第一その頃の在米同胞の人口は少なく、殊に婦人は極めて少数で、洋服の着方も充分判らず、紀開教使に背中ボタンをかけて頂いたこともございます。腰は細く、スカートは長く、靴のかかともかくれる位でした。その頃仏教婦人会は少数ではありましたが、皆仲良くして、月一回の集會に熱心に聞法しておりました。仏教会には英語の学級があつて、白人の教師と開教使とが教えておりました。その生徒のうち3人は今も達者で文通しております。その頃はまだ日本人の食料品店がなかったので、私は2日に一度位支那人町までケーブルカーを利用して魚や野菜、トーフなどを買いに行きました。

8か月目には大震災に遭い、教会も住宅も焼けました。この時こそは、仏恩報謝と心に硬く誓ひまして、主人を助けて。開教使様や仏青会員とともに、被災者同胞のために、昼夜の別なく働かせていただきましたことは、私の忘れられない思い出でございます。（続く）



