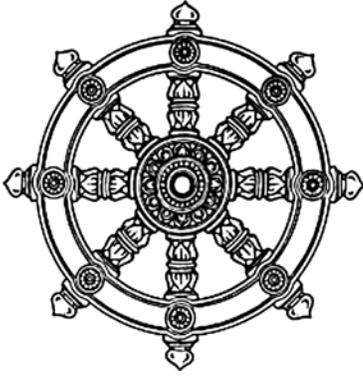


**Interim Rinban
& Supervising
Minister**

Rev. Marvin Harada



Cookies and Cookie Dough

In a book by Thich Nhat Hanh, the Vietnamese Buddhist master, he relates a wonderful story about how he first learned to bake peanut butter cookies. He measured the ingredients, mixed the dough together, then spooned the dough out onto the cookie sheet to bake the cookies.

Because of his deep understanding of Buddhism, he began to reflect on the cookies baking in the oven from a Buddhist perspective. He began to think: What if these cookies began to have an identity of their own, and began to have discriminatory thinking like we unenlightened sentient beings? They might begin to think that they were the "best" cookie, or the cookie that had the best color, or the best shape, and that they were different from the other cookies. They might even start talking to each other, telling each other to move over, or to not get into "their" space, or things of that nature. Groups of cookies could begin to think themselves as "special," as a unique group, superior to the other "groups" of cookies.

How absurd this would be, if it were to occur, because we know that all of the cookies came from the same batch of cookie dough. They are all of the same nature, but their "ego self" as an individual cookie prevents them from seeing their essential nature that is one with all the other cookies.

(Continued on page 3)

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SANGHA

Sacramento Buddhist Church Volume 56 Number 9 – September 2019

**Sacramento
Betsuin**
2401 Riverside Blvd.
Sacramento, CA 95818
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Interim Rinban & Supervising Minister

(Continued)



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President's Message

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I love this example from Thich Nhat Hanh's book. It describes our unenlightened life to a "T." Our ego self prevents us from seeing our true nature that is one with all of life. Instead, we begin to make all kinds of distinctions between ourselves and other "cookies." "I am a better cookie because I went to Stanford." "I am a better cookie because I am financially successful and have a nice home." "I am a better cookie because I am a law-abiding citizen." We might begin to band together with other cookies, and feel a sense of superiority based on being the "Asian" cookies, or the "Republican" or "Democrat" cookies, or the "Muslim" or "Hindu" cookies.

From the eyes of the Buddha, or an awakened one, how absurd this must look like. All the cookies are the same. They came from the same batter, from the same ingredients. How can they feel superior to the cookie baking right next to them? But isn't that what we humans do? Just take a look at the world around us and the conflicts that are occurring in various parts of the world. They are all conflicts of humans who cannot see their essential nature, that is the same as all other humans. It is the discriminatory thinking of man that creates the barriers between oneself and others.

The same example could be used with waves and the ocean. The unenlightened wave does not know that it is a part of the ocean. It does not know that its essential nature is water. The unenlightened wave has a shallow view of life, and a self-centered one. It thinks only about its own life as a wave. It cannot see beyond the scope of its own life. It feels no connection to others, and feels that it is superior to other waves. This wave might band together with other waves to create ethnic waves, political waves, or religious waves.

What if this wave were to have a great awakening, and suddenly realize that it is a part of a great and vast ocean? What if this wave were to awaken to its essential nature as water, that connects it to each and every wave? Now this wave has a depth of life that is unfathomable, as deep as the ocean. It has a breadth of life that is vast and wide, like the great Pacific Ocean.

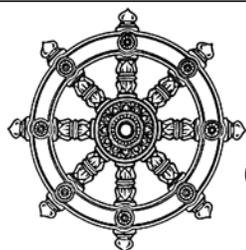
Buddhism is trying to wake us up to see that we are one cookie that is connected to all other cookies. It is trying to wake us up to the fathomless depth of a life lived in the Dharma, always discovering new truth, precious jewels of wisdom that lie at the bottom of the ocean. It is trying to wake us up to our interconnectedness with not only other people, but with all beings, all of life. Namuamidabutsu.

Bazaar is a now a memory for 2019! Beautiful weather, friendships renewed, and the youngest to the oldest of our sangha members and volunteers all working together. It was a beautiful thing.

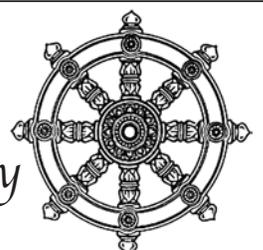
This year we restructured how we managed Bazaar and took a team approach with a number of co-chairs. Karen Adachi and I were in charge of administration, Russell Oto was in charge of food, Steve Sasaki and Marty Sakata were in charge of construction and Gordon Nitta was there to help fill in the gaps. Supporting us were a very large cast of folks managing their booths and all functional areas. I'm amazed at what they accomplished. It was great teamwork. You may have noticed new booths were built this year with a black screen in front to improve food safety. It was a lot of work replacing all the old booths. Special HUGE Thank You to Steve Sasaki and Don Dote, who worked late into the evenings on many days straight to complete construction in time.

When I was a kid, I remember being on the sanitation team — a fancy way of saying trash duty. Our job was to navigate the thick crowds and drag those heavy, leaking, stinking bags of trash out to the dumpsters where we would walk up the stairs and heave them over the side while trying not to get spilled on. Oh what fond memories. It was hard work. It still is. Bazaar was always a place to do my "shifts" and survive the heat and the crowds.

As Bazaar co-chair this year, I saw things differently and am truly humbled how so many people work so hard (for the last 73 years!) to make this all come together. It is beyond words to express the gratitude I felt for all who gave their time and effort. For our temple. Thank you. Namuamidabutsu.



Welcome New Members
Charlie & Stephanie Espy
Donna Miura
Susan Baker



**Sacramento
Buddhist
Women's
Association**
Keiko Jean Kashiwada



Office Manager
Cindy Kitade

**Office Project
Coordinator**
Jennifer Nitta

**Front Office
Coordinator**
Mika Matayoshi

Front Desk Staff
Kellie Morioka

Betsuin Office
(916) 446-0121

Sangha Helpers
Shiyoko Futaba
Sumiye Hamamoto
Ruth Hayashi
Sanaye Imajo
Alice Kataoka
Jane Komure
Mutsuko Noguchi
Helen Sakaishi
Lynn Sunahara
Fusako Takahashi
Virginia Uchida
Faye Uyemura

**Legacy
Endowment
Fund**
Koichi Mizushima

おかげさま

The SBWA did not have an August monthly board meeting. Here are a few acknowledgments we would like to include in our article.

Loleen Nakano and Irene Takeda: Sushi Making Report

A very big *thank you* from Irene Takeda and me to all the people who helped make our sushi this year. This message does not measure the amount of our appreciation to all those who helped to meet *our purpose*.

This is extended to all those who gave their time getting ready for the weekend preparations — including the office staff, those who purchased all our supplies, washed and cooked our rice, and prepared all the ingredients to make our sushi. To all of the night owls who arrived starting at 2 a.m. to make, pack and sell our delicious end product.

No job was insignificant — from setting up tables, washing our dishes, tubs and towels, to moving all our ingredients and supplies back and forth, making our treats and meals, to actually picking up the rice that fell on the floor, and then, cleaning up and putting everything away again.

We hope that along with the hard work, you all got to see old friends, meet new people and had a good time. Hopefully we will see you next year. Save the dates—second weekend in August. Thank you again!

Shirley Kato: Craft Booth Report

Thank you to all the volunteers who helped put together another successful year for the Bazaar craft booth! Thank you to those who helped set up the booth, worked a shift or more, and/or assisted in making the great craft items we had for sale this year! It was very much appreciated!

The May through July SANGHA craft reports included the names of individuals who donated or coordinated craft projects earlier in the year. Since the July report, we received generous donations from the following members: Misa Oshiro (Asian fabric table runners); Kathy Tanaka Henry (table runner sets, iris fold cards, quilt, and pot holders); Marsha Tagawa (pot holders and hair bonnets); Masako Fukuda (Asian fabric cushions, piero dolls, tissue covers, children's chopsticks, and happi coat); Gloria Smith, Irene Takeda, Sandy Nishio, Linda Otani and Emi Koshimizu (plants and bulbs); Mike Goto (sago palms); Carolyn Murai (cards and children's jewelry); Meriko Hoshida (greeting cards); Joanne Nishimura and Yvonne Ishimoto (crocheted necklaces); Shirley Nishida (crocheted flower headbands and button scarves); Judy Inaba (character headbands, flower hair clips, and button scarves); Lisa Lee (hair bonnets); Randall Ishida (origami flower pens, decorated binders, crane pouches, and mini swords); Loleen Nakano (button scarves); Lynn Kataoka and Virginia Uchida (crocheted kitchen wash cloths); Elaine Yoshikawa (visors); Mari Shimamoto (rock art); Kirby Fukushima (bunka picture); Jane Tamano (rice sacks); and Reiko Kurahara (kitchen items).

Next SBWA Meeting

The next SBWA meeting is scheduled for Wednesday, September 4, starting at 5:45 p.m.

Greetings everyone. As most of you know, I have been working for the Buddhist Churches of America (BCA) as the part-time youth coordinator. It has been a wonderful experience to be able to get to know the dedicated staff members and volunteers who work for the BCA. Everyone I have met is incredibly dedicated to the organization, and takes great care in trying to provide support to our BCA temples and ministers. It has been an honor to help develop and run the youth programs for the BCA temples.

We just completed the second annual BCA Youth Retreat (BYR) this past July at the Jodo Shinshu Center in Berkeley. It was a wonderful week-long retreat that was attended by 14 kids. Four of the kids came from Sacramento and had an amazing time! Hopefully you will be able to read about their experiences in upcoming newsletters.

We also had two of our Sacramento Jr. YBA members attend the BCA Youth Weekend Retreat at the Tri-State Denver Buddhist temple in August. This event was run by Reverend Diana Thompson of Denver, Reverend Matt Hamasaki, Reverend Jerry Hirano and Reverend Carmela Hirano.

It was a fantastic weekend that allowed the kids to reconnect with participants from past retreats, and make new friends. They got to visit the Denver temple, and had an opportunity to see the local sites. It was a wonderful opportunity for our kids to experience and learn about a temple outside of our district.

When we broaden our views of the world and our community, it makes us realize that we are not alone. When we have a chance to see how other temples look and feel, it makes us realize that as wonderful as our temple is, there are still new things to learn

Legacy Endowment Fund

(Continued)

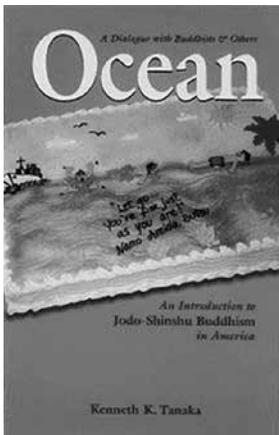
and improve upon. By giving our kids the chance to see what's out there, it makes them realize that our sangha community stretches beyond the walls of Sacramento... and it extends to all the followers of Jodo Shinshu across America and the world.

This is the mission of the Legacy Endowment Fund. It is to help spread the Jodo Shinshu teachings. And it is a wonderful resource that helps sponsor our kids to attend these amazing events. I would like to thank the members of the Legacy Board for continuing their efforts to support our members, and I would like to thank the BCA for providing the programs and ministerial education/training to all the temples.

Please keep an eye out for programs and events at the BCA for adults as well. There are many great seminars and educational events going on. The Legacy Endowment Fund is here to support you.

Buddhist Education Class

Sacramento Betsuin



Please join us for an informative introduction to the Essence and Practice of Shin Buddhism, presented by Dr. Ken Tanaka, author, scholar and reverend. While being an active member of the Young Buddhist Association (YBA), he aspired to study Buddhism, which he did at Stanford University (B.A.), a temple in Thailand, Institute of Buddhist Studies (M.A.), Tokyo University (M.A.), and University of California at Berkeley (Ph.D.).

He currently serves as chairman of the Editorial Committee of the Chinese Buddhist Canon English Translation Project sponsored by the Society for the Promotion of Buddhism and as adjunct researcher at the Hongwanji Comprehensive Research Center.

Dr. Tanaka's publications include:

- *The Dawn of Chinese Pure Land Buddhist Doctrine* (The State University of New York, 1990);
- *Ocean: An Introduction to Jodo Shinshu Buddhism in America* (WisdomOcean Publications, 1997);
- *The Faces of Buddhism in America* (co-editor) (University of California Press, 1998); and
- *Amerika bukkyo* (in Japanese, meaning "American Buddhism") (Musashino University, 2010).

Introduction to Essence and Practice of Shin Buddhism: A Path for Meaning and Happiness within an Anxious Life and World

Part 1 – Introduction to Shin Buddhism in America with Humor: In Comparison to Other Forms of Buddhism and Christianity

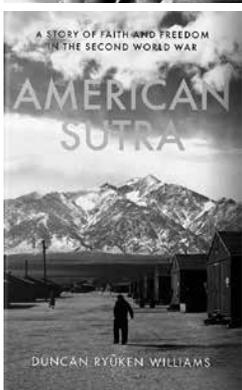
Part 2 – The Path of Naturalness: Our Conduct in Daily Life, including "Nembutsu Mediation"

September 15, 2019, 11:30 a.m. - 1 p.m.

Sacramento Buddhist Church, 2401 Riverside Blvd.
(916) 446-0121, www.buddhistchurch.org

Buddhist Education Class

Sacramento Betsuin



Please join us for an informative book talk from Duncan Ryūken Williams, author of *American Sutra*. The mass incarceration of Japanese Americans during World War II is not only a tale of injustice; it is a loving story of faith. In this pathbreaking account, Duncan Ryūken Williams reveals how, even as they were stripped of their homes and imprisoned in camps, Japanese American Buddhists launched one of the most inspiring defenses of religious freedom in our nation's history, insisting that they could be both Buddhist and American.

An ordained Buddhist priest in the Soto Zen tradition, Duncan Ryūken Williams has spent years piecing together the story of the Japanese American community during World War II. A renowned scholar of Buddhism, he has taught at the University of California at Berkeley, University of California at Irvine, and Trinity College, and is now the director of the Shinso Ito Center for Japanese Religions and Culture at the University of Southern California.

American Sutra A Story of Faith and Freedom in the Second World War

"...tells the story of how Japanese American Buddhist families like mine survived the wartime incarceration. Their loyalty was questioned, their freedom taken away, but their spirit could never be broken. A must-read for anyone interested in the implacable quest for civil liberties, social and racial justice, religious freedom, and American belonging." — George Takei, actor, director and activist

October 13, 2019, 11:30 a.m. - 1 p.m.

Book signing to follow.

Sacramento Buddhist Church, 2401 Riverside Blvd.
(916) 446-0121, www.buddhistchurch.org

Japanese American Archival Collection to Celebrate 25th Anniversary

The Japanese American Archival Collection at Sacramento State University will be celebrating its 25-year legacy of education, research and community with a program on Thursday, October 3 at the Sacramento State University Union in the Redwood Room.

The public is invited to hear two speakers:

- Mia Yamamoto, civil rights attorney and activist, "Intersection of Race and Gender Identity," 2 p.m.-3 p.m.
• Mitchell Maki, executive director, Go for Broke Foundation, "Restoring America's Promise," 4 p.m.-5 p.m.

Seating is limited to 250. RSVP to Eileen Namba Otsuji, message line (916) 427-6397.

Sacramento Adult Buddhist Association Presents 7th Oldies Dance

Mark your calendar for the Funnest 7th Oldies-But-Goodies Dance hosted by the Adult Buddhist Association on Saturday, November 23, 2019, at the Buddhist Church of Sacramento, 2401 Riverside Boulevard, Sacramento, CA 95818.

Time: 7 p.m.-11 p.m.

Music to be disc jockeyed by Don Kazama, who will play the '50s, '60s and '70s music. Pupus and hosted refreshments will be provided. Tickets are \$15 per person.

Purchase your tickets from:

- Karen Adachi (916) 392-3206 / karenadachi@aol.com;
• Grace Hatano (916) 451-7520 / bghat1@sbcglobal.net;
• Curtis Ishii (916) 329-8080 / curtisishii@comcast.net;
• Stephen Kashiwada (916) 213-7427 / slkhash@aol.com;
• Jean Kashiwada (916) 392-0958;
• George Kashiwagi (916) 363-5941 / georgegkashiwagi@yahoo.com;
• Wayne Kurahara (916) 392-3022 / kurahara@sbcglobal.net;
• Martha Kushida (916) 834-9209 / dockush6@sbcglobal.net;
• Carolyn Murata (916) 939-0667 / ccmurata@gmail.com;
• Bob Nishimoto (916) 422-9415 / BNish@sbcglobal.net;
• Tosh Ohara (916) 248-6012 / toap@sbcglobal.net;
• Misa Oshiro (916) 427-5059 / cmkoshiro3@msn.com;
• Mike Ota (916) 213-8558 / caz3311@yahoo.com;
• Ruth Seo (916) 425-0791 / rseo@att.net;
• Irene Takeda (916) 393-9560 / itakeda@comcast.net;
• Virginia Uchida (916) 421-3538 / Uchida9@comcast.net;
• Hisako Yoshikawa (916) 641-1861 / hisako1310@comcast.com;
• John/Elaine Yoshikawa (916) 383-4755 / spyron@aol.com.

They can also place your ticket(s) at "Will Call" at the church to be retrieved on the day of the event. You can pay for your tickets through one of our members, pay at the time of the dance, or submit to the church office: 2401 Riverside Blvd, Sacramento, CA 95818, ATTN: ABA 11/23 DANCE.

Please let one of us know that you'll be attending for head count purposes. If you have 8 or more people in your group and want to reserve a table, let us know.

2019 Family Memorial Service Schedule

Traditionally, family memorial services are held for loved ones on designated anniversaries. These are precious occasions to honor the treasured memories of our beloved ones and to realize how fortunate we are to be embraced by Amida Buddha's light of wisdom and life of compassion.

Table with 4 columns: Year of Death, 2019 Memorial, Year of Death, 2019 Memorial. Rows include years 2018, 2017, 2013, 2007, 2003 and 1995, 1987, 1970, 1920 with corresponding memorial years.

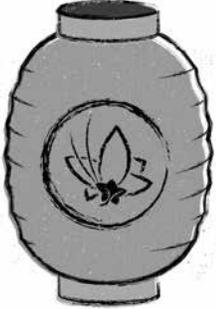


Condolences to the Families Of



- Yoshio John Kono.....January 10, 1924-August 3, 2019
Jane Kiyoka Kono.....September 22, 1926-August 13, 2019
Motoko Yokoyama MatsuyamaJune 3, 1934-August 13, 2019

Notes from the Office



Betsuin - Deep-Cleaning Season: Thank You!

Many thanks to everyone for your understanding and flexibility during the last few weeks of August, as we deep-cleaned the temple. All carpeting and pews in both hondos, stairwells, the Nokotsudo and the office were cleaned, as were all the CarpetDeck tiles. Floors have been stripped and waxed, various repairs and upgrades were completed. A busy few weeks to make everything "like new" again after Bazaar, and to start off fresh for the new Dharma School year!

2019 Bazaar T's, Tanks and Aprons Available

If you missed out on this year's beautifully designed Bazaar gear, please know that we have T's, tanks and aprons available for purchase in the office. You can find Aaron Louie's wonderful Bazaar lantern design: red and black on:

- Heather gray t-shirts (men's and women's cuts)
- White t-shirts (men's only)
- Heather gray tank tops (men's only)
- Darker gray t-shirts (children's sizes S-L)
- Aprons (gray)

Prices are \$10 for sizes S-XL; \$12 for size XXL (women's only) and aprons.

Upcoming Dates

- Sunday, 9/1/19, and Monday, 9/2/19: Betsuin Closed in observance of Labor Day
- Sunday, 9/8/19
 - 8:30 a.m.: Meditation Session
 - 9:30 a.m.: First Day of Dharma School Family Service (no class)
 - 10:15 a.m.: Dharma School Registration
 - 10:30 a.m.: Dharma Discussion
 - 11:30 a.m.: Shotsuki Hoyo Memorial Service
- Sunday, 9/15/19
 - 8:30 a.m.: Meditation Session
 - 9:30 a.m.: Dharma School Family Service
 - Guest Speaker: Rev. Dr. Ken Tanaka
 - 10:15 a.m.: First Day of Dharma School Classes
 - 10:30 a.m.: Dharma Discussion
 - 10:30 a.m.: Japanese Service
 - Guest Speaker: Rev. Dr. Ken Tanaka
 - 11:30 a.m.: Buddhist Education Class with Rev. Tanaka
- Sunday, 9/22/19: Fall Ohigan
 - 8:30 a.m.: Meditation Session
 - 9:30 a.m.: Family Ohigan Service
 - Speaker: Rev. Matt Hamasaki
 - No Dharma School Class – Look for sign-in sheets in the Hondo entry
 - 10:30 a.m. – Dharma Discussion

Thanksgiving Holiday - Change in Betsuin Schedule

Beginning this year, the Betsuin will not be having Dharma School Family Service on the Sunday of Thanksgiving weekend, so the Betsuin will be closed. Our holiday office hours will be:

- Wednesday, 11/27/19: 9 a.m.–12 noon
- Thursday, 11/28/19: **Closed**
- Friday, 11/29/19: **Closed**
- Saturday, 11/30/19: 9 a.m.–1 p.m.
- Sunday, 12/1/19: **Closed**

Sports Committee

Alan Wu



OK... alright... how we all doing today? We hope this finds you in good health, good spirits, and well, just good all the way around! Sounds like utopia? Well, one can only strive to attain that, but it's all good if you swing and miss, or fumble, or take too many steps. Whew! Got the obligatory sports references out of the way! Let's get on to what September has in store for us.

First and foremost: "Do you remember... the 21st night of September...." Sorry, just can't help from tapping my toes, and snapping my fingers..." Ba De Ya, Dancing in September...." OK, that's enough of going back when music was real music.

Of course, this year and every year September marks the traditional ending of summer... STOP, pump the brakes! Labor Day in September used to be the ending of summer. Going back before time itself, summer meant no school; summer meant sleeping in all day; summer meant swimming every day, actually jumping into the pool after pulling weeds every day; summer meant getting tanned so dark, Hawaiian dark (that was before melanoma was invented). Sorry, but I digress. Yep, Labor Day Monday always meant the last day of summer and that Tuesday was the first day of school without fail, year in and year out.

Now, some schools are letting out before Memorial Day in May and going back to school in August! August is still the middle of summer! Well, sorta. What is this world

Sports Committee

(Continued)

Please be aware that articles for the SANGHA are **due** on the **15th of each month**. Late articles will be published in the following month's issue

When sending articles by email, please send email to: **vibrocount@lanset.com** with a **cc to: betsuinoffice@gmail.com** and inform the church office at (916) 446-0121. Please include the author's name. Thank you.

coming to? There must be some sort of ripple in the space-time continuum because things are just wacky now. Yes, wacky is a very technical term. In fact wacky is right next to wonky. Sorry but I digress... again. Change is neither good nor bad... it just is.

Let's go not so way back now and recall that holiday celebrating the successful separation from the evil British Empire and the birth of this nation where the actual date of that event was in question, but a specific date was settled on and is used today. September, on the other hand has a specific date in history that is not in question and that date is September 17, 1787. Yes, you are correct, that is the day that the Constitution was signed; that is why September 17th is celebrated as Constitution Day.

Let's also go back a little bit to when we celebrated Cinco de Mayo. Many people often mistake the 5th of May to be the mark of Mexico's independence from Spain, but the 5th of May is the celebration of the victory over the evil French empire at the Battle of Puebla in 1862. Mexico celebrates its independence from Spain on September 15, 1810.

Let's go to September this year. September this year will bring a new Dharma School session and a new basketball season. Since these two events are interdependent, don't forget to attend Dharma School Service beginning on September 8, where you can register for both school and basketball. And, there will probably be a couple of opportunities to get attendance extra credit in September. So, kick off the new school year and basketball season with a bang and attend the last four Sundays in September, get all registered and get the free bonus(es).

Let's go back to the basics, for the returning families this is a reminder, for the new families, this is our attendance policy. In order to be eligible to participate in the basketball program, all players must attend both Dharma School Service and Dharma School class at a minimum of 60%. We know and understand that life happens, so a good rule of thumb to keep in mind is to: attend service and class three of the four Sundays in a month and you will have 75% attendance with 15 percentage points to spare, so you are gold.

A rolling 12-month calendar is used to calculate the attendance percentage. This means that no matter what month we are in, the prior 12 months of attendance data is used to figure your current attendance percentage. If today is March, then the prior 12 months from March are used for your attendance. This is why it is very important to keep your attendance as high as it can be all the way through to the end of the Dharma School year in June. If your attendance drops off in April, May or June, those low numbers will have an impact on the overall percentage. Of course, if this is your first year, this will not apply to you until next year. It may sound confusing now, but your team mom, or coach, or division coordinator can help. Enjoy the September holidays and have wonderful autumnal equinox.

Cub Scout Pack 50



Cub Scout Pack 50 Annual Pancake Breakfast & Bake Sale Sunday, October 13, 2019 8 a.m. - 11:30 a.m.

Sacramento Buddhist Church
2401 Riverside Blvd.
Sacramento, CA 95818

All You Can Eat
\$10

Children 3 and under Free

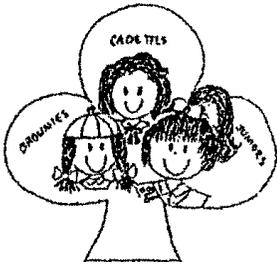
Tickets pre-sold by any Pack 50 Cub Scout
or available at the door.

Menu Includes
Pancakes, Sausage, Ham, Scrambled Eggs,
Potatoes, Fruit, Beverages and More

Homemade Baked Goods for Sale

For more information, please contact
Cub Scout Pack 50
Pancake Committee Chair Krissy Hirai
at krissyhirai@me.com.

Girl Scout Troop 569
Jennifer Morita



The official Girl Scout year ended in June, but several Sacramento Betsuin troops kept busy this summer with camping trips, pumpkin raising and bench building.

Seniors 4

Seniors 4 took their annual camping trip to Bodega Dunes and worked on their Outdoor Journey.

Other adventures included hiking around Bodega Bay, kayaking down the Russian River and cooking fantastic meals in the Mizushima portable kitchen.

Juniors 3

Troop 56936, Juniors 3, has been working through the summer to grow giant pumpkins at the Fox 40 news station. The goal is to learn about agriculture and gardening in conjunction with media and television. Every two weeks, the girls appear on TV with Fox40 meteorologist Adam Epstein for a morning segment on the pumpkins' progress.



Juniors 3



Juniors 2

The challenge is to beat last year's winner, which weighed in at 300 pounds, and enter it into the Elk Grove Pumpkin Festival. So far, the largest pumpkin is 137 pounds and growing fast. Be sure to watch the girls on Fox40 at 6:45 a.m. every other Friday.

Juniors 2

Juniors 2 completed the Agent of Change Journey by collecting much-needed supplies for the Front Street Animal Shelter, including food, blankets and toys.

This summer, the girls embarked on their Bronze Award project — a bench for prospective pet owners to sit and get to know Front Street animals before adopting one.

Thanks to the generosity of our Betsuin community, the girls raised more than \$350 by selling popcorn and Cup-of-Noodles at Obon practice and Obon Odori.

The girls calculated costs and shopped for supplies before spending a weekend building the redwood and pine bench. Guided by Bradley Whyte and Brian Sakai, they learned woodworking skills, including measuring, drilling and applying varnish.

Juniors 2 would like to thank the Board of Trustees and Reverend Patti Oshita for their assistance in fundraising efforts. Troop 56934 also extends its

deep gratitude to Wes Namikawa and Cheryl Khan of Victory Trophies for donating the dedication plaque for the bench.

Daisies 2

Troop 56940 celebrated the end of the school year with a family picnic at a local park, which gave new members and their families a chance to get to know one another.

The troop had a busy summer, too. In June, they went on their first hike — a 1.5-mile walk through the Cosumnes River Preserve — where they learned about Leave No Trace principles.

Co-leader Melanie Collins organized a joint field trip with Daisy 1, a tour of Leatherby's Family Creamery in Sacramento led by the founder's grandson.

They also danced in their first Obon Odori as a Daisy troop.

Daisies 2 still has room to grow, so any incoming 1st grade girls interested in joining, please contact Jennifer Morita at jkmorita@hotmail.com.



Dharma School News

Valerie Fong,
Superintendent



Hello! Thank you to everyone who came out to help with outdoor bussing at the 73rd Annual Bazaar on August 10 and 11, 2019! The space for the outdoor heating area is very large and it takes lots of volunteers to keep the area clean. We appreciated all of the support! A big "Thank you!" to Richard Kai for leading this effort. He takes on the big task of overseeing the shifts each day of the Bazaar.

Dharma School Registration

Next up is opening day of the new Dharma School term. Registration will be held on Sunday, September 8, immediately after Dharma School service in Classrooms 1 through 4. Parents/adults will complete a **Registration & Emergency Form** for each student. This year we are using two registration and emergency forms — one for **RETURNING Dharma School Students** and a one for **FIRST-TIME Dharma School Students**:

- **RETURNING Dharma School Students:** Students who participated in Dharma School during the 2019–2020 term OR at another other time prior to the 2019–2020 term.
- **FIRST-TIME Dharma School Students:** Students age 4 (as of September 1) or older who are registering for the very first time.

We need a current wallet-size photo for each student that will be attached to the Registration & Emergency Form.

Attached to each Registration & Emergency Form will be attendance guidelines and behavior expectations. These two documents are to be taken home for reference.

Teacher Assistants (TA) Positions

Students entering the 9th grade or higher who would like to be considered for a TA position may pick up a packet with instructions for preparing a personal statement from the church office. Students may request a grade/class preference; however, all placements will be based on: 1) the completeness of the personal statement; and 2) the needs of our Dharma School program and teachers.

Please note: Students are expected to maintain 75% attendance or higher to serve as a TA.

See you soon!

Where Does Your Donation Go?

Brian Hatano

When you donate to the Buddhist Church of Sacramento, your tax-deductible contribution helps support the operation, maintenance and many programs of the temple. Likewise, your membership dues and income generated from our annual Bazaar in August help sustain the church throughout the year.

Donations to the temple are placed in the General Operating Fund. In addition to the General Fund, you may direct your donations to the church to benefit one of our many programs, such as Scouts, Dharma School, ABA, SBWA, Minister Assistants, or for a capital expenditure project.

You may also contribute to the Legacy Endowment Fund, which is a long-term investment in which the principal remains untouched — only the interest generated is used. The fund is managed by financial professionals and the LEF Board. Contributions to the fund help fulfill these needs in a timely manner without undertaking major fundraising or depleting general operating funds.

Specific needs include:

- Educational programs/scholarships for members, ministers, ministerial candidates plus perpetual or periodic scholarships
- Eitaikyo: Renovation and general maintenance of the temple shrine.

Of course, cash and checks are greatly appreciated, but your donations can be in the form of automobiles, and of distributions from IRAs, stocks and bonds. We also can take credit cards in the office. Click on the Amazon Smile logo on our website to enable the Betsuin to get a commission on your purchases on Amazon.

Thank you for your ongoing support of the Buddhist Church of Sacramento. Because of your generosity, we have a vibrant and active Sangha — one of the largest in the Buddhist Churches of America organization. Our rich legacy began with our founding in 1899, with the mission to sustain the temple for the present and generations to come.

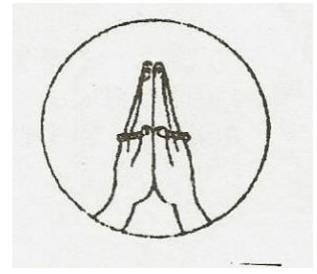
- Go to: smile.amazon.com.
- Log in or create a new account.
- Select "Buddhist Church of Sacramento" in the charity search box.
- Bookmark it, and shop away!

It doesn't cost you anything and the temple gets a percentage of all qualified purchases.

Support the Betsuin through Amazon Smile



サンガ



～9月の予定～

9月 8日 11時半 祥月法要
9月 15日 10時半 日本語サービス
特別講師：田中ケン師
9月 22日 9時半 お彼岸法要

お問い合わせは別院事務所【916】446-0121



後藤マイク
村井キャロリン
星田メリ子
稲葉ジュディ

中野ロリーン
片岡リン
内田ヴァージニア
芳川イレーン
島本真理
福島カービィ
玉野ジェーン
倉原れい子

サゴパーム(植木)
カード、子供用ジュエリー
カード
ヘッドバンド、クリップ、
スカーフ
スカーフ
台所用たわし
”
バイザー
飾り石
ブンカ刺繍額
米袋
台所用品

婦人会ニュース

廣田勝子

8月の婦人会理事会はお休みでしたが、以下は中野ロリーン会長と武田アイリーンさんよりバザーのお手伝いへの謝辞がありました。

今年のお寿司作りのためにお手伝いに来て頂いた皆様へ心の底からお礼を申し上げます。事務所の方をはじめ、材料の購入、お米を洗って炊く、具の準備、そして夜中の2時からお寿司を巻いたり、詰めたりする作業、テーブルの設置、お皿を洗う、最後にすべてをクリーンアップして片付ける等々数限りない作業に携わって下さった皆様に感謝いたします。尚、お手伝いの合間に古いお友達との再会や新しいお友達との出会いがあって交流を楽しまれたのでしょうか？ また、来年の8月第二週の週末を今からカレンダーに記しておいてください。

クラフトブースの加藤シャーリーさんより

今年もクラフトブースの設置や売り子ボランティアをして下さった皆様にお礼を申し上げます。

7月以降に寄付をして下さった方々は以下の通りです。

大城ミサ	和風テーブルラナー
田中H. キャシー	テーブルラナー、カード、キルト、鍋つかみ
田川マーシャ	鍋つかみ、ボンネット
福田正子	和風地クッション、ピエロ人形、ティシューカバー、子供用箸、法被コート
グロリア・スミス	植木と球根
武田アイリーン	”
西尾サンデイ	”
大谷リンダ	”
越水エミ	”

9月理事会は9月4日(水)午後5時45分。



死ぬということですからすべてが終わると思うからいま生きていることに執着する、苦しみも多くなる

死ぬことですからすべてが終わりだとなると、当然いま生きていることだけに価値を求め、そのことに執着してしまいます。しかし、そうではない世界、死を受け容れていく世界があるとなれば、死は終りではなくなるし、いまを生きていくということへの見方が変わります。

お釈迦様は「生老病死」の四苦を私たちの苦しみだとおっしゃいました。お釈迦様の場合は、すべてのコトやモノは変化しており(無常)、固定した実体はない(空)というこの世の真実のあり方に目覚め、さとることにより、その生老病死の苦しみから解放される、と教えてくださっています。

親鸞聖人は、阿弥陀さまのおさとりのはたらきにおまかせすることで、死を死として受け容れていくことのできる世界、死の苦しみの中でもあるがまま私が救われていく世界があるとおっしゃっています。

ご門主大谷光淳著書「ありのままに、ひたむきに」より

